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Auxiliary Series

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OFFICIAL HANDBOOK

Jersey City Public
SchoolAthletic Association

1917

AMERICAN SPORTS PUBLISHING Co.





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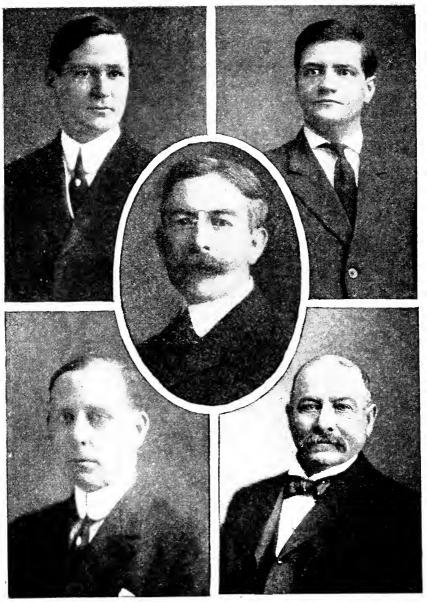
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OFFICIAL HANDBOOK

JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION

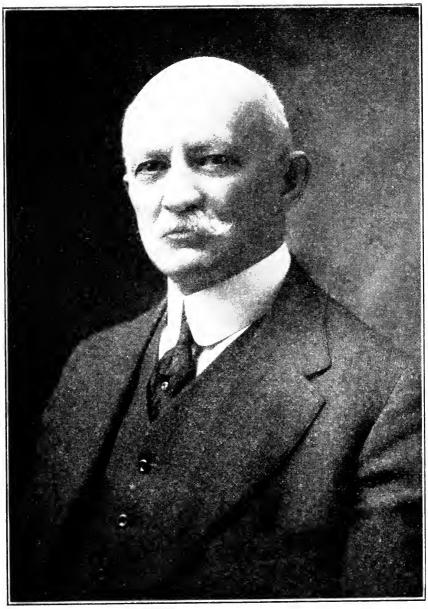
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1917

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DR. HENRY SNYDER, Superintendent of Schools, Jersey City.

Wilms, Photo.

To the Pupils of the Public Schools

You all realize how deeply your principals and teachers are interested in your progress in school. Their activity in organizing the Public School Athletic Association and their willingness to do all the hard work necessary to provide you with the opportunities to take part in the games in which you delight are especially pleasing to you and to your friends. I hope you will show your appreciation of their efforts by joining in the games and sports which they will inaugurate, joyfully and enthusiastically. But remember always to do so fairly and honestly. Remember that the traits which you habitually show in your games are bound to stick to you all your lives. Remember that the boy who is unfair or dishonest in his play is going to be dishonest in business when he becomes a man. Remember that the foundation of real manliness and woman-Always play hard that you may liness is laid in childhood. grow strong in body. That you may gain mental strength. the courage to win without boasting and to lose with good nature and without jealousy, always be guided by the spirit of "Fair Play."

HENRY SNYDER,
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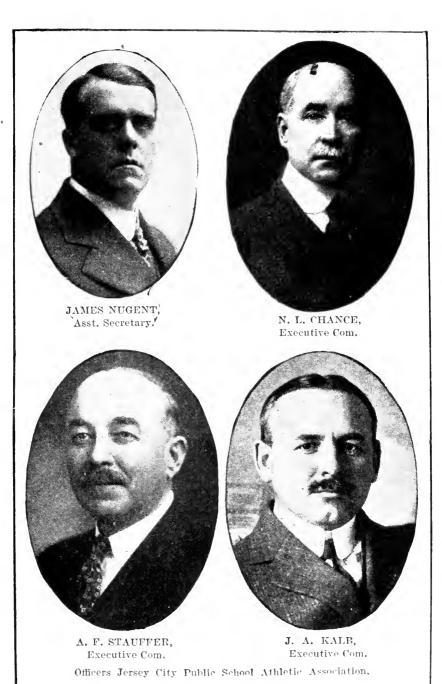


C. A. SHEPPARD, Secretary.



ALBERT MONCRIEF, Asst. Secretary.

Officers Jersey City Public School Athletic Association.



The History and Purpose of the Jersey City **Public School Athletic Association**

In the Spring of 1911, the Male Principals' Association took active steps toward organizing an athletic association, which should control and encourage all forms of athletics. President W. F. Babcock at that time appointed Dr. J. K. Light, W. B. Du Rie, and N. L. Chance as a committee to visit Newark, and ascertain the methods used in that city. Its report was presented at a meeting held December 5, 1911. At that meeting, Mr. Elmer K. Sexton, of Newark, was present by invitation, and described very carefuly how athletic affairs were managed in that city. On that date, the Public School Athletic Association of Jersey City was formed.

AIM.

The aim of the Jersey City Public School Athletic Association is to develop the rational activities of the boys and girls. Judicious athletic sports are peculiarly needed at this time by city children, because of the changed conditions of life in the home and the factory. Nowadays the available means of muscular development is very largely diminished by the adoption of machines and mechanical contrivances. A city boy does very little of the manual labor which enabled his father and grandfather to grow up strong and virile. Then, too, the opportunities for play under normal conditions have been lost because there is no longer space left in our cities for athletic sports. Thus the boys themselves are unable to secure opportunities for their own development in these lines because of the large financial outlay necessary to hire athletic fields and because they are unable to attack the administrative problems which are necessary to run successfully associations of an athletic nature.

To run and jump and to test who is the stronger is a racial By judiciously directing these energies, strong and healthy men and women will be developed. More than that, the boys and girls will be educated in courteous conduct, to be patient and tolerant in defeat, generous and magnanimous in victory. The influence of athletic meets, moreover, extends throughout all the schools with wholesome effect. School loyalty is worth while.

Physical vigor and power are just as closely related to the development of manhood and womanhood as they ever have been. Realizing this, the principals of Jersey City are undertaking to help boys and girls to enjoy activities which, without some outside assistance of a financial and administrative nature, would be beyond their reach.

ORGANIZATION.

Very careful thought and attention have been given to the organization of the Association and to the formation of rules and regulations which shall accomplish the objects and purposes for which it was formed and prevent the evil practices which so

often work their way into competitive athletics.

The Association decided not to make scholarship and deportment a qualification for participation in interschool events. These are too intangible and indefinite to give any firm basis for decisions, in case a participant is protested for such cause. Instead, each principal may regulate this matter for himself, and decide upon those who may compete with honor to the school.

The Association also recognizes its opportunity for exerting a wholesome moral influence, by developing an ideal of fairness, gentlemanly conduct, courtesy, and truthfulness in matters pertaining to competition. In fact, one of the great lessons to be learned from competition is manliness and cheerfulness in defeat, as well as humility in victory. Such a spirit characterizes the true athlete.

The Association has striven also to permit no competition which shall injure the physical organism in any way. Certain events, for instance, have been omitted, because they entailed too great a strain upon the heart and nervous system. Further, it has been provided that no boy shall enter more than two events, one a track event, and the other a field event. Again, the classification makes it impossible for the older and larger boys to compete against the younger and smaller. It is further believed that no one should be permitted to compete, if shown by the family or school physician to be unfit. The physical record cards afford a good basis for such judgment. To provide for all around development and to give each an opportunity to win distinction, standard events have been provided. These standard contests are noncompetitive, and represent an attempt to meet a certain standard of proficiency in different events. A button is given to each child who is able to reach these standards.

Prize and standard events for girls have also been provided, that the girls, too, may share in the benefits of regulated athletics.

The first annual meet was held on June 7, 1912, at the Jersey City Base Ball Grounds. In this meet about 2700 children took part. The second annual meet was held at the same place on June 3 and 4, 1913. About 3700 children took part in this meet. Since then, annual meets have been held in June with an in-



FACSIMILE OF MEDAL GIVEN FOR PRIZE EVENTS.

ereased number of participants. The results of the last one will

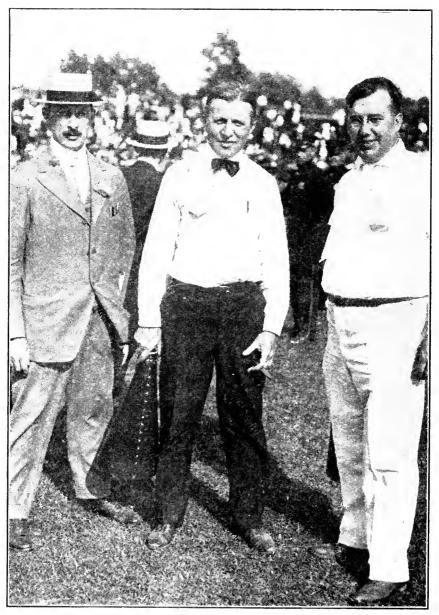
be found elsewhere in this book.

The financing of such an undertaking is a serious problem. The success of this organization has been due in large measure to the series of entertainments held in different schools throughout the city. Through these, the organization has been placed on a solid financial basis.

In the fall of 1913, an athletic carnival, under the direction of Mr. Gustav H. Bojus, was held. The object of this carnival was to start a fund for the purchase and equipment of an athletic field for the use of the school children of Jersey City. While this aim has not yet been attained, the Association still hopes

that it may be realized in the near future.

The Association began its career auspiciously. Its further success depends upon the continued loyalty and co-operation of every principal, teacher and pupil, and upon the sympathetic, lasting co-operation, financial and moral, of every parent and of every person interested in the school and in the school children of Jersey City.



SOME HIGH OFFICIALS OF THE ASSOCIATION.

Detrick, Photo.

Trophies

For the Fifth Annual Meet of the Jersey City Public School Athletic Association, June 16 and June 17, 1916.

CUP.

To the School Scoring the Most Points in the Meet (Boys and Girls).

Donors—Jersey City P.S. Athletic Association. Winner—School No. 27

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To the Grammar School Scoring the Most Points in Standard Events (Boys and Girls).

Donor—Dr. Henry Snyder, City Superintendent of Schools.

Winner—School No. 23

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To the Primary School Scoring the Most Points in Standard Events (Boys and Girls).

Donor—Jersey City Primary Principals' Association.

Winner—School No. 31

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To the School Winning the Senior 880-Yard Relay Race (Boys).

Donor—Mr. J. FISHER ANDERSON, President Board of Education.

Winner—School No. 11

CUP.

To the School Winning the Intermediate 660-Yard Relay Race (Boys).

Donor—Eureka Fire Hose Manufacturing Company.

Winner—School No. 11

COMPETITORS FROM PUBLIC SCHOOL No. 23,

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To the School Winning the Junior 440-Yard Relay Race (Boys).

Donor-Mr. John J. Voorhees.

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To the School Scoring the Most Points in Field Prize Events (Boys).
Donor—Jersey City Teachers' Association.

Winner-School No. 27

CUP.

To the School Scoring the Most Points in Track Prize Events (Boys).

> Donor-Mr. Kennington L. Thompson, President Jersey City P.S.A.A.

Winner-School No. 11

CUP.

To the School Winning the Oat Bag Relay Race (Girls).

Donors-Mark M. Fagan, A. Harry Moore, Geo. F. ERENSINGER, FRANK HAGUE, HENRY BYRNE, Commissioners of Jersey City.

Winner—School No. 14

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To the School Winning the 440-Yard Relay Race (Girls).

Donor—Dieges & Clust.

Winner-School No. 23

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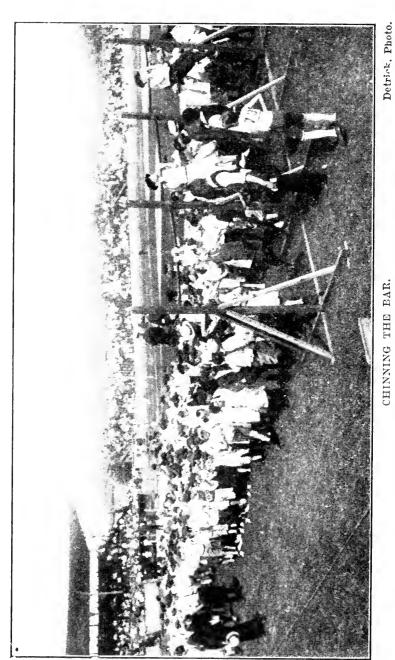
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Winner-School No. 23

CUP.

To the School Winning the Potato Relay Race (Girls). Donor—Schwartz. Kerwin & Fauss.

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CHINNING THE BAR.

CUP.

To the School Winning the Shuttle Relay Race (Girls).

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CUP.

To the School Winning in Base Ball in the Hudson City District.

Donor—Mr. E. A. Murphy, Assistant City Superintendent of Schools. Winner—School No. 6

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To the School Winning in Base Ball in the Greenville District.

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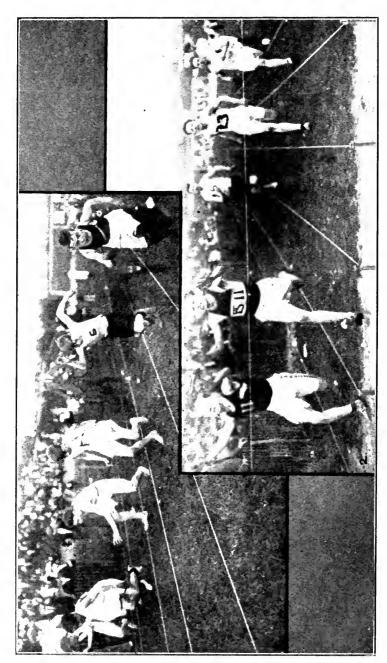
Donor—Mr. G. Fred Ege, Secretary Board of Education. Winner—School No. 9

CUP.

To the School Winning the City Championship in Base Ball.

Donor—Jersey City Male Principals' Association.

Winner—School No. 34



1, AWAY AT THE STARTER'S SIGNAL.

2, NEARING THE FINISH LINE. Detrick, Photos.

Boys' Prize Records, June 17, 1916

	JUNIOR.								
50-yard Dash.									
I.	Edgar FarquarhsonPublic	School School	No.	8					
2.	Pasquale BuffoPublic	School	No.	9					
3	Harold WatsonPublic	School	No.	6					
4.	Sidney JosephPublic	School	No.	8					
	Time, 71/5 seconds.								

Running High Jump.

Ι.	Thompson KennedyPublic	School	No.	27
2.	Joseph McCarthyPublic	School	No.	6
3.	Wayman Stokes Public	School	No.	12
4.	Edgar FarquarhsonPublic	School	No.	8
	Height, 4 feet 4 inches.			

Running Broad Jump.

Ι.	John Foote Public	School	NO.	17
2.	Harold MorrisonPublic	School	No.	27
3.	Otto ReinartsenPublic	School	No.	15
4.	Edward KellyPublic	School	No.	17
	Distance, 12 feet 21/2 inches			

440-yard Relay.

I.	. Lester Browne, Walter Dunn, Bernard Langan,								
	Fred Thilo, Harry Oakley, Herman Sieb,								
	Public	School	No.	24					
2.	Public	School	No.	9					
3.	Public	School	No.	27					
	Public								
•									

Time, I minute I 3/5 seconds.

INTERMEDIATE.

75-yard Dash.

73-yaru Dasii.									
1. Emile Rover									
Running High Jump.									
1. Clarence TriboutPublic School No. 8									
2. Nestor Aymong									
3. Edward Michaels									
4. William ErwoodPublic School No. 9									
-									
Height, 4 feet 9 inches.									
Running Broad Jump.									
I. Emile Rover									
2. Michael Stein									
3. Ferdinand Schimack Public School No. 23									
4. Donald SpencePublic School No. 17									
Distance, 14 feet 61/2 inches.									

660-yard Relay.

1. Lewis Allen, George Bonnell, Raymond Harper,							
Andrew Hart, Joseph Richards, Harry West	,						
Public School	No.	ΙI					
2Public School	No.	9					
3Public School	No.	27					
4Public School	No.	6					

Time, 1 minute 29 2/5 seconds.

C	F	N	T	0	R.
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100-yard Dash.

I.	Lester	Canning	Public	School	No.	ΙI

- 3. Harold HardingPublic School No. 23

Time, 11 4/5 seconds.

Running High Jump.

- 2. Thomas SmithPublic School No. 17
- 3. William KoeningPublic School No. 24
- 4. Thomas MartinPublic School No. 9

Height, 4 feet 10 inches.

Running Broad Jump.

- 1. Harold HardingPublic School No. 23
- 2. Edgar BrooksPublic School No. 8
- 3. Lester CanningPublic School No 11

Distance, 16 feet 7 inches.

880-yard Relay.

- Lester Canning, Edward Hadden, Harold Livingston, John McQuillen, John Miller, Charles Nygaard, Christian Danischewski,
- 3.Public School No. 6
- 4. Public School No. 27

Time, I minute 55 3/5 seconds.



TWO OF THE GIRLS' TEAMS OF PUBLIC SCHOOL No. 23. Detrick, Photos.

Girls' Prize Records, June 16, 1916

Oat-Bag Relay.

t. Helen Brown, Sarah Drach, Ella Foil, Gladys
Fox, Martha Hill, Georgianna Jones, May
Muse, Minnie Max, Celestine Smith, Alice
Saunders, Irma WatkinsPublic School No. 14
2Public School No. 27
3Public School No. 9

Time, 1 minute 29 seconds.

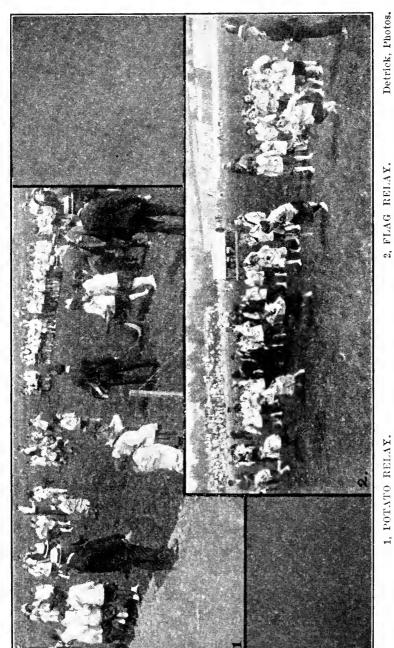
440-Yard Relay.

Ι.	Millie Buffano, Claire Forquignon, Pauline
	Farber, Vita Grilla, Lillian Geary, Ariel Hark-
	rader, Lottie Kosanowicz, Grace McLean,
	Frieda Ruesgen, Elizabeth Sessa, Louise Tesch-
	n'er, Lucille ThurberPublic School No. 23
2.	Public School No. 9
3.	Public School No. 6
4.	Public School No. 27

Time, 1 minute 7 seconds.

Flag Relay.

4.Public School No. 8
Time, 42 seconds.



1, POTATO RELAY.

20

I. Lu	cy Au	brey,	F. 3	brin	шорке,	R. P.	elim,	M.	
Hi	msel, N	4. M:	arcus,	С.	Muller	, A. S	pring,	M.	
Scl	ımarle,	I. T	ohla,	F.	Wolfer.	Public	Scho	ol No.	27
						T) 1.11	C 4	4 37	

- 2.Public School No. 24
- 3.Public School No. 14
- 4. Missing

Time, 2 minutes 24 1/5 seconds.

Shuttle Relay.

I.	Anna Alexander, Margaret Berberick, Violet
	Brown, Gladys Clark, Antoinette Coca, Rose
	Farrell, Dorothy Harris, Minnie Lawrence,
	May Palmer, Emily Richard, Frances Schmale,
	Lillian SmithPublic School No.
2	Public School No.

2.Public School No. 17

No time taken.

Awards Made at the Meet in June, 1916

PRIZES

S	School Tandards	3	REI	LAYS	AYS—GIRLS			RELAYS-			FIELD TRACK-		AND Boys		Ties
No.	Воуз	Girls	1st	2 d	3d	4th	1 st	2d	3d	4th	1st	2d	3d	$4 ext{th}$	
1	16	4													
3	34	21													
4	9	3						:							
6	137	59			1				1	1		2	1		.
8	56	26				1					2	1		2	
9	63	49	[1	1			2				1		2	
10	5	5													
11	47	30					2				1	1	1		
12	21	24								1			1		
13	0	1													
14	42	31	1		2			1							
15	97	38										1	1		
17	61	33		1							1	1		2	
20	31	29	1			!									
21	10	13													
22	6 .	11													
23	236	117	2			1					1		2		
24	47	20		1			1	;		'			1		
25	15	13	1												
27	167	86	1	1		1			2	1	4	2	:	1	
28	7	18		1									2	1	
30	8	4			1										
31	19	23	1												
32	6	17													
34	80	55	1	1		1					١			1	
Total	1220	730	1												

Summary of Events

Held during the year 1916 under the direction of the Jersey City Public School Athletic Association:

- 1. Girls' Athletic Meet, at Jersey City Base Ball Park, June 16th.
- 2. Boys' Athletic Meet, at Jersey City Base Ball Park, June 17th.
 - 3. Four Base Ball Leagues. 20 teams.

At the Athletic Meet, June 16th and 17th, there were provided:

5 Girls' Prize Events. 6 Girls' Standard Events. 12 Boys' Prize Events.

II Boys' Standard Events.

The number of pupils who qualified in the Standard Events were as follows:

For Girls—	
Throwing Basket Ball for Distance	119
Throwing Oat Bag for Height	93
Hand-Walk on 16-foot Ladder	89
50-Yard Dash	- 99
30-Yard Dash	17 I
Indoor Base Ball	159
-	
Total	730
For Boys—	
Junior Standing Broad Jump	186
Junior Chinning the Bar	149
Junior 50-Yard Dash	410
Intermediate Running Broad Jump	45
Intermediate Running High Jump	IOI
Intermediate Chinning the Bar	60
Intermediate 75-Yard Dash	204
Senior Running Broad Jump	12
Senior Running High Jump	17
Senior Chinning the Bar	ΙΙ
Senior 100-Yard Dash	25
-	
Total	0.30

Comparative Statement of Entries for the Meets of 1915 and 1916

-0.					В	TOTAL		GRAND					
SCHOOL NO.	Gn	RLS	Jui	JUNIOR 1		INTER- MEDIATE		SENIOR		Boys		TOTAL	
BC1	1915	1916	1915	1916	1915 1916		1915	1916	1915	1916	1915	1916	
1	31	9	16	12	20	7	11	5	47	24	78	33	
3	33	60	18	40	13	8	5	5	36	53	69	113	
4	9	26	11	13	5	4	1	1	17	18	26	44	
6	180	113	126	101	99	63	17	21	242	185	422	298	
8	60	80	60	78	36	34	10	12	106	124	166	204	
9	123	134	43	49	54	62	22	17	119	128	242	262	
10	*	14		13						13		27	
11	33	86	42	3 2	27	23	9	11	78	66	111	152	
12	36	79	26	25	7	16	6		39	41	75	120	
13		2	7	5	2	4			9	9	9	11	
14	47	84	14	25	6	18	8	11	28	54	75	138	
15	96	101	84	89	52	52	9	1	145	142	241	243	
17	71	75	50	62	32	41	8	5	90	108	161	183	
19	11		7		3				10		21		
20	93	67	44	40	21	18	11	6	76	64	169	131	
21		20		19		6				25		45	
22	7	31	5	7	3	20	1	5	9	32	16	63	
23	320	430	213	201	126	159	45	48	384	408	704	838	
24	122	93	86	87	51	34	16	7	153	128	275	221	
25	46	20	20	30	19	19	2	6	41	55	87	75	
27	146	132	111	113	47	51	9	12	167	176	313	308	
28	59	48	37	11	32	20	10	10	79	41	138	89	
30	12	14	10	21		1			10	22	22	36	
31	19	32	29	41	10	6			39	47	58	79	
32	9	53	1	16	5	13	1	3	7	32	16	85	
34	84	150	95	96	34	62	5	13	134	171	,218	321	
	1647	1953	1155	1226	704	741	206	199	2065	2166	3712	4119	

Record Holders—Boys

	JUNIOR.	
50-yard Dash—	JUNIOR.	
6 3/5 seconds	.Emile Rover,	P.S. 271914
Running High Jum 4ft. 4in Thomp		P.S. 271916
Running Broad Jun 15ft. 4 7/10in	-	P.S. 271915
440-yard Relay— 59 seconds	. Victor Aime, Emile Rover, Thompsor Kennedy, Arthur Spring, Frank Boci- lieri, Otto Medeck,	n r -
75-yard Dash—	TERMEDIATE.	D.G
•	.Harry Green,	P.S. 221914
Running High Jump— 4ft. 9inClarence Tribout,		P.S. 8 1916
Running Broad Jump— 15ft. 7in		P.S. 221914
660-yard Relay— 1 min. 17 2/5 sec	Pierre Boquel, Thos Barney, Rocco Es posito, Joseph Fac cone, Benjamin Silverstein, Georg McLaughlin,	- - 1

FLAG RELAY.

Detrick, Photo.

			
SENIOR.			
104/5 secondsFred Beddiges,	P.S. 81914		
Running High Jump-			
4ft. 10inWilliam Hahn,	P.S. 111913		
4ft. 10inEdward Hahn,	P.S. 111914		
4ft. 10inHugh Behr,	P.S. 231915		
4ft. 10inL. Feinen,	P.S. 271916		
Running Broad Jump-			
17ft. 1inFred Beddiges,	P.S. 81914		
880-yard Relay.—			
ı min. 39 secF. Bowyer, Don	ni-		
nick Cascian			
Harold Cooke, Ru			
sell De Lorm			
Percy Dutcher, E			
ward Sweden,	P.S. 171914		
Record Holders—Girls			
Oat Bag Relay-			
ı min. 33/5 sec. P.S. 14	1915		
440-yard Relay— 1 min. 5 3/5 sec. P.S. 27	TOLA		
Flag Relay— 42 secP.S. 23	1916		
Potato Relay— 2 min. 17 4/5 sec. P.S. 6	1914		
Shuttle Relay-			
No time takenP.S. 20			



THROWING THE OAT-BAG.

Detrick, Photo.

Constitution of the Jersey City Public School Athletic Association

NAME.

This Association shall be known as the "Jersey City Public School Athletic Association."

ARTICLE I.

OBJECTS.

The particular object for which the Association is formed is to promote useful athletics and gymnastics among the pupils in the elementary and high schools of Jersey City, New Jersey; in connection therewith, to cooperate with and encourage athletic associations, provide athletic grounds and teachers, organize games, offer prizes, and conduct competitions.

ARTICLE II.

MEMBERSHIP.

Section 1. The active membership shall consist of all the male principals of Jersey City.

SEC. 2. The associate membership shall consist of all the female

principals of schools of Jersey City.

SEC. 3. Honorary officers and members may be elected.

ARTICLE III.

MEETINGS.

Section 1. The annual meeting of the Association for the election of officers and for such other matters as may properly come before it shall be held on the first Wednesday in October in each year, due notice of which meeting shall be sent by the secretary to each member. Election shall be by ballot.

SEC. 2. At any meeting of the Association, six members shall

constitute a quorum.

ARTICLE IV.

OFFICERS.

Section 1. The officers of the Association shall consist of a president, vice-president, treasurer, secretary, and two assistant

secretaries. Other assistants to the secretary may be appointed

by the president.

SEC. 2. The officers of the Association shall be annually elected at the meeting of the Association held the first Wednesday in October.

SEC. 3. The president, vice-president, and treasurer shall

perform the duties usually performed by such officers.

SEC. 4. The secretary shall attend meetings of the Association and of the executive committee and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by a member. He shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of a secretary. He shall have the custody of all the papers relating to the affairs of the Association.

SEC. 5. The assistant secretaries shall perform such duties as are delegated to them by the secretary and shall assist him in preserving the records and taking the scores of all official events.

ARTICLE V.

COMMITTEES.

Section 1. There shall be an executive committee composed of the president, vice-president, treasurer, secretary, assistant secretaries, and three other active members, appointed annually by the president, which shall have all powers of the Association, when the Association is not in session. This committee shall meet at the call of the president or of the vice-president. Four of this committee shall constitute a quorum.

SEC. 2. The executive committee shall have control and man-

agement of the affairs and funds of the Association.

SEC. 3. The executive committee shall constitute a games committee which shall have charge of all games and athletic events authorized by the Association. This committee shall act upon all protests and complaints which arise in the conduct of any official athletic event. Their decision upon all matters referred to it shall be final. This committee may associate with it for the purpose of conducting athletic meets or gymnastic contests persons who are not members of this association.

Sec. 4. An auditing committee, consisting of three members, appointed by the president, shall annually audit the books of the

treasurer.

SEC. 5. There shall be such other committees as may be authorized by the Association or deemed expedient by the president or the executive committee. The members thereof shall be appointed by the president unless otherwise prescribed by the Association.

ARTICLE VI.

DISTRICT LEAGUES.

Section i. Girls' and other auxiliary, associate, or district leagues, may be established under regulations to be made by the executive committee.

SEC. 2. The Jersey City Public School Athletic Association shall have control of all district baseball leagues, basketball leagues, football leagues, or such other leagues as may be established in the public schools of Jersey City.

ARTICLE VII.

AMENDMENTS.

This Constitution may be changed or amended by the unanimous vote or the written consent of the Association without previous notice at any meeting of the Association; also by a two-thirds vote of the Association at any meeting, provided notice specifying the intended change shall have been given at a previous stated meeting, or such notice shall have been served on each member at least five days before the meeting.

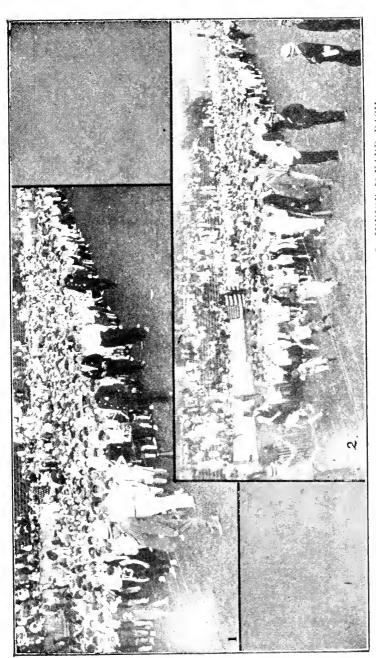
ARTICLE VIII.

ATHLETIC RULES.

Athletic rules shall be made from time to time by the executive committee, and are subject to change when deemed expedient for the best interests of the Association.

ARTICLE IX.

All notices to members, and also all notices to all officers and directors, shall have been sufficiently served, if mailed to them at the address given by them to the Secretary and Treasurer respectively.



1, INTERMEDIATE 75-YARD DASH.

2, JUNIOR 50-YARD DASH. Detrick, Photos.

Athletic Rules of the Jersey City Public School Athletic Association

RULE 1. The Jersey City Public School Athletic Association recognizes as athletic members all boys and girls, pupils of Jersey

City public schools.

Rule 2. Attendance of at least three months in the school system directly previous to any contest shall be required of all pupils before they shall be entitled to represent their school in athletics. The age limit for competition in events of the elementary schools, except baseball, shall be from the ninth to the seventeenth birthday. No boy will be allowed to enter in more than two events, one field event and one track event—except in the relay. Only three boys from each school are allowed to enter the same prize event. Only pupils who are in the standing of amateurs shall be eligible to represent the school. No entry shall be accepted unless countersigned by the principal of the school.

RULE 3. The classification of competing athletes shall be recognized in the name of juniors, intermediate and seniors. No pupil shall be allowed to compete in events of the elementary schools who is not nine years of age.

CLASSIFICATION FOR ALL EVENTS.

Adopted March 1, 1012.

Junior.

Boys must be over nine and under thirteen, and not over four feet, ten inches in height.

Intermediate.

Boys under fifteen, and not over five feet, three and a half inches in height.

Senior.

Fifteen years and over, any height.

Note.

If a boy is over either age or height, he goes into the class above; for instance, a boy twelve years of age, four feet, ten and a half inches high, would be in the Intermediate class; or, a boy fourteen years of age, five feet, four inches high, would go into the Senior class.

Note.

Measurements to be made in STOCKING FEET.

RULE 4. There shall be certain standard events for each classification, qualifications in which will entitle competitors to special buttons.

One button will be given for each event if the standard is made by the contestant. A special button will be given to contestants winning two different standard events at the same meet.

BOYS' STANDARD EVENTS.

Junior.

Standing broad jump—5 feet 10 inches. Chinning the bar—9 times. 50-yard dash—7 3-5 seconds.

Intermediate.

Running broad jump—11 feet 9 inches.
Running high jump—3 feet 6 inches.
Chinning the bar—9 times.
75-yard dash—10 2-5 seconds (time subject to change).

Senior.

Running broad jump—12 feet 9 inches.
Running high jump—3 feet 9 inches.
Chinning the bar—9 times.
100-yard dash—13 1-5 seconds.

Rule 5. The following shall be a special list of championship events for the elementary schools:

BOYS' PRIZE EVENTS.

Junior.

50-yard dash.
Running high jump.
Running broad jump.
440-yard relay race (4 boys to a team).

Intermediate.

75-yard dash.
Running high jump.
Running broad jump.
660-yard relay race (4 boys to a team).

Senior.

100-yard dash.
Running high jump.
Running broad jump.
880-yard relay race (4 boys to a team).

Rule 6. All entries must be in the secretary's hands at such time as designated by the executive committee. Each principal will be provided with an entry blank on which to make formal entries for the several events. The games committee may reject any entry it may deem objectionable.

RULE 7. Prizes will be as follows, viz., 1st, 2nd, 3d prize. A button will be given for fourth place.

Rule 8. Special trophies will be given as follows:

- I. To the school scoring the most points.
- 2. To the grammar school scoring the most points in standard events.
- 3. To the primary school scoring the most points in standard events.
- 4. To the school winning the senior relay race.
- 5. To the school winning the intermediate relay race.
- 6. To the school winning the junior relay race.
- 7. To the school having the greatest number of points in field prize events.

8. To the school having the greatest number of points in track prize events.

Rule 9. In all relay races no more than five teams shall be run in a heat, except by order of the referee. In all running events no more than six shall be entered in any heat. The captain of each school team shall go with the clerk of the course and see that his men are placed in their proper positions on the track.

Rule 10. The uniform entrance fee for all contestants shall be ten cents. This includes admission to the field. Admission for all other pupils shall be ten cents, adults twenty-five cents.

Rule II. All athletic meets shall be run according to the rules of the Association.

Rule 12. Points. First prize shall count five points, second prize three points, third prize two points, fourth place one point. Those teams winning in the relay races shall be credited with double the number of points mentioned above.

Rule 13. There shall be an official physician and nurse in attendance.

RULE 14. Relay teams will be allowed to enter two substitutes in each event.

Rule 15. Outdoor track and field, baseball, football, and basketball championship meets may be held annually at such times and places as may be decided upon by the executive committee.

Rule 16. The awarding of trophies, except in prize events, shall be on the basis of a ratio of total number of points to the total registration of the school for the month of April as found in the Superintendent's report. All pupils under one principal shall be considered as constituting one school within the meaning of this rule. In case of schools having a grammar department only, their rating shall be computed by comparing the registration in all grades represented in such schools with similar grades in all other grammar schools. In no case will any grammar grades be omitted from such comparison.

Rule 17. The kindergarten, first and second years, and the lower half of the third year shall be omitted from the enrollment of the schools in arriving at the percentage and in reckoning for points and trophies.

Girls' Athletics

BRANCH OF THE JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION.

It is the policy of the Executive Committee of the Public School Athletic Association to encourage the development of suitable forms of exercise and recreation for the great mass of girls in the public schools, and to avoid all evils of over-strain or excitement by carefully selecting the competitive events. The girls are given a pin, the same as the boys are given a button, when they make a standard.

Girls' Athletic Meet,

There shall be an annual athletic meet held each year for the girls which shall consist of the following events:

Girls' Prize Events.

Grades 8-A and 8-B.

Oat Bag Relay, ten girls to a team.

Grades 7-A and 7-B.

440-Yard Relay, eight girls to a team.

Grades 6-A and 6-B.

Indian Club and Flag Relay, six girls to a team.

Grades 5-A and 5-B.

Potato Relay, six girls to a team.

Grades 4-A and 4-B.

Shuttle Relay, eight girls to a team.

OAT-BAG RELAY.

Detrick, Photo.

Girls' Standard Events.

Grades 8-A and 8-B.

Throwing the basket ball for distance—40 feet (three trials).

Grades 7-A and 7-B.

Throwing the oat bag for height—17 feet (three trials); (weight of bag four pounds); disk 20 inches in diameter; jump allowed.

Grades 6-A and 6-B.

Hand walk twice the length of a 16-foot horizontal ladder; from rung to rung without touching the floor (or by skipping), over and back with a turn. 50-yard dash—8 seconds.

Grades 5-A and 5-B. 30-yard dash—5 seconds.

Grades 4-A and 4-B.

Throwing the indoor base ball (17 inches in circumference) for distance—30 feet (three trials).

Oat-Bag Relay

For Girls in the 8-A and 8-B Grades.

The oat-bag relay race consists of a competition of teams made up of ten pupils from the 8A and 8B grades of each school. The teams line up, one pupil behind another, No. 1 girl standing on the starting line and the rest of the team spread out behind, one in back of the other. Sixty feet back of this starting line there is a second line drawn parallel to the first on which poles are to be placed. In front of the starting line a third line is drawn thirty feet away. The first or No. 1 girl standing on the starting line holds an oat bag approximately eight inches in diameter and weighing four pounds, which she passes at command over her head with both hands to No. 2 girl, behind. Each girl in turn passes the bag over her head with both hands until it reaches the last or No. 10 girl, who turns and runs to the rear line around the pole which was spoken of as being sixty feet back of the starting line. The pole may be grasped, if the

runner so chooses, in making the turn. Here she turns and quickly returns to the starting line, passing to right of her team, and passes the bag over her head in the same way that the first girl did; then gets back on the line. The successive members of the team thus run to the rear line and to the front until at last the first or number 1 girl has gradually moved back to the last one in the line. She must not only run to the back line, but instead of stopping at the starting line she runs at full speed to the finish line thirty feet away and crosses it, thereby finishing the race.

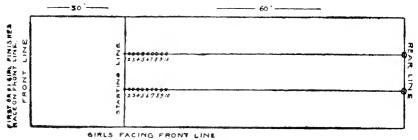


Diagram Illustrating Oat-Bag Relay.

The first girl is responsible for the team being on the line, but this shall not be interpreted as referring to the girl who is running with the bag.

440-Yard Relay

For Girls in the 7-A and 7-B Grades.

Eight girls constitute a team; each girl is stationed on a mark, the marks being 55 yards apart. At the starting signal the first girl runs to the second and touches her off in the manner of boys' relays. The race continues until the eighth girl crosses the finish line.

Indian Club and Flag Relay

For Girls in the 6-A and 6-B Grades.

An Indian club and flag relay race consists of a competition of teams made up of six pupils from the 6-A and 6-B grades of each school. The teams line up as in the oat-bag relay race;

that is, one behind the other, the front or No. 1 girl standing on the starting line and the rest of the team standing behind her. Fifty feet in front of the first girl (in the oat-bag race it is behind) is a line drawn parallel to the starting line, and behind the starting line and back of the team the finish line is drawn twenty feet away (in the oat-bag race this line is in front of the girls). In front of each team on the line fifty feet in front a pole is set up. At the word of command the first or No. 1 girl, who holds a United States flag 16 inches in length without stick, runs to the pole in front of her team, circles it with her right side towards the pole and returns to the starting line,

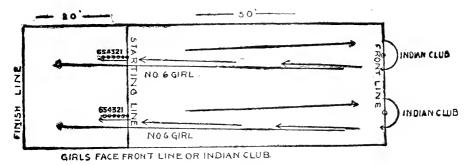
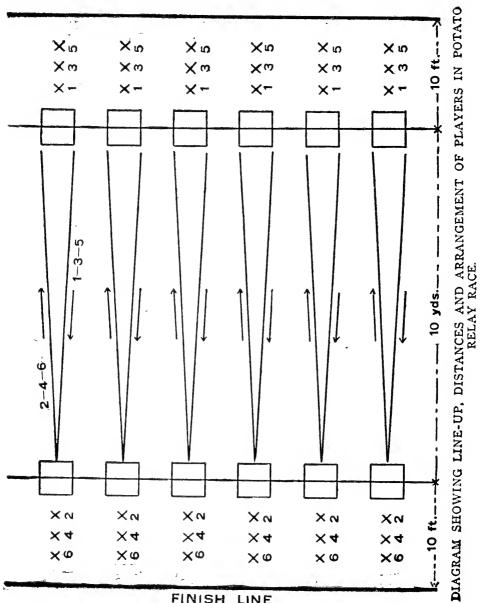


Diagram Illustrating Indian Club and Flag Relay Race.

where the second member or No. 2 girl of the team has taken her position ready to run. As the first runner runs by on the right side of her teammates, she hands the flag to the outstretched right hand of the one on the starting line, who immediately dashes off to circle the pole as the first member of the team has done before. Each one in turn on the team receives the flag, runs around the pole, and returns to the starting line where she delivers the flag as above described, and then takes her place back of the line of standing teammates. Each member takes her place back of the one last running, except the sixth member or No. 6 girl of the team. When she receives the flag, she runs around the pole, returns and crosses the starting line and continues on to the finish line, which has been said was twenty feet behind the starting line.

The flag should not be dropped throughout the race; but any girl who drops one must pick it up before continuing the race. If the pole is knocked over it must be reset in its original position by the one knocking it down, before the team continues.



FINISH LINE

Potato Relay

For girls in the 5-A and 5-B Grades.

The Potato Relay Race consists of a contest between teams of

six girls from the 5-A and 5-B grades.

The competitors line up standing behind two stands, which are 10 yards apart. The 1st, 3d and 5th girls stand behind one of the stands and the 2nd, 4th and 6th stand behind the opposite one. At the signal No. 1 takes her place on the right side of her stand. At the pistol shot she runs to the opposite stand from which she brings, one at a time, four potatoes and places them on her own stand, which is empty; having placed the last potato on the stand she runs and touches No. 2 girl, who has taken her place on the right side of her stand, toeing the mark. The touch off is made the same as in the Indian Club Relay. After No. 1 makes the touch off she takes her place on a line 10 feet back of the starting line and sits down. The same order is followed by numbers two, three, four, five and six. No. 6 finishes the race by crossing the opposite starting line and holding up her hand. (Each girl will run 90 yards.)

The potatoes must be on the stand, if they roll off they must be put back by the one who makes the mistake, otherwise the team

shall be disqualified.

Shuttle Relay

For girls in the 4-A and 4-B Grades.

Eight girls constitute a team. Each competing team shall be divided in two equal parts, which shall line up in single file facing each other back of the starting lines, drawn at opposite ends of the running space and 20 yards apart. The 1st, 3rd, 5th and 7th girls will be behind one line, and the 2nd, 4th, 6th and 8th girls behind the opposite one. At the pistol shot No. 1 of the team shall run forward and touch No. 2 at the opposite side. No. 2 shall run forward to touch off No. 3, and so on until all have touched off, when the last girl (No. 8) shall dash forward over the finish line, which is the same as the starting line. Each girl, after touching off the next one, will have finished her part of the race, and shall quickly leave the running space and remain out of the way of the remaining runners. She shall not line up again with the runners.

Rules Governing Girls' Athletic Contests

- I. The competition shall be between girls of the same grade.
- 2. The judges shall be selected by the executive committee of the Jersey City Public School Athletic Association.
- 3. First, second, third and fourth prizes will be awarded for each event.
- 4. First place will count five points, second place will count three points, third place will count two points, fourth place one point.
- 5. The last girls on a relay team should wear a broad sash with a number as a distinguishing mark, sashes to be different colors. The same should be purchased by the different schools.
- 6. Four substitutes will be allowed for each prize event.

Points.

7. The points will be counted for these events the same as they are for the boys' athletic events. The points made by the girls will count in the total points made by the school in its girls' and boys' athletic and gymnastic meets and will, therefore, help a school materially in winning cups and banners.

Special Trophies for Girls' Prize Events.

- 1. To the school winning the Oat-Bag Relay.
- 2. To the school winning the 440-Yard Relay.
- 3. To the school winning the Indian Club and Flag Relay.
 - 4. To the school winning the Potato Relay.
 - 5. To the school winning the Shuttle Relay.

Girls' Standard Events

- I. Throwing Basket Ball for Distance. 8A and 8B. Distance 40 feet (3 trials).
- 2. Throwing the Oat Bag for Height. 7A and 7B. Round oat bag weighing 4 pounds. Distance 17 feet—3 trials—(Throw with both hands.)

Rule. The contestant may jump from the ground and must hit a round disc, 20 inches in diameter with the 4-lb. oat bag.

3. Hand Walk on 16-foot Horizontal Ladder. 6A and 6B.

The contestant shall place herself under one end of the ladder and without assistance jump and catch overgrasp the rungs of the ladder. She shall then "walk" the full distance, moving one hand at a time. When she has reached the end she shall turn around and grasp the first rung of the ladder and then "walk" back on the rungs. Contestants may skip rungs by swinging and reaching forward, or they may return on sides of ladder. Only one trial shall be allowed.

50-Yard Dash. 6A and 6B.

The contestant must run 50 yards in 8 seconds.

Note—Contestants may choose one, but not both 6th year standards.

- 4. 30-Yard Dash. 5A and 5B. Time, 5 seconds.
- 5. Throwing the Indoor Base Ball. 4A and 4B. A Spalding indoor base ball 17 inches in circumference shall be used.

The ball must be thrown 30 feet.

Rules Governing the Base Ball Leagues of the Jersey City Public School Athletic Association

RULE No. 1. The City shall be divided into four districts for the present, and the names of the leagues shall be the Greenville League, Bergen League, Hudson City League, Eastern League.

Rule No. 2. Each District League shall have as officers a President and a Vice-President.

RULE No. 3. The President and Vice-President shall be selected from the principals of the city schools.

Rule No. 4. A schedule of games, never more than two a week, shall be made by the Presidents of the District Leagues and submitted to the Executive Committee of the Athletic Association for approval before the opening of the season.

Rule No. 5. The duties of the Presidents of the District Leagues shall be, besides those usually designated to this office, the providing and assignment of the baseball diamonds to the several teams, and the general oversight of the field of play during the contest.

Rule No. 6. The Vice-President, besides the usual duties of this office, shall aid and abet the authority of the President and may assist the President in assigning the diamonds.

Rule No. 7. All players must be eligible according to the rules of the Association. (See Rule 2, page 37; Rule 19 on following page.)

Rule No. 8. Any team playing ineligible members may be dropped from the League in consequence.

RULE No. 9. The official ball shall be adopted each year by the Association. For the year 1916 Spalding's Boys' League Ball shall be used exclusively in all games.

Rule No. 10. At least one principal or a teacher shall be in attendance to supervise each game.

Rule No. 11. On the field of play only the two captains shall be recognized and any dispute arising shall be settled between these two men and the umpire. The umpires have power to retire any player who questions their decisions, and they have

power, in case any team refuses to play, to award the game to their opponents, if play is not resumed within two minutes.

RULE No. 12. The official rules shall be the playing rules adopted according to the national agreement for the year.

Rule No. 13. Before the opening of the game the balls, in original unopened boxes, must be submitted to the President of the League and to the umpire to be passed upon. Each team must furnish one ball.

Rule No. 14. All baseballs and bats for the series will be furnished by the Association. A limited number of bats and balls for practice will also be furnished.

RULE No. 15. All trophies shall be provided by the Jersey City Public School Athletic Association and shall consist of five cups.

RULE No. 16. Each school shall raise funds for the support of its baseball teams, and shall own and supply all uniforms and baseball paraphernalia, except bats and balls.

Rule No. 17. All championship games of the Baseball Leagues shall be played on the baseball diamonds approved of by the Executive Committee of the Association.

RULE No. 18. Any boy who receives money for playing in any sport shall be ineligible to play on the school teams.

Rule No. 19. Boys playing on any team must have been a member of the Jersey City Public Schools twelve weeks previous to the games.

RULE No. 20. The names of all players are to be sent to the President of the League before the season opens and by him furnished to each principal.

Rule No. 21. Spike shoes must not be worn. The penalty for their use is forfeiture of the game.

PUBLIC SCHOOL No. 22-CHAMPIONS BERGEN LEAGUE, 1916.

Detrick, Photo.

Bergen League Base Ball Schedule, 1917

President, J. A. Kalb.
May 7. Public School No. 23?vsPublic School No. 11 Public School No. 22Public School No. 12
May 10. Public School No. 23Public School No. 17 Public School No. 12Public School No. 11
May 14. Public School No. 23Public School No. 12 Public School No. 22Public School No. 17
May 17. Public School No. 23Public School No. 22 Public School No. 17Public School No. 11
May 21. Public School No. 17Public School No. 12 Public School No. 22Public School No. 11
May 24. Public School No. 11Public School No. 23 Public School No. 12Public School No. 22
May 28. Public School No. 17Public School No. 23 Public School No. 11Public School No. 12
May 31. Public School No. 12Public School No. 23 Public School No. 17Public School No. 22
June 4. Public School No. 22Public School No. 23 Public School No. 11Public School No. 17
June 7. Public School No. 12



PUBLIC SCHOOL No. 9-CHAMPIONS EASTERN LEAGUE, 1916.

Monarch, Photo.

Eastern League Base Ball Schedule, 1917

PRESIDENT, JAMES T. MACKEY

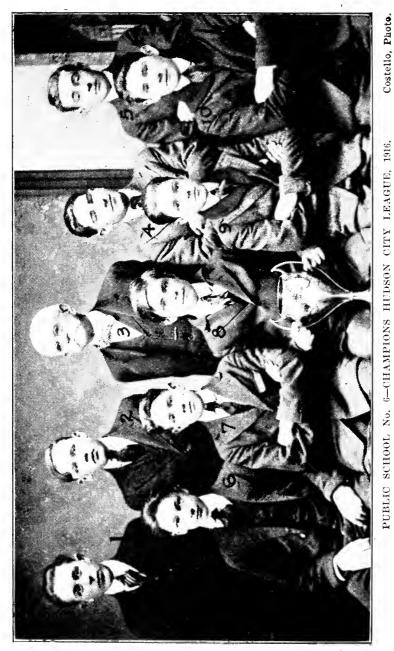
Public School No. 1	Public School No. 4 Public School No. 32
Public School No. 1	Public School No. 3
Public School No. 3	. Public School No. 9 . Public School No. 32
Public School No. 1	.Public School No. 32 .Public School No. 4
	Public School No. 9 Public School No. 32
Public School No. 4	.Public School No. 1 .Public School No. 9
	.Public School No. 1 .Public School No. 9
	.Public School No. 1 .Public School No. 3
Public School No. 32 Public School No. 4	.Public School No. 1 .Public School No. 3
Public School No. 9	.Public School No. 3 .Public School No. 4

PUBLIC SCHOOL No. 34-CITY CHAMPIONS, 1916.

Detrick, Photo.

Greenville League Base Ball Schedule, 1917

President, W. J. Tuers May 2. Public School No. 34.....75..... Public School No. 14 Public School No. 20......Public School No. 15 May 4. Public School No. 24......Public School No. 15 Public School No. 34......Public School No. 20 May 9. Public School No. 14......Public School No. 20 Public School No. 24...... Public School No. 34 May 11. Public School No. 14...........Public School No. 15 Public School No. 24..... Public School No. 20 May 16. Public School No. 15............Public School No. 34 May 18. Public School No. 15............Public School No. 20 May 23. Public School No. 15......Public School No. 24 Public School No. 20...... Public School No. 34 May 25. Public School No. 20............Public School No. 14 Public School No. 34......Public School No. 24 May 29. Public School No. 15...... Public School No. 14 Public School No. 20...... Public School No. 24 June 1. Public School No. 24...........Public School No. 14 Public School No. 34...... Public School No. 15

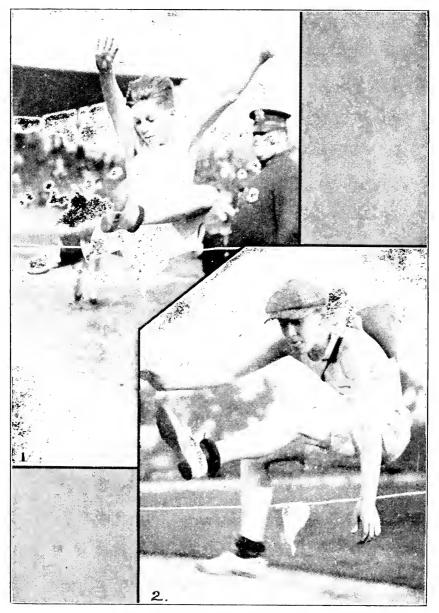


PUBLIC SCHOOL No. 6-CHAMPIONS HUDSON CITY LEAGUE, 1916.

Hudson City League Base Ball Schedule, 1917

PRESIDENT, H. B. HOWELL

May I. Public School No. 6zsPublic School No. 25 Public School No. 28Public School No. 8
May 3. Public School No. 27
May 8. Public School No. 8 Public School No. 27 Public School No. 25 Public School No. 28
May 10. Public School No. 27
May 15. Public School No. 28 Public School No. 27 Public School No. 6
May 17. Public School No. 25 Public School No. 6 Public School No. 8 Public School No. 28
May 22. Public School No. 25
May 24. Public School No. 27
May 29. Public School No. 6
May 31. Public School No. 27



RUNNING HIGH JUMP.

Detrick, Photos.

Rules for Conducting an Athletic Meet

RULE I.

OFFICIALS.

Every athletic meet of the Public School Athletic Association shall be under the control of the following officials:

The executive committee.
A director of games.
A referee.
Three or more judges at finish.
Four or more field judges.
Three or more time keepers.
One or more starters.
One clerk of the course, with assistants.
One chief scorer.
One assistant scorer.
One official photographer.
One chief marshal, with assistants.

RULE II.

EXECUTIVE COMMITTEE.

The executive committee will have general supervision but shall not interfere with the officials in the performance of their duties. The referees shall settle all protests within their usual power, but those concerning a boy's amateur standing must be referred to the executive committee.

RULE III.

The referee shall decide all questions relating to the actual conduct of the meet, whose final settlement is not otherwise covered by these rules. He shall disqualify for fouls and for ungentlemanly conduct. He shall decide all ties in the case of races by having the race run over. Ties in field events shall be decided as provided for in the rules applying to such events. In deciding such ties, the loser takes the next lower rank, the others being reduced one point in rank. The decision concerning the tie awards the points as well as the medals, there being no division of points. The referee alone shall signal the starter that everything is in readiness for the race or event. The referee may delegate his authority when it will facilitate the meet.

RULE IV.

JUDGES.

The judges shall stand at the finish line and pick the contestants in the order in which they cross the finish line. Their decision is final and without appeal. In case of disagreement the majority shall govern. A competitor crossing the finish line without a number shall not be selected by the judges unless with the consent of the referee. The judges shall measure all distances of field and track events.

RULE V.

THE TIME KEEPERS.

They shall time all events which are recorded by time and shall report to the referee. Should two of the three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted. Should all three disagree, the time marked by the intermediate watch shall be accepted. The flash of the pistol shall denote the actual start of the heat or race. In standard races, the dropping of the flag denotes the close of the race.

RULE VI.

THE STARTER.

The starter shall be in charge of the competitors after they have been assigned to their marks by the clerk of the course. He shall start the heat or race by the report of a pistol. The following formula shall be used by the starter:

- I. "On your marks."
- 2. "Get set."
- 3. The report of the pistol.

Until the pistol has been properly discharged, it shall not be considered an actual start, and in case the pistol goes off accidentally, the starter shall recall the competitors by discharging his pistol twice. A false start is one where any part of the person of a competitor touches the ground in front of his mark before the starter properly discharges his pistol. The following penalties are imposed by the starter for false starts: In all races up to and including 125 yards the competitor shall be put back one yard for the first and one more for the second attempt; in races over 125 yards and including three hundred yards, two yards for the first and two more for the second attempt; in races over 300 yards and including 660 yards, three yards for the first and three more for the second attempt; in races over 660 yards

and including 880 yards, four yards for the first and four more for the second attempt. In all cases, a third attempt disqualifies.

RULE VII.

THE CLERK OF THE COURSE.

The numbers of all competitors in each event shall be given to the clerk of the course. He shall afterwards assign them to their marks. The clerk of the course shall not allow any competitor to start without his number except with the consent of the referee. The assistant clerks of the course shall perform whatever duties are assigned them by the clerk of the course.

RULE VIII.

THE SCORERS.

The scorers shall score all points and announce the various winners and the schools which have taken the most points. The Assistant Scorers are subject to the Chief Scorer and shall perform whatever duties are assigned by him.

RULE IX.

DIRECTOR OF GAMES.

The director of games shall have general oversight of all arrangements and competitors on the field. He shall see that proper officials are present at each event. With the referee, he shall have power to make any changes in program or other arrangements which may seem necessary.

RULE X.

THE MARSHAL.

The marshal shall have general police supervision over the field and the competitors.

The marshal shall prevent any but officials and actual competitors from entering upon the track or inner circle or remain-

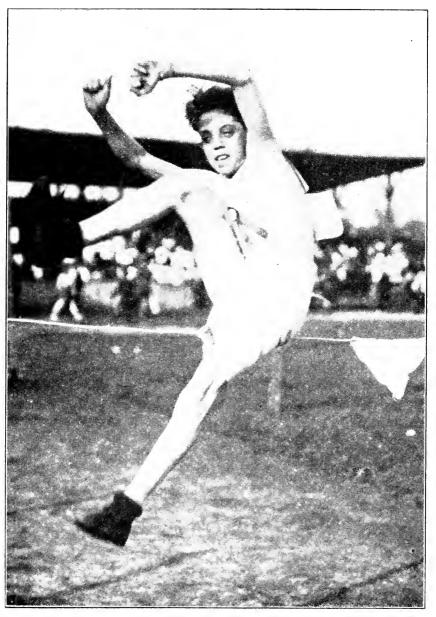
ing therein.

Any competitor entering into the inner circle and not there for the purpose of competition must leave at once upon the request of the marshal. If, after the second request, the competitor shall refuse to leave the track, the marshal or his assistants must report the matter to the referee, who may disqualify the offender.

RULE XI.

THE INNER CIRCLE.

Only officials and actual competitors shall be allowed within the inner circle. Competitors must leave the inner circle im-



RUNNING HIGH JUMP.

Detrick, Photo

mediately after finishing their event or when requested to do so by the proper authorities.

No attendant, friend, or trainer shall be allowed to accom-

pany the competitors on the track or in field.

RULE XII.

THE COMPETITORS.

The competitors shall report to the Clerk of the Course at the starting point of each competition, after they have been called to the inner circle.

Each contestant must provide himself with a number corresponding to the number opposite his name on the programme. This number he must wear conspicuously while he is competing, and without it he shall not be allowed to start except with the consent of the referee.

If in a dash race the competitor does not confine himself to his own lane, but instead crosses into the lane of his opponent, the referee shall disqualify him. In all races the competitors shall run on that part of the track they were assigned without crossing over in front of their opponents unless they are at least two paces in advance of the nearest competitor. Any jostling, crossing in front of, or otherwise impeding the opponent will disqualify the offender from that event.

The referee shall further disqualify from the meeting any competitor, who in his opinion, is trying to lose, to coach, or otherwise to impede in any way the chances of another competitor. The referee shall notify the Executive Committee of such

offence, who will take further action.

Any competitor acting in an ungentlemanly manner, whether towards competitors, spectators, or officials, may be disqualified by the referee from all other participation in competition, and if the referee thinks the offence merits further punishment, he shall make full report on the case to the Public School Athletic Association for further action.

RULE XIII.

PROTESTS.

Protests against any competitor entering any games may be made verbally or in writing to the Executive Committee before the meet or to the referee during the meet.

If the protest is a claim of foul committed during the meet,

the referee shall decide the matter at once.

If the protest is a question of age, then the competitor must produce satisfactory proofs of same.

If possible the Executive Committee shall decide all protests before the events are run off. If it is a case requiring the taking of evidence, the Executive Committee shall decide the matter within one week after the date of the games.

When a contestant is allowed to compete under protest, the prize that he may win shall be withheld until the case is settled.

RULE XIV.

THE TRACK.

The distance to be run shall be measured on a line eighteen inches outward from the inner edge of the track.

In straightaway races, distance shall be measured in a direct line from the starting mark to the finish line.

RULE XV.

THE COURSE.

In straightaway races, lanes shall be laid out for each competitor by means of stakes driven into the ground to which cord is attached. Each contestant shall run in his own lane.

In all relay races position shall be assigned by lot. The names shall be printed in the program to conform with such assignment, the first mentioned being next to the pole, the others taking their respective positions. If possible there shall not be two contestants from one school in the same heat.

RULE XVI.

THE FINISH.

The finish of a course shall be represented by a line between two finishing posts drawn across and at right angles to the sides of the track. Four feet above the ground shall be placed a tape attached to both finishing posts.

No competitor shall be considered to have finished unless his

entire body shall have crossed the finish line.

RULE XVII.

RELAY RACING.

A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the succeeding runner. Failure to do this shall disqualify the team in that event.

RULE XVIII.

RUNNING HIGH JUMP.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

The bar shall be a thin stick two inches in width, and shall rest on pins which shall project not more than three inches from the uprights. When the bar is knocked off it shall constitute a trial jump without result.

The height at which the jump shall commence and the height to which it shall be raised at each succeeding jump shall be

decided by the field judges.

The height shall be measured from the middle of the bar to

the ground in a perpendicular line.

Each competitor shall be allowed three trial jumps at each height, and if on the third trial he shall fail, he shall be declared out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial in a like order, after which those who have failed at the second trial may take their third and final trial at that height.

A competitor may decline to jump at any height in his turn and by so doing forfeits his right to jump again at the height

declined.

If, however, a competitor takes a trial at any height and fails

in his first trial he shall not pass the other two trials.

Running under the bar in making an attempt to jump shall be counted as a balk, and three successive balks shall constitute a trial jump.

There shall be no limit to the run a competitor may take

before attempting a jump.

In case of a tie, the officials shall raise or lower the bar at their discretion, and those competitors who have tied, shall be allowed one trial at each height.

RULE XIX.

RUNNING BROAD JUMP.

A joist two inches wide on the top shall be sunk at least five inches into the ground so that the top is flush with the running path. The outer edge of the joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break made in the soft ground, or in the turf or earth outside the soft ground, by any part of the body of a competitor.



RUNNING HIGH JUMP.

Detrick, Photos.

In front of the scratch line, the ground shall be removed to

a depth of three and a width of twelve inches outward.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and the competitors finishing one, two, three in the trial jumps shall each

have three more trial jumps.

The competition shall be decided by the best of all the trial

jumps of the competitors.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

RULE XX.

STANDING BROAD JUMP.

The feet of the competitor may be placed in any position, but shall leave the ground once only in making an attempt to jump. When the feet are lifted from the ground twice or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock back and forward lifting heels and toes alternately from the ground but may not lift either foot clear of the ground nor slide either foot along the ground in any direction.

In all other respects the rules governing the running broad

jump govern the standing broad jump as well.

RULE XXI.

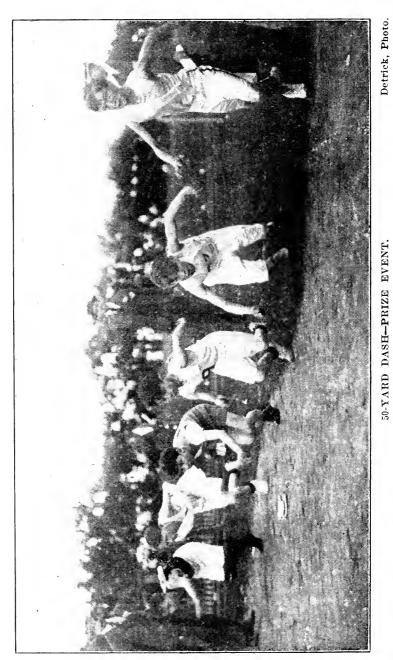
CHINNING THE BAR.

Boys chinning in competition may take any grip they choose (over grip or under grip or over and under grip), but the chinning must be done without swinging and the arms must be extended to full length each time before the chin is raised above the bar. Good form will be insisted upon by the judges. boy cannot start chinning from a jump; he must hang an instant before commencing.

RULE XXII.

COSTUME.

Only the boys with pants reaching approximately to the knees, and shirts that adequately cover the body shall be allowed to compete.



50-YARD DASH-PRIZE EVENT.

Hints on Training

The following are a few suggestions to boys who are endeavoring to better their physical well-being by competing in athletic amusements.

Running.

If you have speed and lack endurance, run more than your distance at three-quarter speed. If, on the other hand, you lack speed, run three-fourths your distance at top speed.

Running Broad Jump.

The sprints must be practised faithfully if one desires to excel in this event. Form should be acquired first of all. The essential points to work for are the stride, the take-off, and the rise after leaving the board. One must practice the sprint until he can reach the take-off board with the same foot in exactly the right place time after time without losing speed. After leaving the board the knees should be drawn up to the chin, and the eyes kept on a point some distance beyond where you are able to jump.

It is well to pace your distance and mark the third and seventh stride. Then you will have two marks to aid you in

striking the take-off.

Determine the location of take-off, and mark the third and the seventh strides from that, so the jumping foot strikes the take-off. Don't attempt too much jumping, for over-exertion may result in a strained tendon. Always limber up first by short sprints, jogs, and easy jumps. On the first attempt, try more for form than distance, and be sure of the take-off. The highest speed should be reached at the take-off and at the moment when the body is gathered for the jump. Unless the speed is considerable the jumper cannot throw his legs forward to the full limit. Get elevation in a jump. To get height, in practice use jumping standards placed some distance from the take-off. Keep the arms well forward and fix the eyes on a point considerably higher than the probable landing point. After leaving the take-off, the knees are drawn up under the chin. Just before landing, the feet should be thrust as far forward as possible. Don't fall back. After one has learned the broad jump, practice every other day. Practice sprints to get the

speed. Practice running at the take-off. Practice using only three or four steps to get the rise.

Running High Jump.

Every other day is often enough to practice high jumping. The first attempts should be made with a bar about two feet six inches. As form is acquired, gradually raise the bar. As in the running broad jump, the place where the stride is reached and the take-off must be determined by experiment and practised until it can be reached without changing the stride. Have just enough speed in your run to carry the body over the bar after you get your elevation. Emphasize the last four strides. Don't get any higher than is necessary. Practice running from the front and not from the side. Jump with a twist. Turn to the left if you take off with the left foot.

Shot Putting.

Heavy work in the gymnasium during the winter is one of the greatest aids toward putting one in condition for this event. Parallel bar exercises and bag punching are especially good. It will be necessary to learn the form from some person qualified to teach the different parts of the movement, for shot-putting is quite complicated, and knack as well as strength is required.

Develop the muscles of the arm and back. Practice with different weight shots, the heavier for form and the light one for speed. Stop before the fatigue point is reached. Practice putting from a stand first. Have the shot rest against the shoulder, the elbow well back of it. Use a hop, step and a jump, or a glide, step and a jump, in putting the shot. Finish facing the side of the circle. There should be no stop from start to finish. As the right side of the body comes to the front the right arm must be thrown straight outward with much the same motion as used in delivering a direct punch at a bag hanging about on a level with the head. Remember it is a sharp thrust rather than a throw. Put the body weight into the thrust.

General Training.

Don't overdo; don't work until fatigued.

Don't specialize.

Don't take too many hot baths.

Don't do any violent exercise before or one or two hours after a meal.

Strive for an all around development. Train faithfully for events. Always warm up before a severe exertion; always finish the day's work feeling that you could do more.

Always cool off after exertion with mild exercise.

Get plenty of sleep, plenty of fresh air day and night, and plenty of water.

Diet.

Don't drink coffee; don't eat pastry or candy; don't smoke cigarettes; they are fatal to athletes.

Don't over-eat or over-drink.

Eat fruit, beef, mutton, steak, eggs, vegetables, prunes, apple sauce, cheese, rice, peas, beans, tapioca, custard, bread pudding Eat no bulky food the day of the race.

Be regular in the meals; have the same well cooked.

Clothing.

Light weight, sleeveless shirt, trunks that reach almost to the knees, shoes to fit comfortably, so that feet will not slide around in them and become chafed.

Training for Sprints.

Master the crouch start.

Don't look around or allow other competitors to worry you. Don't run with the head up in the air or bending backward. Don't throw the heels up in back; don't run on the heels;

don't turn the toes out in running.

Don't make stride too long.

Don't run the full distance at top speed more than once or twice per week.

Don't stop suddenly after you have finished the race. Don't do too much distance work when training for the sprints.

Use the crouch start for all sprints.

CROUCH START—Dig depressions in the track for the feet, one about seven inches in back of the mark and the other about twenty inches back of the first. "On your mark"—Place the fingers on the mark (arms straight), the left foot in the first depression and the right foot in the second, kneeling on the right knee. "Get set"—Raise the back (head well up), and throw the weight well forward so the body weight is divided between the hands and forward leg. At the sound of the pistol, take the hands away and dive straight forward. Make the first five or

six strides short in order to get into stride as soon as possible. Slow down by degrees. Always land running, that is, body inclined forward. Have the body well balanced for the start. Get your stride naturally; don't over-stride at any time. Run straight and true; don't let your competitor pull you out of stride; don't chop your stride; don't be nervous on your mark; don't expect to break records the first year. Alternate fast work one day and some slow work the next. Practice starting four or five times per day when practising the slow work.

Chinning the Bar.

Use the reverse grasp; that is, with the palms of the hands turned toward the body, and raise the body steadily, don't jerk it or try to swing up. Straighten the elbow in every extension. Practice once or twice every morning just before school and again in the afternoon after school. Don't raise the body more than ten times.

Standing Broad Jump.

It is permissible to toe over the take-off about one inch and thus get a firm support for the spring forward. The body should be inclined well forward, knees bent, the arms in back. In making spring, throw the arms forward, draw the knees up and shoot the legs forward. Practice the broad jump four or five times a day.

The Ethics of Competition

Obedience to Rules.

It is impossible to conceive of games without rules; for all they are necessary. They have been carefully thought out by experts, with the intention of making the games interesting, fair to all taking part, and, where great activity is required, as in basketball, football, soccer and baseball, to prevent injury to

the players.

Without question, before beginning to play, these should be read, and should be thoroughly understood. Then after a full understanding, the next thing is strict obedience to them. Unfortunately, this is not always the case; at times, in order to gain some advantage over an opponent, or opopsing team, there is a temptation to infringe upon the rules, but when one stops to consider the ethics of this, he must confess that such action is absolutely wrong. It is taking an unfair advantage, and may also lead to further infringement, which will spoil the game.

Abide by the Decisions of the Judges.

To see that rules are strictly carried out, a judge, an umpire, or a referee is appointed, and he is expected to be perfectly unbiased in his decisions. But however careful he may be, now and then he may make a mistake. At such times, the players should realize the difficulty of his position, and should abide by his decision.

Should, however, a decision be manifestly unfair, the captain of the team is the proper one to protest to the umpire; he is the one to do the talking, and while he is doing it, the other players should keep their places, for there is nothing more undignified than a crowd of baseball players, for instance, rushing towards the umpire, and clamoring their protests. As a matter of fact, they can accomplish nothing because of their noise. Such disputes must be settled by cool heads with quiet argument, and the captain is the one to do it.

If he is unable to make a satisfactory settlement, do not further delay the game, nor refuse to play, but continue under protest, and later such protest can be laid before the proper

authorities for their decision.

Gentlemanly Conduct.

Sometimes, when games are being played, remarks are made about the personal appearance of an opponent, or his race is held up to ridicule. Clearly this is not clean sport, and should not be indulged in for a minute. By all means avoid such personalities; ever keep in mind that rarely is a person responsible for his facial appearance, and that all races have good qualities, and have produced great works. A broad minded person looks for good points in others, rather than for some peculiarity.

Sometimes, when there has been a close or a wrong decision, individual players, or even whole teams, or the backers, or all, conduct themselves in a most unbecoming manner. They guy the umpire, hoot and yell, and sometimes indulge in bad language. The same thing sometimes happens when the game is going against a team, and then the opponents are treated in a similar way. It also sometimes happens that players quarrel among themselves, and indulge in unbecoming remarks. Sometimes, after a game, a team and its backers quarrel with their opponents.

All such conduct is not proper, and should be strictly avoided. Be courteous to your superiors, your umpires, and to one another.

It frequently happens that emphasis is put upon the poor plays of the opponents, rather than upon the good plays of one's own team. Such is also the attitude of the backers. It would seem better to applaud the good plays, rather than to jeer at the bad; be generous enough to appreciate and applaud the good plays of your opponents.

A courteous player never attempts to do injury to another.

Games won by such foul means were better lost.

Possess Good Nerve.

Frequently a team competes with one that is far its superior. This is the time when good nerve is required. Don't be discouraged, don't make petty complaints, don't give up the game, but play for all you are worth, and you will not only feel happier yourselves, but you will have the respect of others.

Team Work.

When two or more players are on a side, they constitute a team. Clearly when teams play, the individual players must subordinate themselves for the general good of the team. Each must keep in mind that a great responsibility rests upon him in his position, and that as far as possible he should keep that position. It may seem to him, at times, that he should like to

take a more active part in whatever play is being made at a particular time, but as a matter of fact failure to play his position might lose his side the game. During an entire game, he may not have opportunity to make any marked play, but if he has played his position to his utmost, he should be satisfied in the consciousness of having done his duty. It is this team work that means victory.

Honesty.

Frequently, a participant is the only one who knows the truth about a play, under dispute, and by keping silent, or by not telling the truth, points would be gained by his side. At such times, the best course is honesty; tell the truth even though it may hurt your side. Get above the idea of winning at any price.

Usually, classifications are made according to age, and at times there is a temptation to misrepresent the fact, in order to place one's self in a different class. Clearly this procedure will not stand the test of conscience, and should never be attempted.

Character.

In all athletics, keep in mind that while you play to win there is something higher than this. It is Character. Get self-control play fair, be courteous to all, and ever act like a gentleman.

SPALDING "OFFICIAL NATIONAL LEAGUE"

(REG. U. S. PAT. OFF.) **BALL**

PATENT CORK CENTER

(Patented August 31, 1909)



THE OFFICIAL BALL OF THE WORLD SERIES Adopted by the National League in 1878



Is the only ball used in Championship games since that time and has now been adopted for twenty years more, making a total adoption of fifty-four years. Each ball wrapped in tin foil, packed in a separate box, and sealed in accordance with the latest League regulations. Warranted to last a full game when used under ordinary conditions.

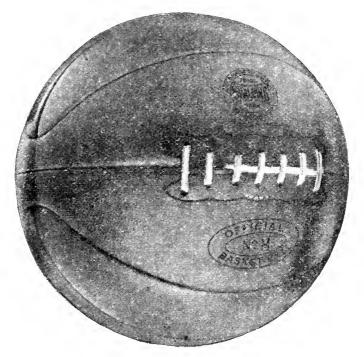
No. 1. Each, \$1.25 Dozen, \$15.00

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SPALDING OFFICIAL BASKET BALL

Cover is made in tour sections, with capless ends and of finest and most carefully selected pebble grain leather, special tanned. Extra heavy bladder, made especially for this ball, of extra quality pure Para rubber (not compounded). Each ball packed complete, in sealed box, with rawhide lace and lacing needle, and guaranteed perfect in every detail.

No. M. Spalding Official Basket Ball. Each, \$8.50



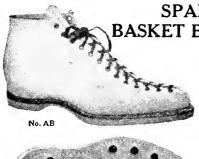
WE GUARANTEE this ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and, if returned at once, we will replace same under his guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered 'mmediately after the first day's use. Owing to the superb quality of our No. M Basket Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee, which we will not allow.

A. G. SPALDING & BROS.

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STORES IN ALL LARGE CITIES

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SPALDING BASKET BALL SHOES

soles.

No. AB. High cut, drableather, Blucher cut; heavy red rubber suction soles, superior quality. Pair, \$6.00

No.BBL. Women's. High cut, light; black leather, good quality red rubber suction

Pair. \$5.00





SPALDING GYMNASIUM SHOES







No. 15. High cut, kangaroo uppers, genuine elkskin soles. Will not slip on floor; extra light. The correct shoes to wear for boxing.

Pair, \$6.00 No. 155. High cut, elkskin soles, and will not slip on floor; soft and flexible.

Pair, \$5.00 No. 166. Low cut, selected leather, extra light and electric soles, men's sizes only. Pair, \$4.00 No. 66L. Women's, Low cut, extra light, selected leather uppers. Electric soles.

Pair, \$4.00 No. 21. High cut, black leather, electric soles. Sewed and turned, which makes shoes extremely light and flexible.

Pair, \$3.25 No. 20. Low cut. Otherwise as No.21. Sewed and turned shoes. Pair, \$2.50 No.20L. Women's. Otherwise as No.20. Sewed and turned shoes. Pair, \$2.50







PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES

Spalding Canvas Top Gymnasium and Basket Ball Shoes



No. P. Special quality soft rubber soles. These soles absolutely hold on the most slippery floor. Light weight, durable, correct in design. Sizes, 5 to 11 only. No other . . . Pair, \$3.25 * \$36.00 Dozen Pairs.

No. HH. High cut, white canvas uppers. Sole surface is similar to our popular gymnasium shoes, but of white, best quality rubber, twice as thick as on rubber sole

canvas gymnasium shoes. Men's sizes, 6 to 12, inclusive.

Pair, \$2.25 * \$24.00 Doz.

No. HHB. Boys', 21/2 to 51/2, inclu-Otherwise sive. same as No. HH. Pair, \$2.00 ★ \$21.60 Doz.



Vo. HHX. Youths, 11 to 2, inclusive. Otherwise as No. HH. Pair, \$1.75 ★ \$18.90 Doz. No. H. Men's. As No. HH, but low cut. Sizes, 6 to 12, inclusive. Pair, \$2.00 * \$21.60 Doz.

No. HB. Boys', 2½ to 5½ inclusive. Otherwise as No. H. Pair, \$1.75 ★ \$18.90 Doz-No. HX. Youths', 11 to 2, inclusive. Otherwise as No. H. . Pair, \$1.60 ★ \$17.28 Doz.

Spalding High Grade Canvas Shoes, with Rubber Soles

MEN'S-Sizes, 6 to 12, inclusive.

No. 1H. High cut, best quality white rubber soles. White canvas. Pair, \$1.75 * \$18.90 Doz.

No. I. Low cut. Otherwise as No. 1H. Pair, \$1.50 * \$16.20 Doz.

1.00 * 10.80 " No. M. High cut. . No. K. Low cut. . .90 * 9.72

YOUTHS'-Sizes, 11 to 2, inclusive. No. IHX. High cut, best quality white rubber soles. White canvas. Pair, \$1.50 * \$16.20 Doz

No. IX. Low cut. Otherwise same as No. IHX.

Pair, \$1.25 \star \$13.50 Doz. "...95 \star 10.26 "...75 \star 8.10 No. MX. High cut. No. KX. Low cut.

BOYS'-Sizes, 21/2 to 51/2 inclusive.

No. IHB. High cut, best quality white rubber soles. White canvas. No. IB. Low cut. Otherwise same as No. IHB. Pair, \$1.60 ★\$17.28 Dez. 1.50 ★ 16.20 .85 * 9.18 No. MB. High cut. Pair, \$1.00 ★ \$10.80 Doz. No. KB. Low cut.

Spalding Women's High Grade Canvas Shoes, White Rubber SolesNo. IHL. Similar to No. IH, narrow lasts. All Sizes. No. IL. Similar to No. I, narrow lasts. All Sizes. Pair, \$1.60 ★ \$17.28 Dec 1.40 * 15.13

Spalding Special Grade Canvas Shoes, White Rubber Soles

MENS'-Sizes, 6 to 12, inclusive.

No. WM. High cut. Pair, \$1.25 * \$13.50 Doz. 1.00 * 10.80 No. WK. Low cut.

YOUTHS'-Sizes, 11 to 2, inclusive. No. WMX. High cut. Pair, \$1.05 ★ \$11.34 Dez.

No. WKX. Low cut.

BOYS'-Sizes, 21/2 to 51/2 inclusive.

No. WKB. Low cut. Pair, 95c. ★ \$10.26 Dez. No. WMB. High cut. Pair, \$1.10 ★ \$11.88 Doz.

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ALL LARGE CITIES

Spalding "Olympic Championship" Running and Jumping Shoes

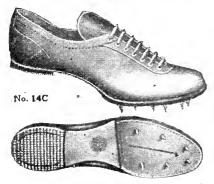
All of these are fine turned shoes. Finest kangaroo uppers and fine leather soles. The same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and are worn in competition by all prominent athletes in this country.

Spalding "Monitor" Sprint Running Shoes



No. 3-0. Lightest running shoe made. Hand made spikes. Especially for 100 or 220 yards races. Strictly bench made throughout. Pair, \$6.50

Spalding "Olympic Championship" Long Distance Running Shoes



Spalding "Olympic Championship" Short Distance Running Shoes



No. 2-0. Extremely light and glove fitting Hand made steel spikes. Worn by all champions for short distances, especially 440 and 880 yards and one mile races. Pair, \$6.50

Spalding "Olympic Championship" Jumping Shoes



No. 14H. Specially stiffened soles. Hand made steel spikes placed as suggested by champion jumpers. Also correct shoes for shot putting, weight and hammer throwing. Pair, \$7.00

Rubber Heels To Be Put Inside Jumping Shoes

No. E. Inside rubber heels for jumping, hurdling and pole vaulting shoes. Pair, 25c.

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Spalding "Olympic Championship" Running and Jumping Shoes

All of these are fine turned shoes. Finest kangaroo uppers and fine leather soles. The same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and are worn in competition by all prominent athletes in this country.

Spalding "Olympic Championship" Walking Shoes

Spalding "Olympic Championship"
Pole Vaulting Shoes





No. 14W. For competition and match races.
These shoes are the same as are used by all champion walkers. . . . Pair, \$5.50



No. 14V. High cut, special last. Hand made steel spikes in soles; one spike in heels. To order only. Not carried in stock. Pair, \$7.00

On special orders we will supply Pole Vaulting Shoes with one high and one low cut shoe at no extra charge.

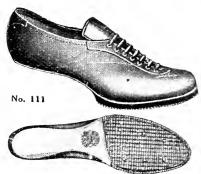
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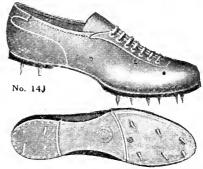
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Spalding Running and Jumping Shoes



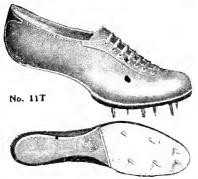
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No. 111. Soft leather, corrugated rubber soles, with spikes. . . , Pair, \$5.00



Spalding Outdoor Jumping Shoes

No. 14J. Strong leather; machine made. Durable. Steel spikes. Pair, \$5.50 * \$59.40 Doz.





Spalding Outdoor Running Shoes

Juvenile Outdoor Running Shoes

No. 12. Leather, good quality, complete with spikes. Sizes 12 to 5 only. Pair, \$3.00



Cork Athletic Grips

No. 2. Best quality cork, with elastic bands. Pair, 20c. No. 1. Selected cork, shaped. 15c.

Keep the uppers of all running shoes soft and pliable by using Spalding "Dri-Foot." It will greatly add to the wear of shoes. . . . Can, 10c.

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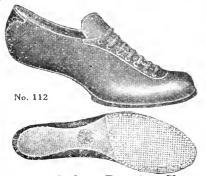
Spalding Indoor Running and Jumping Shoes



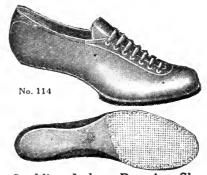
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No. 210. Hand made. Strong uppers, rubber tap soles and rubber heels. . . Pair, \$5.50



Spalding Indoor Running Shoes
No. 112S. Good leather uppers and leather soles, short spikes. Pair, \$4.50★\$48.60 Doz.



Spalding Indoor Running Shoes
No. 112. Good leather, rubber tap soles. No spikes. Pair, \$4.00 ★ \$42.00 Doz.



Spalding Indoor Running Shoes
No. 114. Leather uppers; rubber tap soles.
No spikes. . . . Pair, \$3.50 ★ \$37.80 Doz.

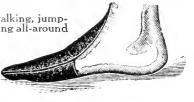
Spalding Juvenile Indoor Running Shoes

No. 115. Leather, good quality, without spikes. Sizes 12 to 5 only. Pair, \$2.50

Chamois Pushers

No. 5. Fine Chamois skin. Should be used with running, walking, jumping and other athletic shoes, especially in long races or during all-around competition. Pair, 50c.

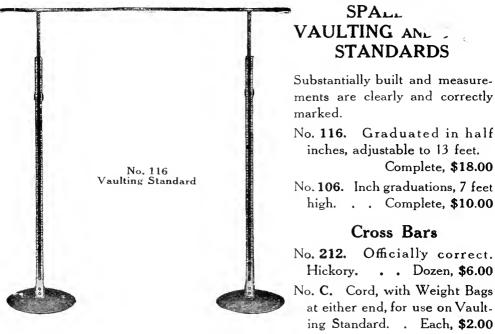
Use Spalding "Dri-Foot" on uppers and soles of Running and Jumping Shoes. It prevents deterioration of the leather and keeps them soft and pliable. . Can, 10c.



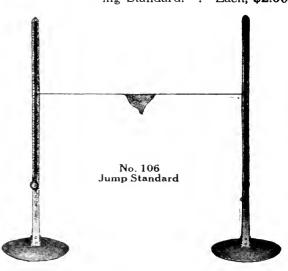
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We supply everything needed to fit out an athletic field in proper shape, in addition to everything needed by officials in charge. Write us about anything required which is not listed in this book. We are the "official outfitters" for all organized athletic bodies in the United States.



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LUING VAULTING POLES

It is our endeavor always to equipment of the very highest amy, and which is at the same time made the most satisfactory material and in the standard possible manner for the purpose in-

Whe have discontinued making Spruce Vaulting Poles because we find ourselves unable to recommend their use owing to danger of breakage and possibility of serious injury to user. Bamboo poles we do recommend, having proven to our satisfaction that they are superior for vaulting to poles made of any wood we know of, and, furthermore, if they do break while in use, the danger of personal injury is very remote.

Spalding Athletic Implements are used by every athlete of any prominence in either club, college or school competition.

Owing to differences in climatic conditions it is impossible to keep Bamboo Vaulting Poles from cracking. These cracks or season checks do not appreciably detract from the merits of the poles, except where they are continuous. Much of the real strength of the pole is in the joints. All of our tests would seem to prove that poles with season checks may be accepted as safe and durable, except where the season check is wide open and extends through several sections on one side. Very frequently such splits or season checks can be entirely closed by placing the pole in a damp place for a day or so.

Spalding Indoor Bamboo Vaulting Polar

Tape wound at short intervals. Thorough, tested before leaving our factory. Fitted with special spike.

10BV. 10 ft. Ea., \$4.50 | 14BV. 14 ft. Ea., \$6.50 | 12BV. 12 ft. " 5.50 | 16BV. 16 ft. " 7.00

Spalding Outdoor Bamboo Vaulting Poles

Tape wound at short intervals. Thoroughly tested before leaving factory. Rounded end wound with copper wire and soldered.

No. 100BV. 10 ft. Ea., \$4.50 | No. 104BV. 14 ft. Ea., \$6.50 No. 102BV. 12 ft. " 5.50 | No. 106BV. 16 ft. " 7.00

INDOOR POLE VAULTING BOARD

17. Made up of sectional blocks ood placed on end so that spike or vaulting pole will not split them. Bound in by heavy wood frame.

Complete, \$16.00



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Spalding Athletic



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No. 16BH. Spalding "Official Olympic" Brass Shell Head 16 lb. Hammer (Pat'd Aug. 20, 1912), including patented ball-bearing swivel. Supplied regularly with double triangle wire grip (Pat'd Dec. 22, 1914). Each, \$10.00

No. 12BH. 12-lb.Brass Shell Head Hammer, therwise same as No. Lif. Each, \$9.00

ented ball-bearin swivel, double triangle wire grip. Each, \$4.50

No. 12IHB. 12-1b. Solid Iron Head Hammer, otherwise same as No. 16IHB.

Each, **\$4.00**

No. 81H. 8-lb. Solid Iron Head Hammer, without ball-bearing swivel. Double triangle grip. Ea., \$3.00

Extra Handles for Athletic Hammers



No. MG. Single Grip Style. Used by many prominent hammer throwers. Supplied separately with wire handles. Each, \$2.00 No. FH. Double Triangle Grip, complete with wire handle, furnished separately. Each, 75c. Any regular Spalding Hammer listed above furnished with No. MG grip instead of double triangle style, on special order, at an extra charge of \$1.25

Leather Case for Athletic Hammers

No. L. Leather Case, to hold either 12 or 16-lb. hammer. . . . Each, \$3.00

Spalding "Official Olympic" Circles



No. 9. 7 Foot Diameter Circle. The she weights are thrown from this size circle: sections, band iron, painted white. Each,

No. 19. 8 Foot 2 inch Diameter Circle. For throwing Discus. Three sections, band iron, painted white. Each, \$10.00

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A LEAGUE; HOW TO MANAGE A TEAM, ETC.
SPALDING'S OFFICIAL LAWN TENNIS ANNUAL No. 523L.

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Group XIII.

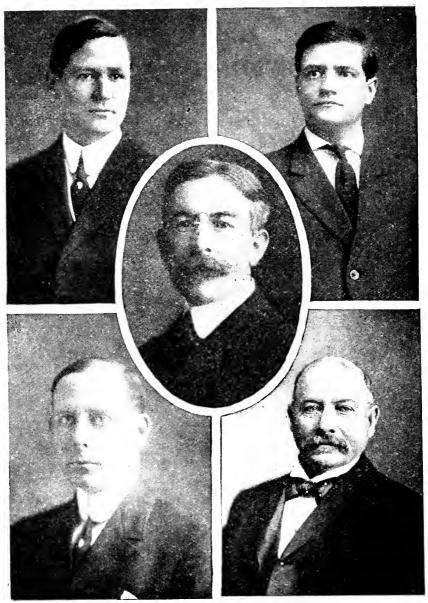
'Red Cover'' Series, each number 25c. No. 11R. Fencing Foil Work Illus-No. 18R. Wrestling [trated] No. 19R. Professional Wrestling No. 21R. Jiu Jitsu No. 25R. Boxing No. 30R. The Art of Fencing No. 44R. How to Wrestle Group XIV. Calisthenics "Blue Cover" Series, each number 10c. No. 214 Graded Calisthenics and Dumb Bell Drills "Red Cover" Series, each number 25c. No. 10R. Single Stick Drill No. 16R. Team Wand Drill No. 22R. Indian Clubs and Dumb Bells and Pulley Weights No. 24R. Dumb Bell Exercises No. 27R. Calisthenic Drills and Fancy Marching for Class Room Group XV. **Gymnastics** "Blue Cover" Series, each number 10c. No. 124 How to Become a Gymnast No. 254 Barnjum Bar Bell Drill No. 287 Fancy Dumb Bell and Marching Drills "Red Cover" Series, each number 25c. No. 12R. Exercises on the Side Horse No. 13R. Horizontal Bar Exercises No. 14R. Trapeze, Long Horse and Rope Exercises [Rings. No. 15R. Exercises on the Flying No. 34R. Grading of Gym. Exercises No. 35R. Exercises on Parallel Bars No. 40R. Indoor and Outdoor Gymnastic Games No. 52R. Pyramid Building, with Wands, Chairs and Ladders No. 56R. Tumbling for Amateurs and Ground Tumbling Group XVI. Home Exercising "Blue Corer" Series, each number 10c. No. 161 Ten Minutes' Exercise for No. 185 Hints on Health [Busy Men No. 238 Muscle Building [nastics Health by Muscular Gym-

"Blue Cover" Series, each number 10c.
No. 161 Ten Minutes Exercise for No. 185 Hints on Health [Busy Men No. 238 Muscle Building [nastics No. 285 Health by Muscular Gym-No. 325 Twenty-Minute Exercises "Red Cover" Series, each number 25c.
No. 7R. Physical Training Simplified No. 9R. How to Live 100 Years No. 23R. Get Well; Keep Well No. 33R. Tensing Exercises No. 51R. 285 Health Answers

No. 54R. Medicine Ball Exercises, Indigestion Treated by Gymnastics, Physical Education and Hygiene No. 62R The Care of the Body

INTERNATIONAL POLO GUIDE. . 50c.

Manly Sports



A. HARRY MOORE, FRANK HAGUE,

MARK M. FAGAN,

GEO. F. BRENSINGER, HENRY BYRNE,

Commissioners of Jersey City.

Spalding's Athletic Library

OFFICIAL HANDBOOK

JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION

Editing Committee
K. L. THOMPSON N. L. CHANCE
HOWARD DARE WHITE

1916

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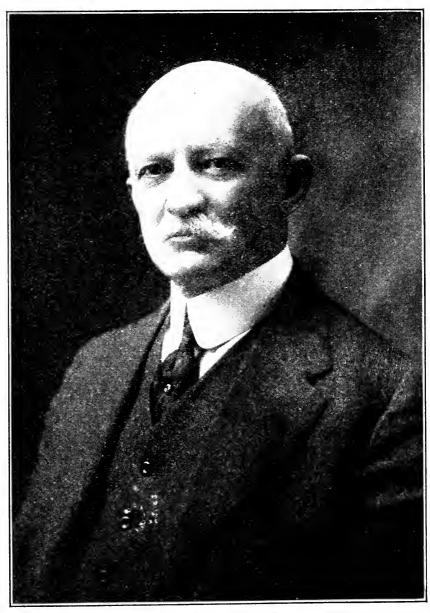
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The Ethics of Competition

Officers of the Jersey City Public School Athletic Association

K. L. THOMPSON .		Presi			Public	School	No.	ΙΙ
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Howard Dare White			·		Public	School	No.	24
		Secre	rtary					
C. A. Sheppard .	•				Public	School	No.	12
	Assis	tant 3	Seere.	tarics				
ALBERT MONCRIEF					Public	School	No.	34
JAMES NUGENT .						School		
		Trea,	curer					
W. J. Tuers .					Public	School	No.	15
Executive Committee								
N. L. CHANCE .					Public	School	No.	0
						School		
J. R. Fitzer					Public	School	No.	28
	A	ND OF	FICER	S				
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	110ne	orary	Mem	bers.	,,,,			
HENRY SNYDER .					City	Superin		
						Superin L of Ed		
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DR. HENRY SNYDER,
Superintendent of Schools, Jersey City.

To the Pupils of the Public Schools

You all realize how deeply your principals and teachers are interested in your progress in school. Their activity in organizing the Public School Athletic Association and their willingness to do all the hard work necessary to provide you with the opportunities to take part in the games in which you delight are especially pleasing to you and to your friends. I hope you will show your appreciation of their efforts by joining in the games and sports which they will inaugurate, joyfully and enthusiastically. But remember always to do so fairly and honestly. Remember that the traits which you habitually show in your games are bound to stick to you all your lives. Remember that the boy who is unfair or dishonest in his play is going to be dishonest in business when he becomes a man. Remember that the foundation of real manliness and womanliness is laid in childhood. Always play hard that you may grow strong in body. That you may gain mental strength, the courage to win without boasting and to lose with good nature and without jealousy, always be guided by the spirit of "Fair Play."

HENRY SNYDER,
Superintendent of Schools.



K. L. THOMPSON President.



HOWARD DARE WHITE, Vice-President.



C. A. SHEPPARD, Secretary.



ALBERT MONCRIEF, Asst. Secretary.

Officers Jersey City Public School Athletic Association.



JAMES NUGENT, Asst. Secretary.



N. L. CHANCE, Executive Com.



A. F. STAUFFER, Executive Com.



J. R. FITZER, Executive Com.

Officers Jersey City Public School Athletic Association.

The History and Purpose of the Jersey City Public School Athletic Association

In the Spring of 1911, the Male Principals' Association took active steps toward organizing an athletic association, which should control and encourage all forms of athletics. President W. F. Babcock at that time appointed Dr. J. K. Light, W. B. Du Rie, and N. L. Chance as a committee to visit Newark, and ascertain the methods used in that city. Its report was presented at a meeting held December 5, 1911. At that meeting, Mr. Elmer K. Sexton, of Newark, was present by invitation, and described very carefuly how athletic affairs were managed in that city. On that date, the Public School Athletic Association of Jersey City was formed.

AIM.

The aim of the Jersey City Public School Athletic Association is to develop the rational activities of the boys and girls. Judicious athletic sports are peculiarly needed at this time by city children, because of the changed conditions of life in the home and the factory. Nowadays the available means of muscular development is very largely diminished by the adoption of machines and mechanical contrivances. A city boy does very little of the manual labor which enabled his father and grandfather to grow up strong and virile. Then, too, the opportunities for play under normal conditions have been lost because there is no longer space left in our cities for athletic sports. Thus the boys themselves are unable to secure opportunities for their own development in these lines because of the large financial outlay necessary to hire athletic fields and because they are unable to attack the administrative problems which are necessary to run successfully associations of an athletic nature.

To run and jump and to test who is the stronger is a racial instinct. By judiciously directing these energies, strong and healthy men and women will be developed. More than that, the boys and girls will be educated in courteous conduct, to be patient and tolerant in defeat, generous and magnanimous in victory. The influence of athletic meets, moreover, extends throughout all the schools with wholesome effect. School loyalty is worth while.

Physical vigor and power are just as closely related to the development of manhood and womanhood as they ever have been. Realizing this, the principals of Jersey City are under-

taking to help boys and girls to enjoy activities which, without some outside assistance of a financial and administrative nature, would be beyond their reach.

ORGANIZATION.

Very careful thought and attention have been given to the organization of the Association and to the formation of rules and regulations which shall accomplish the objects and purposes for which it was formed and prevent the evil practices which so often work their way into competitive athletics.

The Association decided not to make scholarship and deportment a qualification for participation in interschool events. These are too intangible and indefinite to give any firm basis for decisions, in case a participant is protested for such cause. Instead, each principal may regulate this matter for himself, and

decide upon those who may compete with honor to the school. The Association also recognizes its opportunity for exerting a wholesome moral influence, by developing an ideal of fairness, gentlemanly conduct, courtesy, and truthfulness in matters pertaining to competition. In fact, one of the great lessons to be learned from competition is manliness and cheerfulness in defeat, as well as humility in victory. Such a spirit characterizes the true athlete.

The Association has striven also to permit no competition which shall injure the physical organism in any way. Certain events, for instance, have been omitted, because they entailed too great a strain upon the heart and nervous system. Further, it has been provided that no boy shall enter more than two events, one a track event, and the other a field event. Again, the classification makes it impossible for the older and larger boys to compete against the younger and smaller. It is further believed that no one should be permitted to compete, if shown by the family or school physician to be unfit. The physical record cards afford a good basis for such judgment. To provide for all around development and to give each an opportunity to win distinction, standard events have been provided. These standard contests are noncompetitive, and represent an attempt to meet a certain standard of proficiency in different events. A button is given to each child who is able to reach these standards.

Prize and standard events for girls have also been provided, that the girls, too, may share in the benefits of regulated athletics.

The first annual meet was held on June 7, 1912, at the Jersey City Base Ball Grounds. In this meet about 2700 children took part. The second annual meet was held at the same place on June 3 and 4, 1913. About 3700 children took part in this meet. Since then, annual meets have been held in June with an in-



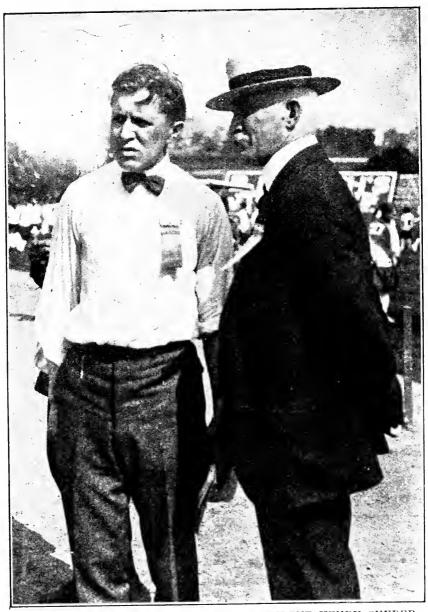
FACSIMILE OF MEDAL GIVEN FOR PRIZE EVENTS.

creased number of participants. The results of the last one will be found elsewhere in this book.

The financing of such an undertaking is a serious problem. The success of this organization has been due in large measure to the series of entertainments held in different schools throughout the city. Through these, the organization has been placed on a solid financial basis.

In the fall of 1913, an athletic carnival, under the direction of Mr. Gustav H. Bojus, was held. The object of this carnival was to start a fund for the purchase and equipment of an athletic field for the use of the school children of Jersey City. While this aim has not yet been attained, the Association still hopes that it may be realized in the near future.

The Association began its career auspiciously. Its further success depends upon the continued loyalty and co-operation of every principal, teacher and pupil, and upon the sympathetic, lasting co-operation, financial and moral, of every parent and of every person interested in the school and in the school children of Jersey City.



W. H. RORKE, REFEREE, AND SUPERINTENDENT HENRY SNYDER.
Detrick, Photo.

Trophies

For the Fourth Annual Meet of the Jersey City Public School Athletic Association, June 18 and June 19, 1915.

CUP.

To the School Scoring the Most Points in the Meet (Boys and Girls).

Donors—Mark M. Fagan, A. Harry Moore, Geo. F. Brensinger, Frank Hague, Henry Byrne, Commissioners of Jersey City.

Winner—School No. 23.

CUP.

To the Grammar School Scoring the Most Points in Standard Events (Boys and Girls).

Donor—Dr. Henry Snyder, City Superintendent of Schools. Winner—School No. 23.

CUP.

To the Primary School Scoring the Most Points in Standard Events (Boys and Girls).

Donor—Jersey City Primary Principals' Association. Winner—School No. 31.

CUP.

To the School Winning the Senior 880-Yard Relay Race (Boys).

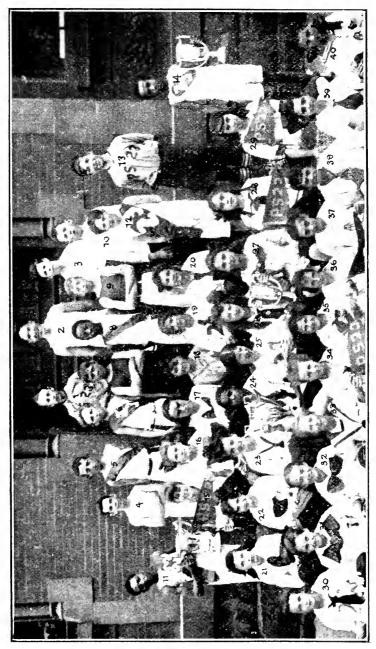
Donor—Mr. Thomas Loughran, President Board of Education.

Winner—School No. 6.

CUP.

To the School Winning the Intermediate 660-Yard Relay Race (Boys).

Donor—Mr. W. A. Dawson. Winner—School No. 11.



PUBLIC SCHOOL NO. 23-PRIZE WINNERS, 1915.

CUP.

To the School Winning the Junior 440-Yard Relay Race (Boys).

Donor—J. L. HAMMETT Co. Winner—School No. 27.

CUP.

To the School Scoring the Most Points in Field Prize Events (Boys).

Donor—Jersey City Teachers' Association. Winner—School No. 6.

CUP.

To the School Scoring the Most Points in Track Prize Events (Boys).

Donor—Mr. Geo. C. Field. Winner—School No. 27.

CUP.

To the School Winning the Oat Bag Relay Race (Girls).

Donor—Jersey City Woman's Club. Winner—School No. 14.

CUP.

To the School Winning the 440-Yard Relay Race (Girls).

Donor—Dieges & Clust. Winner—School No. 1.

CUP.

To the School Winning the Flag Relay Race (Girls).

Donor—Dr. Henry H. Brinkerhoff,

Chief Medical Inspector.

Winner—School No. 23.

CUP.

To the School Winning the Potato Relay Race (Girls).

Donor—Peckham, Little & Co.

Winner—School No. o.



(1) PUBLIC SCHOOL NO. 11 660-YARD RELAY TEAM, WINNERS, 1915—1, E. Hadden: 2, H. Keegan; 3, R. Cochrane; 4, R. Harper. (2) PUBLIC SCHOOL NO. 27 JUNIOR RELAY TEAM (440-YARD)—1, A. Spring; 2, T. Kennedy; 3, V. Aime; 4, E. Rover. (3) 50-YARD DASH (JUNIOR)—1, Thompson Kennedy, Public School No. 27, Third; 2, Emile Rover, Public School No. 27, Winner. (4) Emile Rover in 440-Yard Relay.

CUP.

To the School Winning the 20-Yard Relay Race (Girls).

Donor—MR. JOHN WARD. Winner—School No. 6.

CUP.

To the School Winning in Base Ball in the Hudson City District.

Donor—Mr. E. A. Murphy, Assistant City Superintendent of Schools. Winner—School No. 28.

CUP.

To the School Winning in Base Ball in the Bergen District.

Donor—Prin. J. W. Wakeman. Winner—School No. 23.

CUP.

To the School Winning in Base Ball in the Greenville District.

Donor—Mr. Theodore Enis, Member Board of Education. Winner—School No. 20.

CUP.

To the School Winning in Base Ball in the Eastern District.

Donor—Mr. G. Fred Ege, Secretary Board of Education. Winner—School No. 32.

CUP.

To the School Winning the City Championship in Base Ball.

Donor—Jersey City Male Principals' Association. Winner—School No. 28.



1, Carl Marks; 2, Henry Stein; 3, J. W. Wakeman; 4, Philip J. Ripberger; 5, Francis J. Blodget; 6, Miss Mary A. Ahearn, Coach.

PUBLIC SCHOOL NO. 6-WINNERS 880-YARD RELAY RACE.



PUBLIC SCHOOL NO, 8-PRIZE WINNERS, 1915.

Boys' Prize Records, June 19, 1915

JUNIOR.

50-Yard Dash.

Ι,	Emile	Rover	 Public	School	No.	27
2.	Henry	Hotopp	 Public	School	No.	8

3. Thompson Kennedy Public School No. 27

4. Rufus McCrawPublic School No. 14 Time, 6 3/5 seconds.

Running High Jump.

			_	_	-	_		
Ι.	Walter	Reich	 		.Publ	ic School	No.	28

2. Harold Eichman Public School No. 15

3. Julian MartineauPublic School No. 27

Height, 4 feet 1 inch.

Running Broad Jump.

- 2. Ferdinand Schimak Public School No. 23
- 3. Henry Butkus Public School No. 23
- 4. Eneas Garrabrant Public School No. 9

Distance, 15 feet 4 7/10 inches.

440-Yard Relay.

- 1. Victor Aime, Thompson Kennedy, Emile Rover, Arthur Spring, Frank Bocilieri (sub), Otto Medeck (sub).. Public School No. 27
- 2.Public School No. 23
- 3.Public School No. 24
- 4.Public School No. 9

Time, 50 seconds.

INTERMEDIATE.						
75-Yard Dash.						
 Valentine Werner Public School No. 27 Edward Hadden Public School No. 11 Harold Kuncken Public School No. 8 Deckle McLain Public School No. 23 Time, 9 seconds. 						
Running High Jump. 1. Arthur PottertonPublic School No. 6						
1. Arthur PottertonPublic School No. 6 2. Frank SippPublic School No. 6						
3. Roy CulverPublic School No. 3						
4. Clarence TriboutPublic School No. 8 Height, 4 feet 7 inches.						
Running Broad Jump.						
 Harold Kuncken						
Putting 8-lb. Shot.						
 Michael CalzarettoPublic School No. 6 Lawrence EricksenPublic School No. 6 Salvatore EspositoPublic School No. 9 Albert JohnsonPublic School No. 17 Distance, 31 feet 8 inches. 						
660-Yard Relay.						
1. Robert Cochrane, Edward Hadden, Raymond Harper, Harry Keegan, George Meehan (sub), Everett Warren (sub), Public School No. 11 2						

SENIOR.								
100-Yard Dash.								
1. William LuysterPublic School No. 11 2. Robert WalkerPublic School No. 14								
2. Robert Walker								
4. Lester CanningPublic School No. 11								
Time, 11 seconds.								
Running High Jump.								
I. Hugh BehrPublic School No. 23								
2. Herman MichelsPublic School No. 28								
3. Jack ReynoldsPublic School No. 9								
4. Gerald KahnPublic School No. 28								
Height, 4 feet 10 inches.								
Running Broad Jump,								
I. Isadore SokolowPublic School No. 27								
2. Lester CanningPublic School No. 11								
3. Bert IngramPublic School No. 23								
4. John Zoblocki								
Distance, 16 feet 4 6/10 inches.								
Putting 12-lb. Shot.								
1. Carl MarksPublic School No. 6								
2. Thomas BraneyPublic School No. 9								
3. Arnold WeissPublic School No. 8								
Distance, 34 feet 4 inches.								
880-Yard Relay								
1. Francis Blodgett, Carl Marks, Philip Rip-								
berger, Henry Stine, Everett DuClos (sub),								
John Ritzer (sub)Public School No. 6								
2Public School No. 17								
3Public School No. 9								
4Public School No. 8								
Time, 1 minute 49 seconds.								



1, PUBLIC SCHOOL NO. 14 OAT-BAG RELAY TEAM: 2, PUBLIC SCHOOL NO. 23 INDIAN CLUB AND FLAG RELAY TEAM.

Detrick, Photos.

Girls' Prize Records, June 18, 1915

Oat-Bag Relay.

Ι.	Ethel Brower, Alma Ernst, Lillian Ellis,
	Hilda Ehrhardt, Ethel Ford, Sylvia Frickel,
	Clara Hill, Georgina Jones, Florence Mun-
	zing, Marjorie Power, Mildred Keck (sub),
	May NuesePublic School No. 14
2.	Public School No. 6
3.	Public School No. 23
4.	Public School No. 17

Time, 1 minute, 33 3/5 seconds.

440-Yard Relay.

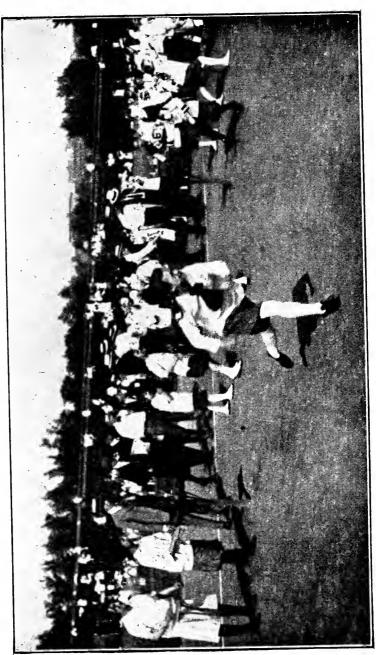
1. Leonora	Dolney,	Frances	Gabel,	Helen
Gerken,	Ruth Hei	r, Helen	Knolles	, Mary
McCabe,	Helen]	Mitchell,	Helen	Powel-
stock, M	ildred Stev	vens, Seln	na Wein	ert,

	Public	School	No.	I
2.	Public	School	No.	6
3.	Public	School	No.	1.4
4.	Public	School	No.	11

Time, I minute 7 3/5 seconds.

Indian Club and Flag Relay.

Time, 42 2/5 seconds.



POTATO RELAY.

Potato Relay.
1. Jennie Dale, Mary Del Rea, Josephine
Evanowski, Lena Langele, Jennie Occhi-
lupo, Rosina Scerbo, Polina Triputti, Millie
Williams Public School No. 9
2Public School No. 6
3Public School No. 23
4Public School No. 34
Time, 2 minutes 18 seconds.
20-Yard Relay.
I. Margaret White, Goldie Baker, Helen Dris-
coll, Adeline Elison, May Edmunds, Ger-
trude Garrison, Ethel Klausner, Frances
Lott, Sara Magum, Harriet May, Florence
Marshall, Minnie Reichert. Public School No. 6
2 Public School No. 31
3Public School No. 30
4

Awards Made at the Meet in June, 1915

PRIZES.

SCHOOL STANDARDS				RELAYS-GIRLS			RELAYS—BOYS			FIELD AND TRACK—BOYS				TIES	
No.	Boys	Girls	1st	2d	3d	4th	1st	2d	3d	4th	1st	2d	3d	4th	
1	29	15	1											1	
3	9	14											1		
4	1	2													
6	175	77	1	4			1				3	2			
8	67	5							1	1	1	1	2	3	
9	42	33	1						1	2		1	2	1	
11	41	28				1	1				1	2		1	
12	12	10													
1 3	1														
14	24	13	1		1							1		1	
15	57	29				1						1			
17	35	28				1		1					1	1	
19	4	3				1									
20	27	46													
22	4	4]											
23	216	123	1		2			2			1	2	2	1	
24	53	49							1						
25	16	23													
27	143	77			1		1				4		3		
28	28	15									1	1		1	
30	3				1										
31	17	11		1]							
32	1	1													
34	53	36				1		!		ا ا					

Total. | 1058 | 642 |

Summary of Events

Held during the year 1915 under the direction of the Jersey City Public School Athletic Association:

- 1. Girls' Athletic Meet, at Jersey City Base Ball Park, June 18th.
- 2. Boys' Athletic Meet, at Jersey City Base Ball Park, June 19th.
- 3. Four Base Ball Leagues. 20 teams.

At the Athletic Meet, June 18th and 19th, there were provided:

5 Girls' Prize Events.

- 5 Girls' Standard Events.
- 14 Boys' Prize Events.
- II Boys' Standard Events.

The number of pupils who qualified in the Standard Events were as follows:

For Girls— Throwing Basket Ball for Distance..... Throwing Oat-Bag for Height.... Hand-Walk, 16-foot Ladder..... 181 30-Yard Dash 141 Total 642 For Boys-Junior Standing Broad Jump...... 144 Junior Chinning the Bar..... Junior 50-Yard Dash...... 416 Intermediate Running Broad Jump...... 58 Intermediate Running High Jump..... Senior Running Broad Jump..... Senior Running High Jump..... Senior Chinning the Bar..... 23 Senior 100-Yard Dash..... 39

Comparative Statement of Entries for the Meets of 1914 and 1915

			.B									
School No.	GIRLS		JUNIOR		INTER-		SENIOR		TOTAL BOYS		GRAND TOTAL	
	1914	1915	1914	1915			1914	1915	1914	1915	1914	1915
1	37	31	18	16	28	20	8	11	54	47	91	78
3	36	33	17	18	12	13	4	5	33	36	69	50
4	18	9	26	11	12	5	1	1	39	17	57	26
6	260	180	157	126	142	99	41	17	340	242	600	422
7	136		88		1				89		225	
8	194	60	113	60	56	36	23	10	192	106	386	166
9	208	123	93	43	82	54	26	22	201	119	409	242
10	24		18						18		42	
11	91	33	63	42	32	27	12	9	107	78	198	111
12	78	36	31	26	23	7	9	6	63	39	141	75
13	4		5	7	3	2			8	9	12	9
14	92	47	34	14	30	6	16	8	80	28	172	75
15	141	96	93	84	38	52	5	9	136	145	277	241
17	56	71	42	50	37	32	13	8	92	90	148	161
18	7		11						11		18	
19	12	11	7	7		3			7	10	19	21
20 ,	127	93	47	44	40	21	14	11	110	76	237	169
22	53	7	15	5	11	3	3	1	29	9	82	16
23	376	320	231	213	172	123	41	45	444	384	820	704
24	158	122	94	86	52	51	11	16	157	153	315	275
25	63	46	40	20	21	19	11	2	72	41	135	87
26	10		15		1				16		26	
27	138	146	98	111	59	47	14	9	171	167	309	313
28	-156	59	71	37	57	32	20	10	148	79	394	138
29-, ,	10		17						17		27	
30		12	7	10					7	10	7	22
31	23	19	41	29	7	10			48	39	71	58
32	69	9	16	1	8	5	8	1	32	7	101	16
33												
34	• • • •	84	21	95	2	34		5	23	134	23	218
	2577	1647	1529	1155	935	704	280	206	2544	2065	5321	3712

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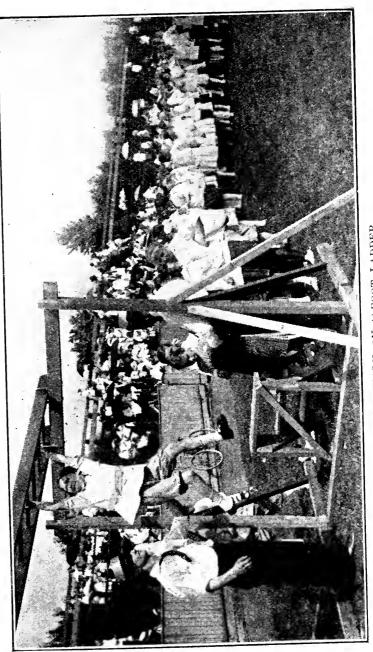
Record Holders—Boys

JUNIOR.	
50-yard Dash— 63/5 secondsEmile Rover,	P.S. 271914
Running High Jump— 4ft. 3inFrank Beers,	P.S. 111913
Running Broad Jump— 15ft. 47/10in Emile Rover,	P.S. 271915
440-yard Relay— 59 secondsVictor Aime, Emile Rover, Thompson Kennedy, Arthur Spring, Frank Bocilieri, Otto Medeck,	
INTERMEDIATE.	
75-yard Dash— 84/5 secondsHarry Green,	P.S. 221914
Running High Jump— 4ft. 7inArthur Potterton, 4ft. 7inArthur Potterton,	
Running Broad Jump— 15ft. 7in	P.S. 221914
Putting 8-lb. Shot— 31ft. 8inMichael Calzaretto,	P.S. 61915
650-yard Relay— I min. 17 2/5 sec. Pierre Boquel, Thos. Barney, Rocco Esposito, Joseph Faccone, Benjamin Silverstein, George McLaughlin,	P.S. 91914



1, 440-Yard Relay Team: 2, Oat-Bag Relay Team. PUBLIC SCHOOL NO. 9.

SENIOR. 100-yard Dash— 10 4/5 secondsFred Beddiges,	P.S. 8. 1011
Running High Jump— 4ft. 10inWilliam Hahn, 4ft. 10inEdward Hahn 4ft. 10inHugh Behr,	P.S. 111913 P.S. 111914 P.S. 231915
Running Broad Jump— 17ft. 1inFred Beddiges,	
Putting 12-lb.Shot— 34ft. 4inCarl Marks,	P.S. 61915
880-yard Relay— I min. 39 secF. Bowyer, Dominick Casciano, Harold Cooke, Russell De Lorme, Percy Dutcher, Edward Sweden,	P.S. 171914
Record Holders—Gir	:ls
Oat Bag Relay— I min. 3 3/5 sec. P.S. 14	1014
42 2/5 secondsP.S. 23	
20-yard Relay— 36 2/5 secondsP.S. 27	·



HAND WALK ON 16-FOOT LADDER.

Constitution of the Jersey City Public School Athletic Association

NAME.

This Association shall be known as the "Jersey City Public School Athletic Association."

ARTICLE I.

OBJECTS.

The particular object for which the Association is formed is to promote useful athletics and gymnastics among the pupils in the elementary and high schools of Jersey City, New Jersey; in connection therewith, to cooperate with and encourage athletic associations, provide athletic grounds and teachers, organize games, offer prizes, and conduct competitions.

ARTICLE II.

MEMBERSHIP.

Section 1. The active membership shall consist of all the male principals of Jersey City.

Sec. 2. The associate membership shall consist of all the female principals of schools of Jersey City.

Sec. 3. Honorary officers and members may be elected.

ARTICLE III.

MEETINGS.

Section 1. The annual meeting of the Association for the election of officers and for such other matters as may properly come before it shall be held on the first Wednesday in October in each year, due notice of which meeting shall be sent by the secretary to each member. Election shall be by ballot.

Sec. 2. At any meeting of the Association, six members shall

constitute a quorum.

ARTICLE IV.

OFFICERS.

Section 1. The officers of the Association shall consist of a president, vice-president, treasurer, secretary, and two assistant

secretaries. Other assistants to the secretary may be appointed

by the president.

SEC. 2. The officers of the Association shall be annually elected at the meeting of the Association held the first Wednesday in October.

Sec. 3. The president, vice-president, and treasurer shall

perform the duties usually performed by such officers.

SEC. 4. The secretary shall attend meetings of the Association and of the executive committee and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by a member. He shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of a secretary. He shall have the custody of all the papers relating to the affairs of the Association.

SEC. 5. The assistant secretaries shall perform such duties as are delegated to them by the secretary and shall assist him in preserving the records and taking the scores of all official events.

ARTICLE V.

COMMITTEES.

Section I. There shall be an executive committee composed of the president, vice-president, treasurer, secretary, assistant secretaries, and three other active members, appointed annually by the president, which shall have all powers of the Association, when the Association is not in session. This committee shall meet at the call of the president or of the vice-president. Four of this committee shall constitute a quorum.

SEC. 2. The executive committee shall have control and man-

agement of the affairs and funds of the Association.

SEC. 3. The executive committee shall constitute a games committee which shall have charge of all games and athletic events authorized by the Association. This committee shall act upon all protests and complaints which arise in the conduct of any official athletic event. Their decision upon all matters referred to it shall be final. This committee may associate with it for the purpose of conducting athletic meets or gymnastic contests persons who are not members of this association.

Sec. 4. An auditing committee, consisting of three members, appointed by the president, shall annually audit the books of the

treasurer.

Sec. 5. There shall be such other committees as may be authorized by the Association or deemed expedient by the president or the executive committee. The members thereof shall be appointed by the president unless otherwise prescribed by the Association.

ARTICLE VI.

DISTRICT LEAGUES.

Section 1. Girls' and other auxiliary, associate, or district leagues, may be established under regulations to be made by

the executive committee.

SEC. 2. The Jersey City Public School Athletic Association shall have control of all district baseball leagues, basketball leagues, football leagues, or such other leagues as may be established in the public schools of Jersey City.

ARTICLE VII.

AMENDMENTS.

This Constitution may be changed or amended by the unanimous vote or the written consent of the Association without previous notice at any meeting of the Association; also by a two-thirds vote of the Association at any meeting, provided notice specifying the intended change shall have been given at a previous stated meeting, or such notice shall have been served on each member at least five days before the meeting.

ARTICLE VIII.

ATHLETIC RULES.

Athletic rules shall be made from time to time by the executive committee, and are subject to change when deemed expedient for the best interests of the Association.

ARTICLE IX.

All notices to members, and also all notices to all officers and directors, shall have been sufficiently served, if mailed to them at the address given by them to the Secretary and Treasurer respectively.



THROWING THE OAT-BAG FOR HEIGHT.



INDIAN CLUB AND FLAG RELAY, 1915.

Athletic Rules of the Jersey City Public School Athletic Association

RULE 1. The Jersey City Public School Athletic Association recognizes as athletic members all boys and girls, pupils of Jersey

City public schools.

Rule 2. Attendance of at least three months in the school system directly previous to any contest shall be required of all pupils before they shall be entitled to represent their school in athletics. The age limit for competition in events of the elementary schools, except baseball, shall be from the ninth to the seventeenth birthday. No boy will be allowed to enter in more than two events, one field event and one track event—except in the relay. Only three boys from each school are allowed to enter the same prize event. Only pupils who are in the standing of amateurs shall be eligible to represent the school. No entry shall be accepted unless countersigned by the principal of the school.

Rule 3. The classification of competing athletes shall be recognized in the name of juniors, intermediate and seniors. No pupil shall be allowed to compete in events of the elementary schools who is not nine years of age.

CLASSIFICATION FOR ALL EVENTS.

Adopted March 1, 1912.

Junior.

Boys must be over nine and under thirteen, and not over four feet, ten inches in height.

Intermediate.

Boys under fifteen, and not over five feet, three and a half inches in height.

Senior.

Fifteen years and over, any height.

Note.

If a boy is over either age or height, he goes into the class above; for instance, a boy twelve years of age, four feet, ten and a half inches high, would be in the Intermediate class; or, a boy fourteen years of age, five feet, four inches high, would go into the Senior class.

Note.

Measurements to be made in Stocking Feet.

Rule 4. There shall be certain standard events for each classification, qualifications in which will entitle competitors to special buttons.

One button will be given for each event if the standard is made by the contestant. A special button will be given to contestants winning two different standard events at the same meet.

BOYS' STANDARD EVENTS.

Junior.

Standing broad jump—5 feet 10 inches. Chinning the bar—9 times. 50-yard dash—7 3-5 seconds.

Intermediate.

Running broad jump—11 feet 9 inches.
Running high jump—3 feet 6 inches.
Chinning the bar—9 times.
75-yard dash—10 2-5 seconds (time subject to change).

Senior.

Running broad jump—12 feet 9 inches. Running high jump—3 feet 9 inches. Chinning the bar—9 times. 100-yard dash—13 1-5 seconds.

Rule 5. The following shall be a special list of championship events for the elementary schools:

BOYS' PRIZE EVENTS.

Junior.

50-yard dash.
Running high jump.
Running broad jump.
440-yard relay race (4 boys to a team).

Intermediate.

75-yard dash.
Running high jump.
Running broad jump.
660-yard relay race (4 boys to a team).

Senior.

100-yard dash.
Running high jump.
Running broad jump.
880-yard relay race (4 boys to a team).

Rule 6. All entries must be in the secretary's hands at such time as designated by the executive committee. Each principal will be provided with an entry blank on which to make formal entries for the several events. The games committee may reject any entry it may deem objectionable.

Rule 7. Prizes will be as follows, viz., 1st, 2nd, 3d prize. A button will be given for fourth place.

Rule 8. Special trophies will be given as follows:

- I. To the school scoring the most points.
- 2. To the grammar school scoring the most points in standard events.
- 3. To the primary school scoring the most points in standard events.
- 4 To the school winning the senior relay race.
- 5. To the school winning the intermediate relay race.
- 6. To the school winning the junior relay race.
- 7. To the school having the greatest number of points in field prize events.

8. To the school having the greatest number of points in track

prize events.

Rule 9. In all relay races no more than five teams shall be run in a heat, except by order of the referee. In all running events no more than six shall be entered in any heat. The captain of each school team shall go with the clerk of the course and see that his men are placed in their proper positions on the track.

Rule 10. The uniform entrance fee for all contestants shall be ten cents. This includes admission to the field. Admission for all other pupils shall be ten cents, adults twenty-five cents.

Rule II. All athletic meets shall be run according to the

rules of the Association.

Rule 12. Points. First prize shall count five points, second prize three points, third prize two points, fourth place one point. Those teams winning in the relay races shall be credited with double the number of points mentioned above.

Rule 13. There shall be an official physician and nurse in attendance.

Rule 14. Relay teams will be allowed to enter two substitutes in each event.

Rule 15. Outdoor track and field, baseball, football, and basket-ball championship meets may be held annually at such times and places as may be decided upon by the executive committee.

Rule 16. The awarding of trophies, except in prize events, shall be on the basis of a ratio of total number of points to the total registration of the school for the month of April as found in the Superintendent's report. All pupils under one principal shall be considered as constituting one school within the meaning of this rule. In case of schools having a grammar department only, their rating shall be computed by comparing the registration in all grades represented in such schools with similar grades in all other grammar schools. In no case will any grammar grades be omitted from such comparison.

Rule 17. The kindergarten, first and second years, and the lower half of the third year shall be omitted from the enrollment of the schools in arriving at the percentage and in reckon-

ing for points and trophies.

Girls' Athletics

BRANCH OF THE JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION.

It is the policy of the Executive Committee of the Public School Athletic Association to encourage the development of suitable forms of exercise and recreation for the great mass of girls in the public schools, and to avoid all evils of over-strain or excitement by carefully selecting the competitive events. The girls are given a pin, the same as the boys are given a button, when they make a standard.

Girls' Athletic Meet

There shall be an annual athletic meet held each year for the girls which shall consist of the following events:

Girls' Prize Events.

Grades 8-A and 8-B.

Oat Bag Relay, ten girls to a team.

Grades 7-A and 7-B.

440-Yard Relay, eight girls to a team.

Grades 6-A and 6-B.

Indian Club and Flag Relay, six girls to a team.

Grades 5-A and 5-B.

Potato Relay, six girls to a team.

Grades 4-A and 4-B.

Shuttle Relay, eight girls to a team.

OAT-BAG RELAY.

Girls' Standard Events.

Grades 8-A and 8-B.

Throwing the basket ball for distance—40 feet (three trials).

Grades 7-A and 7-B.

Throwing the oat bag for height—17 feet (three trials); (weight of bag four pounds); disk 20 inches in diameter; jump allowed.

Grades 6-A and 6-B.

Hand walk twice the length of a 16-foot horizontal ladder; from rung to rung without touching the floor (or by skipping), over and back with a turn. 50-yard dash—8 seconds.

Grades 5-A and 5-B.

30-yard dash—5 seconds.

Grades 4-A and 4-B.

Throwing the indoor base ball (17 inches in circumference) for distance—30 feet (three trials).

Oat-Bag Relay

For Girls in the 8-A and 8-B Grades.

The oat-bag relay race consists of a competition of teams made up of ten pupils from the 8A and 8B grades of each school. The teams line up, one pupil behind another, No. 1 girl standing on the starting line and the rest of the team spread out behind, one in back of the other. Sixty feet back of this starting line there is a second line drawn parallel to the first on which poles are to be placed. In front of the starting line a third line is drawn thirty feet away. The first or No. 1 girl standing on the starting line holds an oat bag approximately eight inches in diameter and weighing four pounds, which she passes at command over her head with both hands to No. 2 girl, behind. Each girl in turn passes the bag over her head with both hands until 1t reaches the last or No. 10 girl, who turns and runs to the rear line around the pole which was spoken of as being sixty feet back of the starting line. The pole may be grasped, if the

runner so chooses, in making the turn. Here she turns and quickly returns to the starting line, passing to right of her team, and passes the bag over her head in the same way that the first girl did; then gets back on the line. The successive members of the team thus run to the rear line and to the front until at last the first or number I girl has gradually moved back to the last one in the line. She must not only run to the back line, but instead of stopping at the starting line she runs at full speed to the finish line thirty feet away and crosses it, thereby finishing the race.

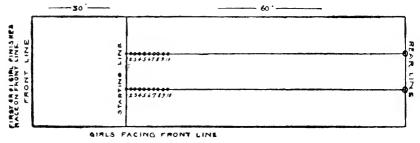


Diagram Illustrating Oat-Bag Relay.

The first girl is responsible for the team being on the line, but this shall not be interpreted as referring to the girl who is running with the bag.

440-Yard Relay

For Girls in the 7-A and 7-B Grades.

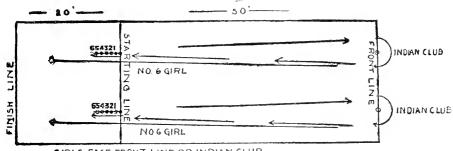
Eight girls constitute a team; each girl is stationed on a mark, the marks being 55 yards apart. At the starting signal the first girl runs to the second and touches her off in the manner of boys' relays. The race continues until the eighth girl crosses the finish line.

Indian Club and Flag Relay

For Girls in the 6-A and 6-B Grades.

An Indian club and flag relay race consists of a competition of teams made up of six pupils from the 6-A and 6-B grades of each school. The teams line up as in the oat-bag relay race;

that is, one behind the other, the front or No. 1 girl standing on the starting line and the rest of the team standing behind her. Fifty feet in front of the first girl (in the oat-bag race it is behind) is a line drawn parallel to the starting line, and behind the starting line and back of the team the finish line is drawn twenty feet away (in the oat-bag race this line is in front of the girls). In front of each team on the line fifty feet in front a pole is set up. At the word of command the first or No. 1 girl, who holds a United States flag 16 inches in length without stick, runs to the pole in front of her team, circles it with her right side towards the pole and returns to the starting line.



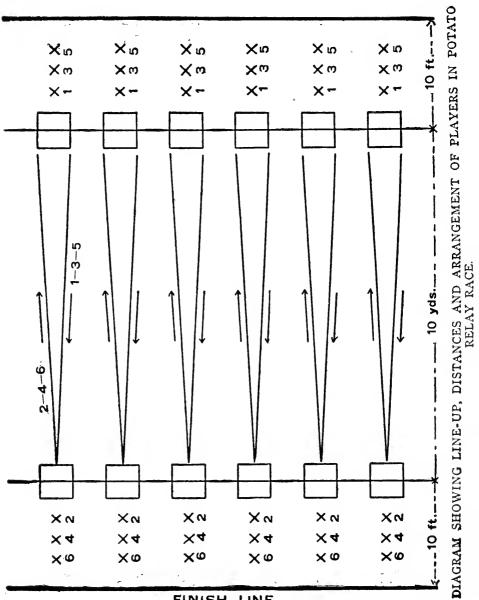
GIRLS FACE FRONT LINE OR INDIAN CLUB.

Diagram Illustrating Indian Club and Flag Relay Race.

where the second member or No. 2 girl of the team has taken her position ready to run. As the first runner runs by on the right side of her teammates, she hands the flag to the out stretched right hand of the one on the starting line, who immediately dashes off to circle the pole as the first member of the team has done before. Each one in turn on the team receives the flag, runs around the pole, and returns to the starting line where she delivers the flag as above described, and then takes her place back of the line of standing teammates. Each member takes her place back of the one last running, except the sixth member or No. 6 girl of the team. When she receives the flag, she runs around the pole, returns and crosses the starting line and continues on to the finish line, which has been said was twenty feet behind the starting line.

The flag should not be dropped throughout the race; but any girl who drops one must pick it up before continuing the race.

If the pole is knocked over it must be reset in its original position by the one knocking it down, before the team continues,



FINISH LINE

Potato Relay

For girls in the 5-A and 5-B Grades.

The Potato Relay Race consists of a contest between teams of

six girls from the 5-A and 5-B grades.

The competitors line up standing behind two stands, which are 10 yards apart. The 1st, 3d and 5th girls stand behind one of the stands and the 2nd, 4th and 6th stand behind the opposite one. At the signal No. I takes her place on the right side of her stand. At the pistol shot she runs to the opposite stand from which she brings, one at a time, four potatoes and places them on her own stand, which is empty; having placed the last potato on the stand she runs and touches No. 2 girl, who has taken her place on the right side of her stand, toeing the mark. The touch off is made the same as in the Indian Club Relay. After No. I makes the touch off she takes her place on a line 10 feet back of the starting line and sits down. The same order is followed by numbers two, three, four, five and six. No. 6 finishes the race by crossing the opposite starting line and holding up her hand. (Each girl will run 90 yards.)

The potatoes must be on the stand, if they roll off they must be put back by the one who makes the mistake, otherwise the team

shall be disqualified.

Shuttle Relay

For girls in the 4-A and 4-B Grades.

Eight girls constitute a team. Each competing team shall be divided in two equal parts, which shall line up in single file facing each other back of the starting lines, drawn at opposite ends of the running space and 20 yards apart. The 1st, 3rd, 5th and 7th girls will be behind one line, and the 2nd, 4th, 6th and 8th girls behind the opposite one. At the pistol shot No. 1 of the team shall run forward and touch No. 2 at the opposite side. No. 2 shall run forward to touch off No. 3, and so on until all have touched off, when the last girl (No. 8) shall dash forward over the finish line, which is the same as the starting line. Each girl, after touching off the next one, will have finished her part of the race, and shall quickly leave the running space and remain out of the way of the remaining runners. She shall not line up again with the runners.

Rules Governing Girls' Athletic Contests

- I. The competition shall be between girls of the same grade.
- 2. The judges shall be selected by the executive committee of the Jersey City Public School Athletic Association.
- 3. First, second, third and fourth prizes will be awarded for each event.
- 4. First place will count five points, second place will count three points, third place will count two points, fourth place one point.
- 5. The last girls on a relay team should wear a broad sash with a number as a distinguishing mark, sashes to be different colors. The same should be purchased by the different schools.
- 6. Four substitutes will be allowed for each prize event.

Points.

7. The points will be counted for these events the same as they are for the boys' athletic events. The points made by the girls will count in the total points made by the school in its girls' and boys' athletic and gymnastic meets and will, therefore, help a school materially in winning cups and banners.

Special Trophies for Girls' Prize Events.

- 1. To the school winning the Oat-Bag Relay.
- 2. To the school winning the 440-Yard Relay.
- 3. To the school winning the Indian Club and Flag Relay.
 - 4. To the school winning the Potato Relay.
 - 5. To the school winning the Shuttle Relay.

Girls' Standard Events

- 1. Throwing Basket Ball for Distance. 8A and 8B. Distance 40 feet (3 trials).
- 2. Throwing the Oat Bag for Height. 7.\ and 7B. Round oat bag weighing 4 pounds. Distance 17 feet—3 trials—(Throw with both hands.)

RULE. The contestant may jump from the ground and must hit a round disc, 20 inches in diameter with the 4-lb. oat bag.

3. Hand Walk on 16-foot Horizontal Ladder. 6A and 6B.

The contestant shall place herself under one end of the ladder and without assistance jump and catch overgrasp the rungs of the ladder. She shall then "walk" the full distance, moving one hand at a time. When she has reached the end she shall turn around and grasp the first rung of the ladder and then "walk" back on the rungs. Contestants may skip rungs by swinging and reaching forward, or they may return on sides of ladder. Only one trial shall be allowed.

50-Yard Dash. 6A and 6B.

The contestant must run 50 yards in 8 seconds.

Note—Contestants may choose one, but not both 6th year standards.

- 4. 30-Yard Dash. 5A and 5B. Time, 5 seconds.
- 5. Throwing the Indoor Base Ball. 4A and 4B. A Spalding indoor base ball 17 inches in circumference shall be used.

The ball must be thrown 30 feet.

Rules Governing the Base Ball Leagues of the Jersey City Public School Athletic Association

Rule No. 1. The City shall be divided into four districts for the present, and the names of the leagues shall be the Greenville League, Bergen League, Hudson City League, Eastern League.

Rule No. 2. Each District League shall have as officers a President and a Vice-President.

Rule No. 3. The President and Vice-President shall be selected from the principals of the city schools.

Rule No. 4. A schedule of games, never more than two a week, shall be made by the Presidents of the District Leagues and submitted to the Executive Committee of the Athletic Association for approval before the opening of the season.

Rule No. 5. The duties of the Presidents of the District Leagues shall be, besides those usually designated to this office, the providing and assignment of the baseball diamonds to the several teams, and the general oversight of the field of play during the contest.

Rule No. 6. The Vice-President, besides the usual duties of this office, shall aid and abet the authority of the President and may assist the President in assigning the diamonds.

Rule No. 7. All players must be eligible according to the rules of the Association. (See Rule 2, page 37; Rule 19 on following page.)

Rule No. 8. Any team playing ineligible members may be dropped from the League in consequence.

Rule No. 9. The official ball shall be adopted each year by the Association. For the year 1916 Spalding's Boys' League Ball shall be used exclusively in all games.

Rule No. 10. At least one principal or a teacher shall be in attendance to supervise each game.

Rule No. 11. On the field of play only the two captains shall be recognized and any dispute arising shall be settled between these two men and the umpire. The umpires have power to retire any player who questions their decisions, and they have

power, in case any team refuses to play, to award the game to their opponents, if play is not resumed within two minutes.

RULE No. 12. The official rules shall be the playing rules adopted according to the national agreement for the year.

Rule No. 13. Before the opening of the game the balls, in original unopened boxes, must be submitted to the President of the League and to the umpire to be passed upon. Each team must furnish one ball.

RULE No. 14. All baseballs and bats for the series will be furnished by the Association. A limited number of bats and balls for practice will also be furnished.

Rule No. 15. All trophies shall be provided by the Jersey City Public School Athletic Association and shall consist of five cups.

Rule No. 16. Each school shall raise funds for the support of its baseball teams, and shall own and supply all uniforms and baseball paraphernalia, except bats and balls.

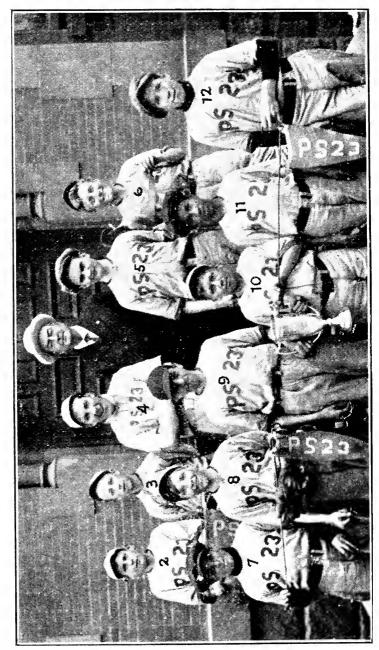
Rule No. 17. All championship games of the Baseball Leagues shall be played on the baseball diamonds approved of by the Executive Committee of the Association.

RULE No. 18. Any boy who receives money for playing in any sport shall be ineligible to play on the school teams.

RULE No. 19. Boys playing on any team must have been a member of the Jersey City Public Schools twelve weeks previous to the games.

Rule No. 20. The names of all players are to be sent to the President of the League before the season opens and by him furnished to each principal.

RULE No. 21. Spike shoes must not be worn. The penalty for their use is forfeiture of the game.



PUBLIC SCHOOL NO. 23-CHAMPIONS BERGEN LEAGUE, 1915.

Bergen League Base Ball Schedule, 1916

PRESIDENT, J. A. KOLB.

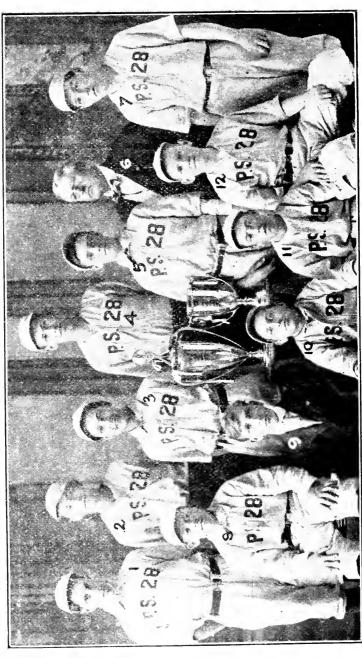
I RESIDENT, J. 11. ISOBE.	
May 8. Public School No. 237'sPublic School No. 11 Public School No. 22Public School No. 12	2
May 11. Public School No. 23	
May 15. Public School No. 23Public School No. 12. Public School No. 22Public School No. 17	2
May 18. Public School No. 23	2
May 22. Public School No. 17	2
May 25. Public School No. 11	3
May 29. Public School No. 17	3
June 1. Public School No. 12	3
June 5. Public School No. 22	3
June 8 Public School No. 12	7

Eastern League Base Ball Schedule, 1916

President, James T. Mackey
May 8.
Public School No. 175Public School No. 4 Public School No. 9Public School No. 32
May 12. Public School No. 1
May 15. Public School No. 1
May 19. Public School No. 1
May 22. Public School No. 3
May 26. Public School No. 4
May 29. Public School No. 3Public School No. 1 Public School No. 4Public School No. 9
Public School No. 9
June 5. Public School No. 32
June 9.
Public School No. 9Public School No. 3 Public School No. 32Public School No. 4

Greenville League Base Ball Schedule, 1916

PRESIDENT, W. J. TUERS May 10. Public School No. 14.....75..... Public School No. 20 Public School No. 24. Public School No. 34 May 12. Public School No. 14............Public School No. 15 Public School No. 24..... Public School No. 20 May 17. Public School No. 14......Public School No. 24 Public School No. 15...........Public School No. 34 May 19. Public School No. 14..........Public School No. 34 Public School No. 15...........Public School No. 20 May 24. Public School No. 15. Public School No. 24 Public School No. 20...... Public School No. 34 May 26. Public School No. 20...........Public School No. 14 Public School No. 34. Public School No. 24 May 31. Public School No. 15..........Public School No. 14 Public School No. 20............Public School No. 24 Tune 2. Public School No. 24. Public School No. 14 Public School No. 34..... Public School No. 15 June 7. Public School No. 34...... Public School No. 14 Public School No. 20...........Public School No. 15 June 9. Public School No. 24...........Public School No. 15 Public School No. 34. Public School No. 20

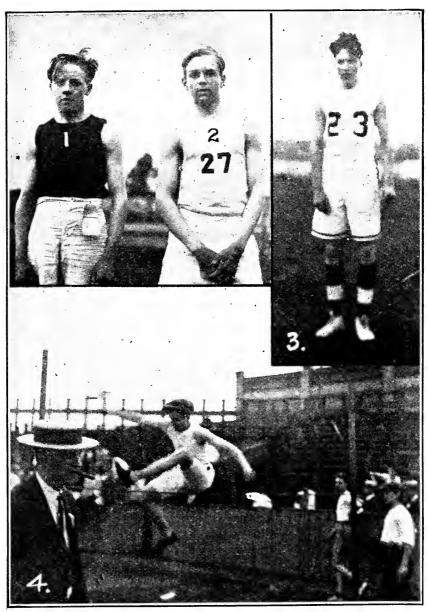


Paul Stohn; 2, Gerald Kahn; 3, Robert Lenholf; 4, Roy Dunbar; 5, Lyman Hannigan; 6, J. R. Fitzer, Principal; 7,
 William Tait; 8, Harry Payne; 9, Raymond Ahrend; 10, Lonis Graff; 11, Joseph Mutterer; 12, William Wein.
 Durstewitz, Photopublic School, No. 2—HUDSON CITY LEAGUE AND CITY CHAMPIONS, 1915.

Hudson City League Base Ball Schedule, 1916

PRESIDENT. H. B. HOWELL

May 2. Public School No. 6.....7's..... Public School No. 25 Public School No. 28...... Public School No. 8 May 4. Public School No. 27...........Public School No. 25 May o. Public School No. 8......Public School No. 27 Public School No. 25...........Public School No. 28 May 11. Public School No. 27......Public School No. 6 Public School No. 8............Public School No. 25 May 16. Public School No. 28. Public School No. 27 Public School No. 6......Public School No. 8 May 18. Public School No. 25............Public School No. 6 Public School No. 8............Public School No. 28 May 23. Public School No. 25...... Public School No. 27 Public School No. 6...........Public School No. 28 May 25. Public School No. 27......Public School No. 8 May 29. Public School No. 6......Public School No. 27 Public School No. 25...........Public School No. 8 May 31. Public School No. 27...........Public School No. 28 Public School No. 8......Public School No. 6



1, Valentine Werner, Public School No. 27, Winner, and, 2, Edward Hadden, Public School No. 11, Second—75-Yard Dash; 3, Hugh Behr, Public School No. 23, Winner—Running High Jump; 4, Senior High Jump.

Rules for Conducting an Athletic Meet

RULE I.

OFFICIALS.

Every athletic meet of the Public School Athletic Association shall be under the control of the following officials:

The executive committee.

A director of games.

A referee.

Three or more judges at finish.

Four or more field judges.

Three or more time keepers.

One or more starters.

One clerk of the course, with assistants.

One chief scorer.

One assistant scorer.

One official photographer.

One chief marshal, with assistants.

RULE II.

EXECUTIVE COMMITTEE.

The executive committee will have general supervision but shall not interfere with the officials in the performance of their duties. The referees shall settle all protests within their usual power, but those concerning a boy's amateur standing must be referred to the executive committee.

RULE III.

REFEREE.

The referee shall decide all questions relating to the actual conduct of the meet, whose final settlement is not otherwise covered by these rules. He shall disqualify for fouls and for ungentlemanly conduct. He shall decide all ties in the case of races by having the race run over. Ties in field events shall be decided as provided for in the rules applying to such events. In deciding such ties, the loser takes the next lower rank, the others being reduced one point in rank. The decision concerning the tie awards the points as well as the medals, there being no division of points. The referee alone shall signal the starter that everything is in readiness for the race or event. The referee may delegate his authority when it will facilitate the meet.

RULE IV.

JUDGES.

The judges shall stand at the finish line and pick the contestants in the order in which they cross the finish line. Their decision is final and without appeal. In case of disagreement the majority shall govern. A competitor crossing the finish line without a number shall not be selected by the judges unless with the consent of the referee. The judges shall measure all distances of field and track events.

RULE V.

THE TIME KEEPERS.

They shall time all events which are recorded by time and shall report to the referee. Should two of the three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted. Should all three disagree, the time marked by the intermediate watch shall be accepted. The flash of the pistol shall denote the actual start of the heat or race. In standard races, the dropping of the flag denotes the close of the race.

RULE VI.

THE STARTER.

The starter shall be in charge of the competitors after they have been assigned to their marks by the clerk of the course. He shall start the heat or race by the report of a pistol. The following formula shall be used by the starter:

- I. "On your marks."
- 2. "Get set."
- 3. The report of the pistol.

Until the pistol has been properly discharged, it shall not be considered an actual start, and in case the pistol goes off accidentally, the starter shall recall the competitors by discharging his pistol twice. A false start is one where any part of the person of a competitor touches the ground in front of his mark before the starter properly discharges his pistol. The following penalties are imposed by the starter for false starts: In all races up to and including 125 yards the competitor shall be put back one yard for the first and one more for the second attempt; in races over 125 yards and including three hundred yards, two yards for the first and two more for the second attempt; in races over 300 yards and including 660 yards, three yards for the first and three more for the second attempt; in races over 660 yards

and including 880 yards, four yards for the first and four more for the second attempt. In all cases, a third attempt disqualifies.

RULE VII.

THE CLERK OF THE COURSE.

The numbers of all competitors in each event shall be given to the clerk of the course. He shall afterwards assign them to their marks. The clerk of the course shall not allow any competitor to start without his number except with the consent of the referee. The assistant clerks of the course shall perform whatever duties are assigned them by the clerk of the course.

RULE VIII.

THE SCORERS.

The scorers shall score all points and announce the various winners and the schools which have taken the most points. The Assistant Scorers are subject to the Chief Scorer and shall perform whatever duties are assigned by him.

RULE IX.

DIRECTOR OF GAMES.

The director of games shall have general oversight of all arrangements and competitors on the field. He shall see that proper officials are present at each event. With the referee, he shall have power to make any changes in program or other arrangements which may seem necessary.

RULE X.

THE MARSHAL.

The marshal shall have general police supervision over the field and the competitors.

The marshal shall prevent any but officials and actual competitors from entering upon the track or inner circle or remain-

ing therein.

Any competitor entering into the inner circle and not there for the purpose of competition must leave at once upon the request of the marshal. If, after the second request, the competitor shall refuse to leave the track, the marshal or his assistants must report the matter to the referee, who may disqualify the offender.

RULE XI.

THE INNER CIRCLE.

Only officials and actual competitors shall be allowed within the inner circle. Competitors must leave the inner circle im-



PUBLIC SCHOOL NO. 6-WINNERS 20-YARD DASH.



PUBLIC SCHOOL NO. 8 GIRLS READY FOR PRACTICE.

mediately after finishing their event or when requested to do so

by the proper authorities.

No attendant, friend, or trainer shall be allowed to accompany the competitors on the track or in field.

RULE XII.

THE COMPETITORS.

The competitors shall report to the Clerk of the Course at the starting point of each competition, after they have been called to the inner circle.

Each contestant must provide himself with a number corresponding to the number opposite his name on the programme. This number he must wear conspicuously while he is competing, and without it he shall not be allowed to start except with the

consent of the referee.

If in a dash race the competitor does not confine himself to his own lane, but instead crosses into the lane of his opponent, the referee shall disqualify him. In all races the competitors shall run on that part of the track they were assigned without crossing over in front of their opponents unless they are at least two paces in advance of the nearest competitor. Any jostling, crossing in front of, or otherwise impeding the opponent will disqualify the offender from that event.

The referee shall further disqualify from the meeting any competitor, who in his opinion, is trying to lose, to coach, or otherwise to impede in any way the chances of another competitor. The referee shall notify the Executive Committee of such

offence, who will take further action.

Any competitor acting in an ungentlemanly manner, whether towards competitors, spectators, or officials, may be disqualified by the referee from all other participation in competition, and if the referee thinks the offence merits further punishment, he shall make full report on the case to the Public School Athletic Association for further action.

RULE XIII.

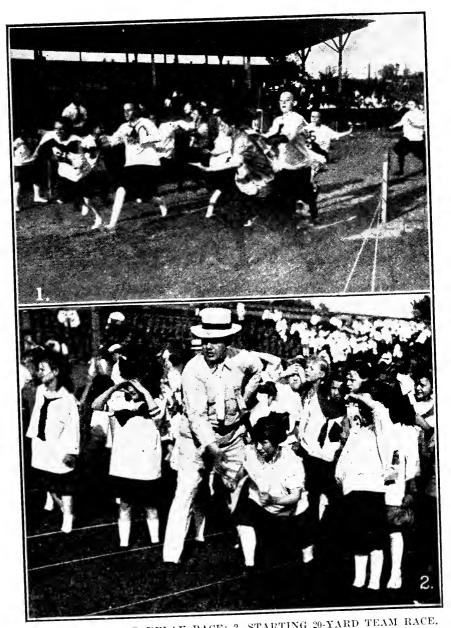
PROTESTS.

Protests against any competitor entering any games may be made verbally or in writing to the Executive Committee before the meet or to the referee during the meet.

If the protest is a claim of foul committed during the meet,

the referee shall decide the matter at once.

If the protest is a question of age, then the competitor must produce satisfactory proofs of same.



1, GIRLS' 440-YARD RELAY RACE; 2, STARTING 20-YARD TEAM RACE.

If possible the Executive Committee shall decide all protests before the events are run off. If it is a case requiring the taking of evidence, the Executive Committee shall decide the matter within one week after the date of the games.

When a contestant is allowed to compete under protest, the prize that he may win shall be withheld until the case is settled.

RULE XIV.

THE TRACK.

The distance to be run shall be measured on a line eighteen inches outward from the inner edge of the track.

In straightaway races, distance shall be measured in a direct line from the starting mark to the finish line.

RULE XV.

THE COURSE.

In straightaway races, lanes shall be laid out for each competitor by means of stakes driven into the ground to which cord is attached. Each contestant shall run in his own lane.

In all relay races position shall be assigned by lot. The names shall be printed in the program to conform with such assignment, the first mentioned being next to the pole, the others taking their respective positions. If possible there shall not be two contestants from one school in the same heat.

RULE XVI.

THE FINISH.

The finish of a course shall be represented by a line between two finishing posts drawn across and at right angles to the sides of the track. Four feet above the ground shall be placed a tape attached to both finishing posts.

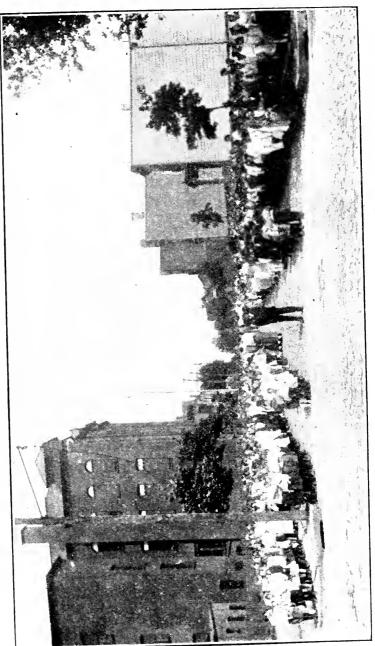
No competitor shall be considered to have finished unless his

entire body shall have crossed the finish line.

RULE XVII.

RELAY RACING.

A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the succeeding runner. Failure to do this shall disqualify the team in that event.



PUBLIC SCHOOL NO. 23 ENTRIES, 1915.

RULE XVIII.

RUNNING HIGH TUMP.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

The bar shall be a thin stick two inches in width, and shall rest on pins which shall project not more than three inches from the uprights. When the bar is knocked off it shall constitute a trial jump without result.

The height at which the jump shall commence and the height to which it shall be raised at each succeeding jump shall be decided by the field judges.

The height shall be measured from the middle of the bar to

the ground in a perpendicular line.

Each competitor shall be allowed three trial jumps at each height, and if on the third trial he shall fail, he shall be declared

out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial in a like order, after which those who have failed at the second trial may take their third and final trial at that height.

A competitor may decline to jump at any height in his turn and by so doing forfeits his right to jump again at the height

declined.

If, however, a competitor takes a trial at any height and fails

in his first trial he shall not pass the other two trials.

Running under the bar in making an attempt to jump shall be counted as a balk, and three successive balks shall constitute a trial jump.

There shall be no limit to the run a competitor may take

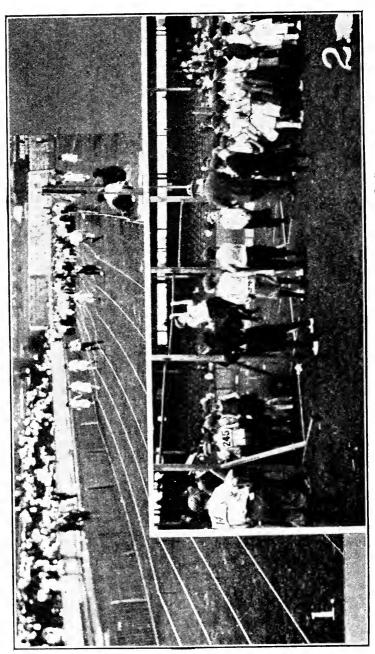
before attempting a jump.

In case of a tie, the officials shall raise or lower the bar at their discretion, and those competitors who have tied, shall be allowed one trial at each height.

RULE XIX.

RUNNING BROAD TUMP.

A joist two inches wide on the top shall be sunk at least five inches into the ground so that the top is flush with the running path. The outer edge of the joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break made in the soft ground, or in the turf or earth outside the soft ground, by any part of the body of a competitor.



1, 50-YARD DASH-STANDARD; 2, CHINNING THE BAR.

In front of the scratch line, the ground shall be removed to

a depth of three and a width of twelve inches outward.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and the competitors finishing one, two, three in the trial jumps shall each

have three more trial jumps.

The competition shall be decided by the best of all the trial

jumps of the competitors.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

RULE XX.

STANDING BROAD JUMP.

The feet of the competitor may be placed in any position, but shall leave the ground once only in making an attempt to jump. When the feet are lifted from the ground twice or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock back and forward lifting heels and toes alternately from the ground but may not lift either foot clear of the ground nor slide either foot along the ground in any direction.

In all other respects the rules governing the running broad

jump govern the standing broad jump as well.

RULE XXI.

CHINNING THE BAR.

Boys chinning in competition may take any grip they choose (over grip or under grip or over and under grip), but the chinning must be done without swinging and the arms must be extended to full length each time before the chin is raised above the bar. Good form will be insisted upon by the judges. A boy cannot start chinning from a jump; he must hang an instant before commencing.

RULE XXII.

COSTUME.

Only the boys with pants reaching approximately to the knees, and shirts that adequately cover the body shall be allowed to compete.

ATHLETIC CARNIVAL.

Hints on Training

The following are a few suggestions to boys who are endeavoring to better their physical well-being by competing in athletic amusements.

Running.

If you have speed and lack endurance, run more than your distance at three-quarter speed. If, on the other hand, you lack speed, run three-fourths your distance at top speed.

Running Broad Jump.

The sprints must be practised faithfully if one desires to excel in this event. Form should be acquired first of all. The essential points to work for are the stride, the take-off, and the rise after leaving the board. One must practice the sprint until he can reach the take-off board with the same foot in exactly the right place time after time without losing speed. After leaving the board the knees should be drawn up to the chin, and the eyes kept on a point some distance beyond where you are able to jump.

It is well to pace your distance and mark the third and seventh stride. Then you will have two marks to aid you in

striking the take-off.

Determine the location of take-off, and mark the third and the seventh strides from that, so the jumping foot strikes the take-off. Don't attempt too much jumping, for over-exertion may result in a strained tendon. Always limber up first by short sprints, jogs, and easy jumps. On the first attempt, try more for form than distance, and be sure of the take-off. The highest speed should be reached at the take-off and at the moment when the body is gathered for the jump. Unless the speed is considerable the jumper cannot throw his legs forward to the full limit. Get elevation in a jump. To get height, in practice use jumping standards placed some distance from the take-off. Keep the arms well forward and fix the eyes on a point considerably higher than the probable landing point. After leaving the take-off, the knees are drawn up under the chin. Just before landing, the feet should be thrust as far forward as possible. Don't fall back. After one has learned the broad jump, practice every other day. Practice sprints to get the

speed. Practice running at the take-off. Practice using only three or four steps to get the rise.

Running High Jump.

Every other day is often enough to practice high jumping. The first attempts should be made with a bar about two feet six inches. As form is acquired, gradually raise the bar. As in the running broad jump, the place where the stride is reached and the take-off must be determined by experiment and practised until it can be reached without changing the stride. Have just enough speed in your run to carry the body over the bar after you get your elevation. Emphasize the last four strides. Don't get any higher than is necessary. Practice running from the front and not from the side. Jump with a twist. Turn to the left if you take off with the left foot.

Shot Putting.

Heavy work in the gymnasium during the winter is one of the greatest aids toward putting one in condition for this event. Parallel bar exercises and bag punching are especially good. It will be necessary to learn the form from some person qualified to teach the different parts of the movement, for shot-putting is quite complicated, and knack as well as strength is required.

Develop the muscles of the arm and back. Practice with different weight shots, the heavier for form and the light one for speed. Stop before the fatigue point is reached. Practice putting from a stand first. Have the shot rest against the shoulder, the elbow well back of it. Use a hop, step and a jump, or a glide, step and a jump, in putting the shot. Finish facing the side of the circle. There should be no stop from start to finish. As the right side of the body comes to the front the right arm must be thrown straight outward with much the same motion as used in delivering a direct punch at a bag hanging about on a level with the head. Remember it is a sharp thrust rather than a throw. Put the body weight into the thrust.

General Training.

Don't overdo; don't work until fatigued.

Don't specialize.

Don't take too many hot baths.

Don't do any violent exercise before or one or two hours after a meal.

Strive for an all around development. Train faithfully for events. Always warm up before a severe exertion; always finish the day's work feeling that you could do more.

Always cool off after exertion with mild exercise.

Get plenty of sleep, plenty of fresh air day and night, and plenty of water.

Diet.

Don't drink coffee; don't eat pastry or candy; don't smoke cigarettes; they are fatal to athletes.

Don't over-eat or over-drink.

Eat fruit, beef, mutton, steak, eggs, vegetables, prunes, apple sauce, cheese, rice, peas, beans, tapioca, custard, bread pudding. Eat no bulky food the day of the race.

Be regular in the meals; have the same well cooked.

Clothing.

Light weight, sleeveless shirt, trunks that reach almost to the knees, shoes to fit comfortably, so that feet will not slide around in them and become chafed.

Training for Sprints.

Master the crouch start.

Don't look around or allow other competitors to worry you. Don't run with the head up in the air or bending backward. Don't throw the heels up in back; don't run on the heels; don't turn the toes out in running.

Don't make stride too long.

Don't run the full distance at top speed more than once or twice per week.

Don't stop suddenly after you have finished the race.

Don't do too much distance work when training for the sprints.

Use the crouch start for all sprints.

Grouch Start—Dig depressions in the track for the feet, one about seven inches in back of the mark and the other about twenty inches back of the first. "On your mark"—Place the fingers on the mark (arms straight), the left foot in the first depression and the right foot in the second, kneeling on the right knee. "Get set"—Raise the back (head well up), and throw the weight well forward so the body weight is divided between the hands and forward leg. At the sound of the pistol, take the hands away and dive straight forward. Make the first five or

six strides short in order to get into stride as soon as possible. Slow down by degrees. Always land running, that is, body inclined forward. Have the body well balanced for the start. Get your stride naturally; don't over-stride at any time. Run straight and true; don't let your competitor pull you out of stride; don't chop your stride; don't be nervous on your mark; don't expect to break records the first year. Alternate fast work one day and some slow work the next. Practice starting four or five times per day when practising the slow work.

Chinning the Bar.

Use the reverse grasp; that is, with the palms of the hands turned toward the body, and raise the body steadily, don't jerk it or try to swing up. Straighten the elbow in every extension. Practice once or twice every morning just before school and again in the afternoon after school. Don't raise the body more than ten times.

Standing Broad Jump.

It is permissible to toe over the take-off about one inch and thus get a firm support for the spring forward. The body should be inclined well forward, knees bent, the arms in back. In making spring, throw the arms forward, draw the knees up and shoot the legs forward. Practice the broad jump four or five times a day.

The Ethics of Competition

Obedience to Rules.

It is impossible to conceive of games without rules; for all they are necessary. They have been carefully thought out by experts, with the intention of making the games interesting, fair to all taking part, and, where great activity is required, as in basketball, football, soccer and baseball, to prevent injury to

the players.

Without question, before beginning to play, these should be read, and should be thoroughly understood. Then after a full understanding, the next thing is strict obedience to them. Unfortunately, this is not always the case; at times, in order to gain some advantage over an opponent, or opopsing team, there is a temptation to infringe upon the rules, but when one stops to consider the ethics of this, he must confess that such action is absolutely wrong. It is taking an unfair advantage, and may also lead to further infringement, which will spoil the game.

Abide by the Decisions of the Judges.

To see that rules are strictly carried out, a judge, an umpire, or a referee is appointed, and he is expected to be perfectly unbiased in his decisions. But however careful he may be, now and then he may make a mistake. At such times, the players should realize the difficulty of his position, and should abide by his decision.

Should, however, a decision be manifestly unfair, the captain of the team is the proper one to protest to the umpire; he is the one to do the talking, and while he is doing it, the other players should keep their places, for there is nothing more undignified than a crowd of baseball players, for instance, rushing towards the umpire, and clamoring their protests. As a matter of fact, they can accomplish nothing because of their noise. Such disputes must be settled by cool heads with quiet argument, and the captain is the one to do it.

If he is unable to make a satisfactory settlement, do not further delay the game, nor refuse to play, but continue under protest, and later such protest can be laid before the proper

authorities for their decision.

Gentlemanly Conduct.

Sometimes, when games are being played, remarks are made about the personal appearance of an opponent, or his race is held up to ridicule. Clearly this is not clean sport, and should not be indulged in for a minute. By all means avoid such personalities; ever keep in mind that rarely is a person responsible for his facial appearance, and that all races have good qualities, and have produced great works. A broad minded person looks for good points in others, rather than for some peculiarity.

Sometimes, when there has been a close or a wrong decision, individual players, or even whole teams, or the backers, or all, conduct themselves in a most unbecoming manner. They guy the umpire, hoot and yell, and sometimes indulge in bad language. The same thing sometimes happens when the game is going against a team, and then the opponents are treated in a similar way. It also sometimes happens that players quarrel among themselves, and indulge in unbecoming remarks. Sometimes, after a game, a team and its backers quarrel with their opponents.

All such conduct is not proper, and should be strictly avoided. Be courteous to your superiors, your umpires, and to one another.

It frequently happens that emphasis is put upon the poor plays of the opponents, rather than upon the good plays of one's own team. Such is also the attitude of the backers. It would seem better to applaud the good plays, rather than to jeer at the bad; be generous enough to appreciate and applaud the good plays of your opponents.

A courteous player never attempts to do injury to another.

Games won by such foul means were better lost.

Possess Good Nerve.

Frequently a team competes with one that is far its superior. This is the time when good nerve is required. Don't be discouraged, don't make petty complaints, don't give up the game, but play for all you are worth, and you will not only feel happier yourselves, but you will have the respect of others.

Team Work.

When two or more players are on a side, they constitute a team. Clearly when teams play, the individual players must subordinate themselves for the general good of the team. Each must keep in mind that a great responsibility rests upon him in his position, and that as far as possible he should keep that position. It may seem to him, at times, that he should like to

take a more active part in whatever play is being made at a particular time, but as a matter of fact failure to play his position might lose his side the game. During an entire game, he may not have opportunity to make any marked play, but if he has played his position to his utmost, he should be satisfied in the consciousness of having done his duty. It is this team work that means victory.

Honesty.

Frequently, a participant is the only one who knows the truth about a play, under dispute, and by keping silent, or by not telling the truth, points would be gained by his side. At such times, the best course is honesty; tell the truth even though it may hurt your side. Get above the idea of winning at any price.

Usually, classifications are made according to age, and at times there is a temptation to misrepresent the fact, in order to place one's self in a different class. Clearly this procedure will not stand the test of conscience, and should never be attempted.

Character.

In all athletics, keep in mind that while you play to win there is something higher than this. It is Character. Get self-control, play fair, be courteous to all, and ever act like a gentleman.

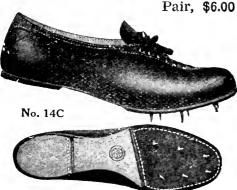
THE SPALDING (TRADE-MARK GUARAN

Spalding "Olympic Championship" Running and Jumping Shoes



Spalding "Monitor" Sprint Running Shoes Patent applied for.

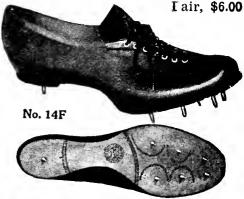
No. 3-0. Lightest running shoe Hand made Esspikes. pecially for 100 and 220 yards races. Strictly bench made throughout.



Spalding "Olympic Championship" Long Distance Running Shoes No. 14C. For long distance races on athletic tracks. Electric heels. flexible shanks. Hand made steel spikes in soles. No spikes in heels. Pair. \$5.00.



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Spalding "Olympic Championship" Hurdling Shoes

No. 14F. Made on same last as our Sprint Running Shoes. Hand made. steel spikes. Perfect shoes for hurdling. To order only. Not carried in stock. Pair, \$6.00

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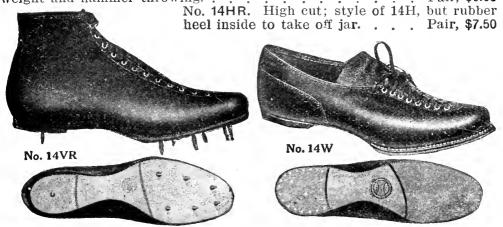
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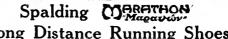


Spalding "Olympic Championship" Pole Vaulting Shoes
No. 14VR. High cut special last. Same as we supply to the record
holders. Hand made steel spikes in soles; one spike in heels. Rubber
heel inside to take off jar. To order only. Not carried in stock. Pair \$7.00.
On special orders we will supply Pole Vaulting Shoes with one high and one low cut
shoe at no extra charge.

Spalding "Olympic Championship" Walking Shoes
No. 14W. For competition and match races. Pair, \$5.00

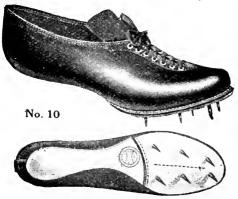
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No. MH. High cut but light in weight. Well finished inside so as not to hurt the feet in a long race. Special leather soles, will not wear smooth; light leather heels; black calfskin uppers. Hand sewed. . Pair, \$5.00 No. MO. Low cut. Blucher style. Otherwise same as No. MH.



Spalding Outdoor Running Shoes
No. 10. Fine quality calfskin; light

weight. Bench made. Steel spikes. Pair, \$5.00 ★ \$54.00 Doz.

spikes. Pair \$4.50 ***** \$48.00 Doz. The uppers of all Running and Jumping Shoes should be kept soft and pliable by using Spalding "Dri-Foot" Preparation. Can, 15 cents.

orders for one-half dozen pairs or more. Quantity prices NOT allowed on items NOT marked with *



Spalding Outdoor Jumping Shoes
No. 14J. Calfskin; machine made.

Satisfactory quality; durable. Steel

The prices printed in italics opposite items marked with \bigstar will be quoted only on

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Spalding Outdoor. Running Shoes



No. 11T. Calfskin, machine made; solid leather tap sole holds spikes Pair, \$4.50 ★ \$45.00 Doz. firmly in place. . . No. 11. Chrome leather, machine made. 3.50 * 36.00 Doz.

Juvenile Outdoor Running Shoes

Leather, good quality, complete with spikes. Sizes 12 to 5 Pair, \$3.00 No. 12. only.



Spalding Indoor Running Shoes

gated rubber soles, with spikes. Pair, \$4.50



Spalding Indoor Jumping Shoes

No. 111. Calfskin, special corru- No. 210. Hand made. Calfskin uppers; rubber tap soles, rubber Pair. \$5.00 heels.

For Indoor Shoes, especially when the feet perspire, the uppers should be kept soft and pliable with Spalding "Dri-Foot." It will extend the life of shoes. Can. 15e.

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Spalding Indoor Running Shoes









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Cork Athletic Grips

No. 2. Best quality cork, with elastic bands. Pr., 20c. No. 1. Selected cork, shaped. . . . Pair, 15c.



No. 112S. Good leather uppers and leather soles, short spikes.

Pair, \$4.00 ★ \$42.00 Doz.

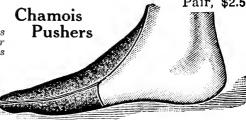
No. 112. Good leather, rubber tap soles. No spikes.

Pair, \$3.50 ★ \$39.00 Doz.

No. 114. Leather uppers; rubber tap soles. No spikes.

Pair, \$3.00 \bigstar \$33.00 Doz.

Juvenile Indoor Running Shoes
No. 115. Leather, good quality,
without spikes. Sizes 12 to 5, only.
Pair. \$2.50



No. 5. Fine Chamois skin. Should be used with running, walking, jumping and other athletic shoes, especially in long races or during all-around competition. Pair, 25c. No. L. Specially prepared leather; suitable for use with all athletic shoes. Pair, 25c.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS.
STORES IN ALL LARGE CITIES

Spalding Athletic Hammers

Spalding No. 16BH. "Official Olympic" Brass Shell Head 16-lb. Hammer (Pat'd Aug. 20, 1912), including ball-bearing swivel (Pat'd May 15, 1900). Supplied regularly with double triangle wire grip (Pat'd Dec. 22, 1914). Each. \$7.00

No. 12BH. 12-lb.Brass Shell Head Hammer. otherwise same as No. 16BH. Ea., \$6.50



No. 16IHB. 16-1b. Solid Iron Head Hammer, including Ballbearing swivel (Pat'd May 15, 1900), double triangle wire grip.

Each. \$4.00

No. 12IHB. 12-1b. Solid Iron Head Hammer, otherwise same as No. 161HB.

Each. \$3.50

8-lb. Solid No. 8IH. Iron Head Hammer without ball-bearing swivel. Double triangle grip. Ea., \$2.50

Extra Handles for Athletic Hammers



Single Grip Style (see cut). Used by many prominent throwers. Supplied separately with wire handle. . Each, \$2.00 Double Triangle Grip, complete with iron handle, furn-No. FH. ished separately.

Any regular Spalding Hammer listed above furnished with No. MG grip instead of double triangle style on special order, at an extra charge of \$1.25

Leather Case for Athletic Hammers

No. L. Leather Case, to hold either 12 or 16-lb. hammers. . . . Each, \$2.00

Spalding "Official Olympic" Circles

The shot and No. 9. 7 Foot Diameter Circle. weights are thrown from this size circle. Three sections, band iron, painted white. . Each, \$10.00 No. 19. 8 Foot 2 inch Diameter Circle. For throw-Three sections, band iron, painted ing discus. . . . Each. \$10.00 white.



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STORES IN ALL LARGE CITIES

	ict.	No	. 16BS.	Spaldir	·~ "	∩a	Sojal	\bigcirc 1	m	nio'	' Br	0.00	Sh	ااء	Shot	'6 lb
			Patented													
			r atented	Augusi	. 20,	. 17	12).	. •	•	•		•	•	•	Each,	
1	Schille	No	. 12BS.	12-lb.	Bra	ass	Shel	l.							"	5.00
	1000	No	. 16IS.	16-lb.	So	lid	Iron.								64	1.75
No.	12 IS.	12-lb.	Solid Iro	n											**	1.50
			Solid Le												4.6	6.00
			Solid Iro												**	5.00
			Solid Iro												**	1.25
No.			Solid Iro												44	1.00
No.			Leather												**	5.00
No.	5 .		Leather													4.00
140.	J .	J-10.	Leather	COVELEC				•	•	•	• •	•	•	•		7.00

Regulation 56-lb. Weight

No. 2. Used and endorsed by all weight throwers. Lead. Packed in box, guaranteed correct in weight.

Complete, \$15.00

Tambourine

No. 1. Required when throwing 56-lb. weight for height. Each, \$10.00

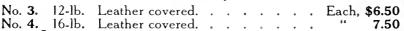
Spalding Indoor Athletic Shot—Rubber Covered

Patented December, 1905

Scientifically made; perfectly round; gives fine grip; has proper resiliency when it comes in contact with floor; wears longer than ordinary leather covered; lead dust will not sift out; always full weight.

Spalding Indoor Shot-Leather Covered

Method of construction prevents loss of weight even when used constantly.





Spalding Athletic Implements are best—First, because we have decided that no trouble or expense will be spared in their manufacture. Second, because we really know how to make them to give best results, and Third, because we have the special skilled workman and the machinery, tools, etc., necessary in the manufacture of special implements of this description.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS.
STORES IN ALL LARGE CITIES

The Spalding "Official Olympic" Discus No. 5



Made in accordance with I. A. A. F., A. A. U., and Intercollegiate A. A. A. A. A. Specifications.

This is a duplicate of the original sample submitted to the I. A. A. F. Congress at Lyons, France, June 19th, 1914, and which was so favorably commented upon and unanimously adopted for use in all future Olympic games.

No. 5. Spalding "Official Olympic" Discus, wood center. Each, \$5.00

Spalding Practice All-Steel Discus

Patented March 30, 1915

Same size and shape as the "Official Olympic" style, but made all of steel, which forbids its use as an official implement. It is recommended for practice and on account of all-steel construction will give maximum amount of service.

No. 15. Spalding "Practice" Discus, all steel. Each, \$4.00

Spalding "Youths' Official" Discus

Wood center. Official for Junior Discus Competitions.

No. Y. Spalding "Youths' Official" Discus, wood center. . . . Each, \$4.00

Spalding "Official Olympic" Javelin

Made in exact accordance with I.A.A.F., A.A.U., and Intercollegiate A.A.A.A. specifications.

No. 153. Spalding "Official Olympic" Javelin. Each, \$3.00

SPECIAL NOTE—Specifications in the Official Rules covering Javelin throwing are such that in complying with them the Javelin is necessarily quite frail; hence, if it is not thrown with the proper degree of skill it is easily broken and this through no fault of material or workmanship. We are unable, therefore, to guarantee Javelins against breakage while in use. We guarantee only against defective material or workmanship, and in 95 cases out of a 100 where a Javelin shaft is broken we have found it was the result of faulty manipulation or awkwardness on the part of the performer.

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ACCEPT NO THE SPALDING (TRADE-MARK QUARANTEES QUALITY



SPALDING VAULTING AND JUMP STANDARDS

Substantially built and measurements are clearly and correctly marked.

No. 116. Graduated in half inches, adjustable to 13 feet.

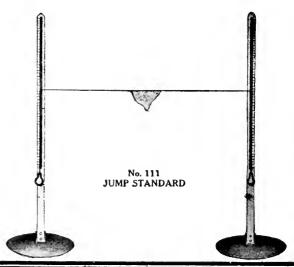
Complete, **\$15.00**

No. 111. Inch graduation, 7 feet high. . . . Complete, \$9.00

Cross Bars

No. 212. Officially correct. Hickory. . . Dozen, \$6.00 No. C. Cord, with Weight Bags at either end, for use on Vaulting Standard. . Each, \$2.00

We supply everything needed to fit out an athletic field in proper shape, in addition to everything needed by officials in charge. Write us about anything required but which is not shown in this catalogue. We are the "official outfitters" for all organized athletic bodies in the United States.



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A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES

SPALDING VAULTING POLES

SPECIAL NOTE—It is our endeavor always to supply Athletic Equipment of the very highest quality, and which is at the same time made of the most satisfactory material and in the best possible manner for the purpose intended.

We have discontinued making Spruce Vaulting Poles because we find ourselves unable to recommend their use owing to danger of breakage and possibility of serious injury to user. Bamboo poles we do recommend, having proven to our satisfaction that they are superior for vaulting to poles made of any wood we know of, and, furthermore, if they do break while in use, the danger of personal injury is very remote.

Spalding Shoes for Indoor Jumping, Hurdling and Pole Vaulting are made with insiderubber heel to take up the jar.

Owing to differences in climatic conditions it is impossible to keep Bamboo Vaulting Poles from cracking. These cracks or season checks do not appreciably detract from the merits of the poles, except where they are continuous. Much of the real strength of the pole is in the joints. All of our tests would seem to prove that poles with season checks may be accepted as safe and durable, except where the season check is wide open and extends through several sections on one side. Very frequently such splits or season checks can be entirely closed by placing the pole in a damp place for a day or so.

Spalding Indoor Bamboo Vaulting Poles

Tape wound at short intervals. Thoroughly tested before leaving our factory. Fitted with special spike.

10BV. 10 ft. Ea., \$4.00 | 14BV. 14 ft. Ea., \$6.00 | 12BV. 12 ft. " 5.00 | 16BV. 16 ft. " 6.00

Spalding Outdoor Bamboo Vaulting Poles

Tape wound at short intervals. Thoroughly tested before leaving factory. Rounded end wound with copper wire and soldered.

No. 100BV. 10 ft. Ea., \$4.00 | No. 104BV. 14 ft. Ea., \$6.00 No. 102BV. 12 ft. " 5.00 | No. 106BV. 16 ft. " 6.00

INDOOR POLE VAULTING BOARD

No. 117. Made up of sectional blocks of wood placed on end so that spike of vaulting pole will not split them. bound in by heavy wood frame.

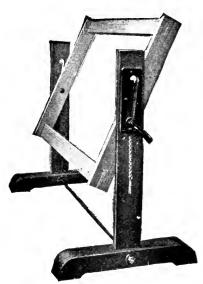
Complete, \$16.00



PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS.
STORES IN ALL LARGE CITIES

Spalding "Official Olympic" Hurdle

Patented December 22, 1914



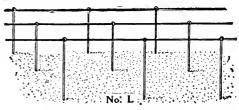
Three adjustment style. Exclusive Spalding model. This hurdle is made so that it is instantly adjustable to the three different heights required in hurdle races under various rules: 2 feet 6 inches, 3 feet, 3 feet 6 inches.

No. 31. Three adjustment. Pat. Dec. 22, 1914.

Each, \$ 4.00

Set of forty. 125.00

Spalding Lanes for Sprint Races



No. L. Sufficient stakes and cord to lay out four 100-yard lanes. Stakes are made with pointed ends and sufficiently strong so that they can be driven into hard ground. Set, \$15.00

10

Competitors' Numbers

Printed on Heavy Manila Paper or Strong Linen

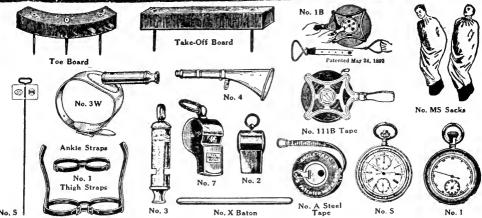
			Set				Set	Set
No. 1.	1 to	50.	\$.25	\$2.50	No. 4.	1 to 150.	\$.75	\$7.50
No. 2.	1 to	<i>7</i> 5.	.38	3.75	No. 5.	1 to 200.	1.00	10.00
No. 3.	1 to	100.	.50	5.00	No. 6.	1 to 250.	1.25	12.50

For larger meets we supply Competitors' Numbers, on Manila paper only, in sets as follows:

				-		•				
No. 7.	1 to	300.		Set,	\$1.50	No. 16.	1 to 1200.		Set	\$6.00
No. 8.	1 to	400.		4.6	2.00	No. 17.	1 to 1300.		44	6.50
No. 9 .	1 to	500.		4.6	2.50	No. 18.	1 to 1400.		"	7.00
No. 10.	1 to	600.		4.6	3.00	No. 19.	1 to 1500.		**	7.50
No. 11.	1 to	700.		66	3.50	No. 20.	1 to 1600.		44	8.00
No. 12.	1 to	800.		44	4.00	No. 21.	1 to 1700.		"	8.50
No. 13.	1 to	900.		44	4.50	No. 22.	1 to 1800.		44	9.00
No. 14.	1 to	1000.		4.4	5.00	No. 23.	1 to 1900.		44	9.50
							1 to 2000.			

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Spalding Take-off Board

The Take-off Board is used for the running broad jump, and is a necessary adjunct to the athletic field. Regulation size; painted white Each, \$3.00

Spalding Toe Board or Stop Board

Spalding Sector Flags

Used for marking the sector within which shot, hammer, discus, etc., must be thrown.

No. S. Spalding Sector Flags, metal. . . . Each, 75c.

Snalding Referees' Whistles

No. 7.	Nickel-plated, heavy metal whistle.	Each.	35c.
	Horn Whistle, nickel-plated, heavy metal	. **	75c.
No. 3.	Nickel-plated, special deep tone	4.0	25c.
NL 9	Vary reliable Popular design	3.7	25c

Spalding Foot Ball Officials' Whistles

No. 3W. Loudest and clearest whistle yet manufactured. Can be heard above crowd cheering in places as large as the Harvard Stadium or the Yale Bowl. Whistle is atto wrist band of leather. Each, \$1.75

Potato Race Equipment

Potatoes, official specifications. . . Set of eight, \$2.50 Receptacle for potato race. Each, 3.50

Official Harness for Three-Legged Racing

Made according to official rules. Complete set of straps for fastening men, and with extra straps for keeping fastenings at required height in long distance races.

No. 1. Official Harness for Three-Legged Racing. Set, \$2.50

Spaining Official Sacks for Sack Races

Strongly reinforced, will wear for a great length of time, and by their construction it is practically impossible for racers to work their feet free. These sacks are made in exact accordance with official regulations.

No. MS. Men's Sack, reinforced, 3 ft. wide. Each, \$1.50

Spalding Official Batons for Relay Races No. X. Hollow wood. Correct size, length and weight. Ea., 50c.

Patent Steel Tape Chain on Patent Electric

Official Athletic Steel Measuring Tape

No. 111B. 300 feet long; has etched markings throughout, feet, inches and eighths. Complete on reel, with convenient wood handle. Each, \$16.50

Patent "Angle" Steel Measuring Tape

Especially adapted for laying off base ball diamonds, tennis courts and all kinds of athletic fields, both outdoors and indoors. Right angles accurately determined; also equally good for straight or any kind of measuring. Enclosed in hard leather case, flush handles with patent automatic handle opener; all mountings nickel-plated. Accuracy guaranteed. No. A. 50 ft. long, ¾ in. wide. . . . Each, \$4.00 No. B. 100 ft. long, ¾ in. wide. 6.75

Spalding Stop Watches

No. S. Combined Chronometer and Stop Watch: Keeps good time and in addition to regular hands has split second hand. A very satisfactory time-piece as well as a useful article for athletes Supplied on special orders only. Each, \$15.00 No. 1. Stem winder, nickel-plated case, porcelain dial registered to 60 seconds by 1-5 seconds, fly back engaging and disengaging mechanism.

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STORES IN ALL LARGE CITIES

TRADE-MARK GUARAN THE SPALDING



SPALDING KNIT ATHLETIC SHIRTS



STOCK SIZES: 26 to 46 inch chest.

SPECIAL ORDERS

All shirts listed on this page (except where noted) we furnish in any colfurnish in any col-ors on special order, at no extra charge. No more than two colors in any striped garment.

> The prices printed in italics.

opposite items

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on orders for

one-half dozen or more at one time.



No. 600D. Each. \$2.00

No. 10E. Each. \$2.00 Spalding Sleeveless Shirts

No. 10E. Sleeveless. Best quality worsted. Carried in stock in Gray, White, Navy Blue, Maroon, and Black. Each, \$2.00 * \$21.60Doz. No. 600. Worsted. Carried in stock in Gray, White, Navy Blue, Maroon, and Black. Each, \$1.50 \$ \$15.00 Doz. No. 700. Sleeveless. Worsted. Light weight. Carried in stock in Gray, White, Navy Blue, Maroon, and Black. No special orders. Each, \$1.00 ★ \$10.80 Dos.
No. 75. Best quality cotton. White only. . Each, \$1.00 ★ \$\textit{SU.80 Doz.}\
No. 6E. Sanitary cotton. Bleached White, Navy Blue, Black, Maroon or Gray. . . Each, 50c. ★ \$5.40 Dec. No. 0. Cotton. Colors same as supplied in No. 6E. . . . Each, 25c.

Woven Necklace on Shirts

Nos. 600, 601 or 600\$ Shirts, on special orders only, with necklace stitched on of different color to body of shirt, for an extra charge of \$1.00 per garment.

No. 600S. Each. \$1.75 Spalding Sleeveless Shirts No. 600S. Worsted, with 6-inch-stripe

around chest, carried in stock in following combinations of colors: Navy with White stripe, Black with Orange stripe, Maroon with White stripe, Black with Red stripe, Gray with Cardinal stripe. Each, \$1.75 ★ S/S.OU Doz. No. 700S. Worsted, light weight. Six

inch stripe around chest. Stock color. combinations similar to No. 600S. Special order only. Each, \$1.25★\$/3.50 Doz. No. 6ES. Sanitary cotton, solid color body, with 6-inch stripe around chest, in same combinations of colors as No. 600S. . . . Each, 75c. ★ S8.10 Doz.

Spalding Quarter Sleeve Shirts No. 601. Worsted. Carried in stock in Gray, White, Navy Blue, Maroon, Black. Each, \$1.75 * SIS. (10 Dos Best quality cotton. White Each, \$1.00 ★ S/U.S/ Doz. No. 76. Best quality cotton. only. No. 6F. Sanitary cotton. Bleached White, Navy Blue, Black, Maroon or Gray. Each, 50c. * \$5.40 Doz.

Spalding Shirts, with Sash
o. 600D. Worsted, sleeveless, with No. 600D. woven sash of any color. Not carried in Each, \$2.00 ★ \$21.60 Doz. stock. No. 6WD. Sanitary cotton, sleeveless, with woven sash. Same combinations of colors as No. 600S. Not carried in or colors as No. 0003. Not carried as tock. Each, \$1.25 ★ \$13.50 Dos. No. 6ED. Sanitary cotton, sleeveless, solid color body, with sash stitched on. Same combinations of colors as No. 600S. . . . Each, 75c. ★ \$8.10 Doz.

Spalding Full Sleeve Shirts No. 602. Good quality worsted. Solid colors. Special order only. Not carried in stock. . Each, \$2.25 \(\pm \) \$24 00 Doz. No. 3D. Cotton. Flesh, White, Black. Each, \$1.00 ★ \$10.80 Doz.

Spalding Rowing Shirt

No.YR. Sanitary Cotton. Quarter sleeve. Supplied in White with any color silk binding around neck and sleeves and down front. On special order only. Each, \$1.25 * S/3.50 Doz.



No. 600V, Each, \$1.50

No. 600V. Worsted. Sleeveless. V-neck.

Supplied on special orders only, any

color. . Each, \$1.50 ★ \$15.00 Doz. No. 600NV. Same as No. 600V, but any

two colors, striping around neck. Special

orders only. Each, \$1.75 \starting \$18.00 Dec. No. 600N. Same as No. 600NV, but round instead of V-neck, Special orders only. Each, \$1.75 \starting \$18.00 Dos.

PRICES SUBJECT то CHANGE WITHOUT NOTICE



No. 601NV. Each, \$2.00

No. 601NV. Worsted. Quarter sleeves. V-neck. With stripes around neck and sleeves. Supplied on special orders only, one color body, two colors striping (any colors). Each, \$2.00 ★ \$27.60 Dez. No. 601N. Same as No. 601NV, but round instead of V-neck. Special orders only. . Each, \$2.00 * \$21.60 Doz.



No. 1L. Each, \$5.00

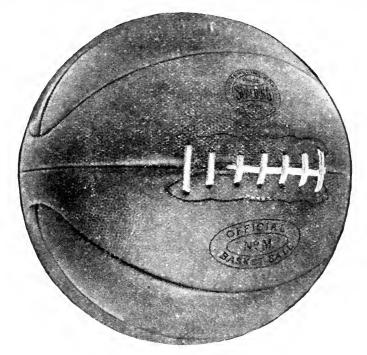
Spalding Leotards
For Gymnasium Use, Wrestling, etc.
No. 1L. Combining athletic shirt and trunks, Best quality worsted. Any color. Supplied on special order only. Ea, \$5.00 No. 10L. Good quality worsted, any color. Supplied on special order only, Ea. \$4.00 No. 12L. Worsted. Supplied on special orders only in any color. Ea., \$3.00

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SPALDING OFFICIAL BASKET BALL

Cover is made in four sections, with capless ends and of finest and most carefully selected pebble grain leather, special tanned. Extra heavy bladder, made especially for this ball, of extra quality pure Para rubber (not compounded). Each ball packed complete, in sealed box, with rawhide lace and lacing needle, and guaranteed perfect in every detail.

No. M. Spalding Official Basket Ball. Each, \$7.50



WE GUARANTEE this ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and, if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use. Owing to the superb quality of our No. M Basket Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee, which we will not allow.

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LIBRARY OF CONGRESS

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(Patented August 31, 1909)



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Is the only ball used in Championship games since that time and has now been adopted for twenty years more, making a total adoption of fifty-four years. Each ball wrapped in tin foil, packed in a separate box, and sealed in accordance with the latest League regulations. Warranted to last a full game when used under ordinary conditions.

No. 1. Each, \$1.25 Dozen, \$15.00

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ANY OF THE ABOVE BOOKS MAILED POSTPAID UPON RECEIPT OF 10 CENTS

For additional books on athletic subjects see list of Spalding's "Green Cover".

Primer Series on next page and Spalding's "Red Cover" Series on second page following.

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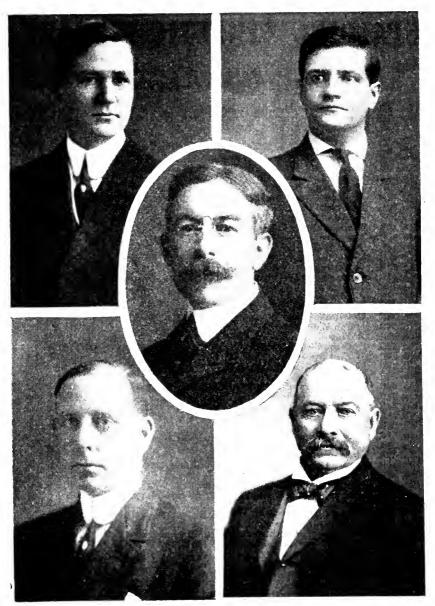
Series on next page.

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OFFICIAL HANDBOOK

JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION



Editing. Committee

N. L. CHANCE K. L. THOMPSON
HOWARD DARE WHITE

1915

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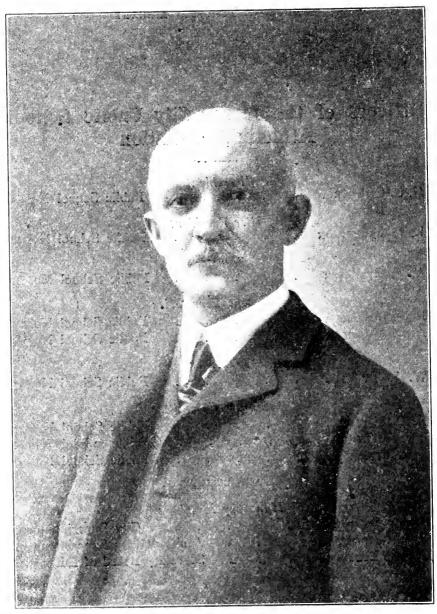
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Officers of the Jersey City Public School Athletic Association

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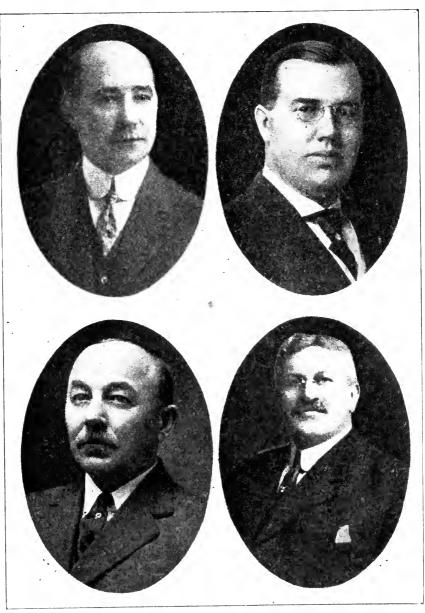


DR. HENRY SNYDER, Superintendent of Schools, Jersey City.

To the Pupils of the Public Schools

You all realize how deeply your principals and teachers are interested in your progress in school. Their activity in organizing the Public School Athletic Association and their willingness to do all the hard work necessary to provide you with the opportunities to take part in the games in which you delight are especially pleasing to you and to your friends. I hope you will show your appreciation of their efforts by joining in the games and sports which they will inaugurate, joyfully and enthusiastically. But remember always to do so fairly and honestly. Remember that the traits which you habitually show in your games are bound to stick to you all your lives. Remember that the boy who is unfair or dishonest in his play is going to be dishonest in business when he becomes a man. Remember that the foundation of real manliness and womanliness is laid in childhood. Always play hard that you may grow strong in body. That you may gain mental strength, the courage to win without boasting and to lose with good nature and without jealousy, always be guided by the spirit of "Fair Play."

HENRY SNYDER,
Superintendent of Schools.



N. L. CHANCE, President. A. F. STAUFFER, Secretary.

K. L. THOMPSON, Vice-President, J. R. FITZER, Executive Com. Officers Jersey City Public School Athletic Association,



ALBERT MONCRIEF, Asst. Secretary.

J. J. HOPKINS, Executive Com.

Officers Jersey City Public School Athletic Association.

The History and Purpose of the Jersey City Public School Athletic Association

Organized athletic activity has long been considered a necessary part of school life. This need has been felt in Jersey City in the past, and organizations have been formed to meet this need. For one reason or another, these organizations have not survived. Most, if not all, of these have confined their efforts to baseball. In the Spring of 1911, the Male Principals' Association took active steps toward organizing an athletic association, which should control and encourage all forms of athletics. President W. F. Babcock at that time appointed Dr. J. K. Light, W. B. Du Rie, and N. L. Chance as a committee to visit Newark, and ascertain the methods used in that city and the measure of success there met with. Their report was presented at a meeting held December 5, 1911. At that meeting, Mr. Elmer K. Sexton, of Newark, was present by invitation, and described very carefully how athletic affairs were managed in that city. On that date, the Public School Athletic Association of Jersey City was formed.

AIM.

The aim of the Jersey City Public School Athletic Association is to develop the rational activities of the boys and girls. Judicious athletic sports are peculiarly needed at this time by city children, first because of the changed conditions of life in the home and the factory. Nowadays the available source of muscular development is very largely arrested by the adoption of machines and mechanical contrivances. A city boy does very little of the manual labor which enabled his father and grandfather to grow up strong and virile. Secondly, the opportunities for play under normal conditions have been lost because there is no longer space left in our cities for athletic sports. Thus the boys themselves are unable to secure opportunities for their own development in these lines because of the large financial outlay necessary to hire athletic fields and because they are unable to attack the administrative problems which are necessary to run successfully associations of an athletic nature.

To run and jump and to test who is the stronger is a racial instinct. By judiciously directing these energies, strong and healthy men and women will be developed. More than that, the boys and girls will be educated in courteous conduct, to be patient and tolerant in defeat, generous and magnanimous in

victory. The influence of these meets, moreover, extends throughout all the schools and has a strong, wholesome effect.

School loyalty is worth while.

Physical vigor and power are just as closely related to the development of manhood and womanhood as they ever have been. Realizing this, the principals of Jersey City have undertaken to help boys and girls to enjoy activities which, without some outside assistance, of a financial and administrative nature, would be beyond their reach.

ORGANIZATION.

Very careful thought and attention have been given to the organization of the association and to the formation of rules and regulations which shall accomplish the objects and purposes for which it was formed and to prevent the evil practices which so

often work their way into competitive athletics.

The Association has decided not to make scholarship and deportment a qualification for participation in interschool events. These are too intangible and indefinite to give any firm basis for decisions, in case a participant is protested for such cause. Instead, it is our idea that each principal may regulate this matter for himself, and decide upon those who may compete with honor to the school.

The Association also recognizes its opportunity for exerting a wholesome moral influence, by developing an ideal of fairness, gentlemanly conduct, courtesy, and truthfulness in matters pertaining to competition. In fact, one of the great lessons to be learned from competition is manliness and cheerfulness in defeat, as well as humility in victory. Such a spirit characterizes the true athlete.

The Association has striven also to permit no competition which shall injure the physical organism in any way. Certain events, for instance, have been omitted, because they entailed too great a strain upon the heart and nervous system. Further, it has been provided that no boy shall enter more than two events, one a racing event, and the other a field event. Again, this classification makes it impossible for the older and larger boys to compete against the younger and smaller. It is further believed that no one should be permitted to compete, if shown to be unfit by the family or school physician. The physical record cards afford a good basis for such judgment. To provide for all around development and to give each an opportunity to win distinction, standard events have been provided. These standard contests are noncompetitive, and represent an attempt to meet a certain standard of proficiency in different events. A button is given to each child who is able to reach these standards.



FACSIMILE OF MEDAL GIVEN FOR PRIZE EVENTS.

Prize and standard events for girls have also been provided, that the girls, too, may share in the benefits of regulated athletics.

The first annual meet was held on June 7, 1912, at the Jersey City Base Ball Grounds. In this meet about 2700 children took part. The second annual meet was held at the same place on June 3 and 4, 1913. About 3700 children took part in this meet. The results of these meets will be found elsewhere in this book.

The financing of such an undertaking is a serious problem. The success of this organization has been due in large measure to the series of entertainments held in different schools throughout the city. Through these, the organization has been placed on a solid financial basis.

In the fall of 1913, an athletic carnival, under the direction of Mr. Gustav H. Bojus, was held. The object of this carnival was to start a fund for the purchase and equipment of an athletic

field for the use of the school children of Jersey City.

The association has begun its career auspiciously. Its further success depends upon the continued loyalty and co-operation of every principal, teacher, pupil, and last, but not least, the sympathetic, lasting co-operation, financial and moral, of every parent, and of every person interested in the schools and in the school children of Jersey City.



William Boyd; 2, Harry Tafero; 3, Harold Kelley; 4, William Miller; 5, Herbert Kimmerle; 6, Richard Trotter; A. F. Stauffer, Principal; 8, George Burch; 9, Albert Barsch; 10, William Peters; 11, Frank Norris. BASE BALL TEAM, PUBLIC SCHOOL No. 20-CITY CHAMPIONS, 1914.

Trophies

For the Second Annual Meet of the Jersey City Public School Athletic Association, June 3 and 4, 1913, won as follows:

CUP.

To the School Scoring the Most Points in the Meet (Girls and Boys).

Donor—Jersey City Public School Athletic Association.

Winner-School No. 27.

CUP.

To the School Scoring the Most Points in Standard Events (Girls and Boxs).

Donor—Henry Snyder, Sc.D., City Superintendent of Schools.

Winner-School No. 27.

CUP.

To the School Winning the Intermediate 600-yard Relay Race (Boys).

Donor—Mr. LeRoy J. Weed. Winner—School No. 17.

CUP.

To the School Winning the Junior Relay Race (Boys).

Donor—Mr. ISAAC VANHOUTON.

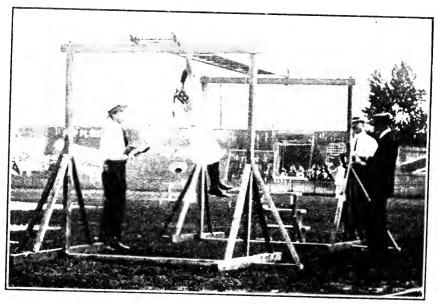
Winner-School No. 27.

CUP.

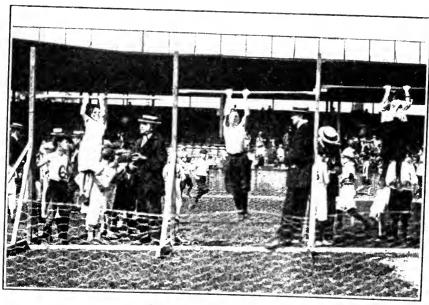
To the School Scoring the Most Points in Field Prize Events (Boys).

Donor—Jersey City Teachers' Association.

Winner—School No. 8.



HAND WALK ON THE LADDER.



CHINNING THE BAR.

CUP.

To the School Scoring the Most Points in Track Prize Events (Boys).

Donor—Dieges and Clust.
Winner—School No. 11.

CUP.

To the School Scoring the Most Points in Both Field and Track Prize Events (Boys).

Donor-E. A. Murphy, Assistant Superintendent of Schools.

Winner-School No. 11.

CUP.

To the School Winning the Oat-Bag Relay Race (girls).

Donor—Mr. Carl G. A. Schumann.

Winner—School No. 23.

CUP.

To the School Winning the Chariot Race (Girls).

Donor—The Whitehead & Hoag Co.

Winner—School No..11.

CUP.

To the School Winning the Flag Relay Race (Girls).

Donor—Mr. Еми Stohn.

Winner—School No. 23.

CUP.

To the School Winning the Potato Relay Race (Girls).

Donor—Peckham, Little & Co.

Winner—School No. 27.

CUP.

To the School Winning the 20-yard Relay Race (Girls).

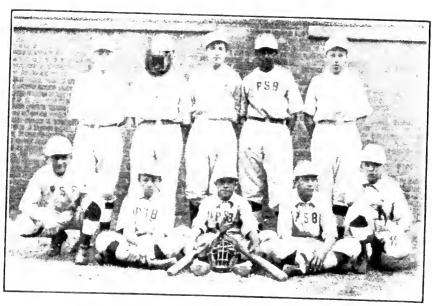
Donor—Jersey City Teachers' Club.

Winner—School No. 7.

j



BASE BALL TEAM, PUBLIC SCHOOL No. 15.



BASE BALL TEAM, PUBLIC SCHOOL No. 8.

CUP.

To the School Winning the Senior 880-yard Relay Race (Boys).

Donor—Egbert Alumni Association.

Winner—School No. 11.

CUP.

To the Team Winning in Baseball in the Hudson City District.

Donor—Dr. Joseph A. Nevin. Winner—School No. 28.

CUP.

To the Team Winning in Baseball in the Bergen District.

Donor—Prin. J. W. Wakeman.

Winner—School No. 22.

CUP.

To the Team Winning in Baseball in the Greenville District.

Donor—Prin. W. J. Tuers. Winner—School No. 15.

CUP.

To the Team Winning in Baseball in the Eastern District.

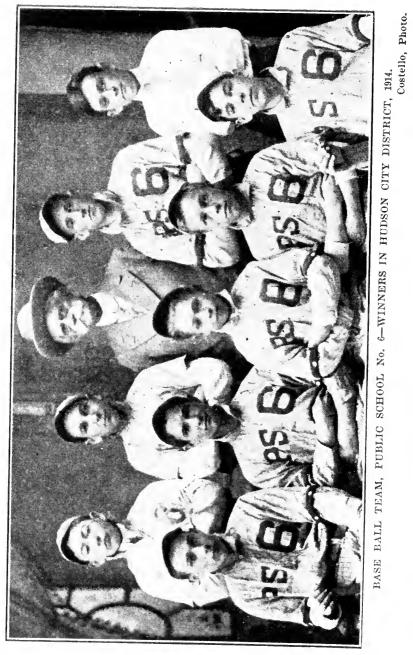
Donor—Mr. G. Fred Ege. Winner—School No. 32.

CUP.

To the School Winning the City Championship in Baseball.

Donor—Jersey City Male Principals' Association.

Winner—School No. 28.



Trophies

For the Third Annual Meet of the Jersey City Public School Athletic Association, June 12 and June 13, 1914.

CUP.

To the School Scoring the Most Points in the Meet (Boys and Girls).

Donors—Mark M. Fagan, A. Harry Moore, Geo. F. Brensinger, Frank Hague, Commissioners of Jersey City.

Winner-School No. 23.

CUP.

To the Grammar School Scoring the Most Points in Standard Events (Boys and Girls).

Donor—Dr. Henry Snyder,
City Superintendent of Schools.

CUP.

Winner-School No. 23.

To the Primary School Scoring the Most Points in Standard Events (Boys and Girls).

Donor—Jersey City Woman's Club.

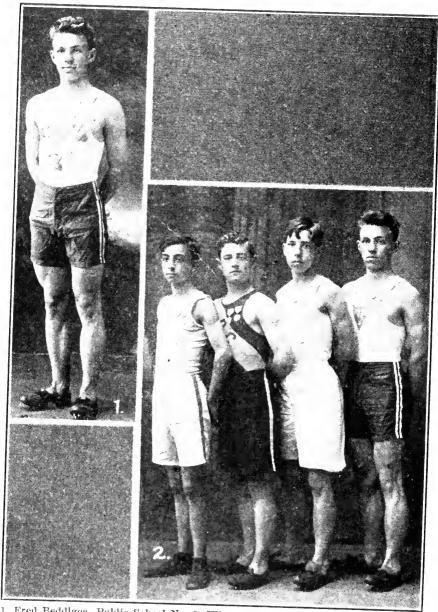
Winner—School No. 7.

CUP.

To the School Winning the Senior 880-yard Relay Race (Boys).

Donor-Dr. OLIVER R. BLANCHARD, President Board of Education.

Winner-School No. 17.



1. Fred Beddiges, Public School No. 3-Winner Sentor Broad Jump and 100-Yard Dash, 1914. 2, Relay Team, Public School No. 8. Durstewitz, Photos.

CUP.

To the School Winning the Intermediate 660-yard Relay Race (Boys).

* Donor-Mr. W. A. Dawson.

. Winner—School No. 9.

CUP.

To the School Winning the Junior 440-yard Relay Race (Boys).

Donor-Mrs. Henry B. Howell.

Winner-School No. 11.

CUP.

To the School Scoring the Most Points in Field Prize Events (Boys).

Donor—Jersey City Teachers' Association.

Winner-School No. 6.

CUP.

To the School Scoring the Most Points in Track Prize Events (Boys).

Donor-Mr. Geo. C. FIELD.

Winner-School No. 9.

CUP.

To the School Winning the Oat-Bag Relay Race (Girls).

Donor—Attendance Department.

Winner-School No. 23.

CUP.

To the School Winning the 440-yard Relay Race (Girls).

Donor—The Whitehead & Hoag Co.

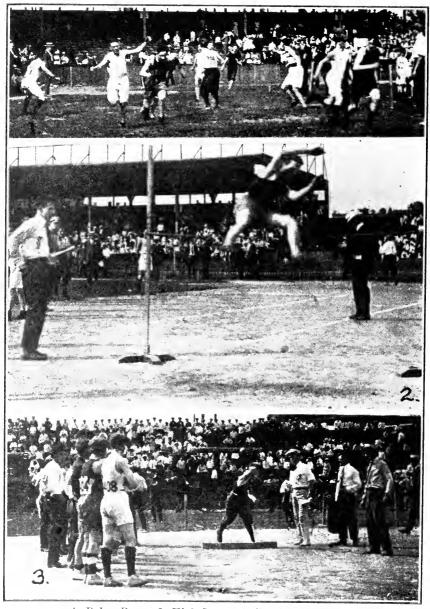
Winner-School No. 27.

CUP.

To the School Winning the Flag Relay Race (Girls).

Donor—Dr. Henry H. Brinkerhoff, Chief Medical
Inspector.

Winner-School No. 23.



1-Relay Race. 2-High Jump. 3-Putting the Shot. ANNUAL MEET JERSEY CITY P. S. A. A., 1914,

CUP.

To the School Winning the Potato Relay Race (Girls).

Donor—Peckham, Little & Co.

Winner—School No. 6.

CUP.

To the School Winning the 20-yard Relay Race (Girls).

Donor—Mr. A. J. McElroy.

Winner—School No. 27.

CUP.

To the School Winning in Base Ball in the Hudson City District.

Donor—Egbert Alumni Association. Winner—School No. 6.

CUP.

To the School Winning in Base Ball in the Bergen District.

Donor—Prin. J. W. Wakeman. Winner—School No. 17.

CUP.

To the School Winning in Base Ball in the Greenville District.

Donor—Jersey City P. S. A. A. Winner—School No. 20.

CUP.

To the School Winning in Base Ball in the Eastern District.

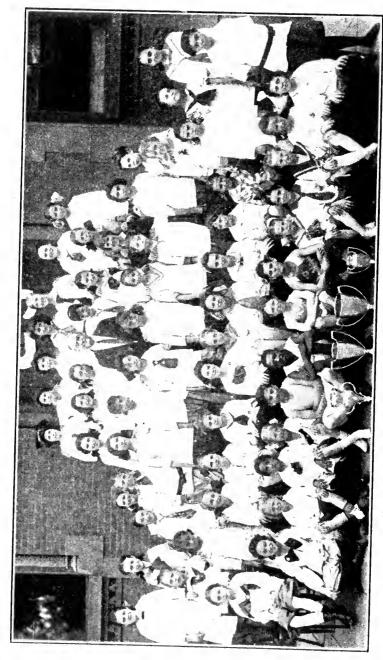
Donor—Mr. G. Fred Ege, Secretary Board of Education. Winner—School No. 9.

CUP.

To the School Winning the City Championship in Base Ball.

Donor—Jersey City Male Principals' Association.

Winner—School No. 20.



1914 PRIZE WINNERS, RELAY TEAMS, PUBLIC SCHOOL No. 23.

Boys' Prize Records, June 4, 1913

JUNIOR. 50-Yard Dash.

I. E. RoverPublic School No. 272. Frank BeersPublic School No. 113. John QuinnPublic School No. 144. S. EnglehardtPublic School No. 27
Time, $6 \frac{4}{5}$ seconds.
Running High Jump.
1. Frank Beers
Running Broad Jump.
1. D. EnglehardtPublic School No. 272. { O. MedeckPublic School No. 273. TresouthwickPublic School No. 114. Richard HorsefieldPublic School No. 115. Frank GassmannPublic School No. 25

440-Yard Relay.

Distance, 12 feet 2 inches.

1. H. Bartsch, S. Englehardt, L. Feiner, E. Rover,
E. Maiers (sub)Public School No. 27
2Public School No. 11
3 Public School No. 23
4Public School No. 17
Time, 1 minute 5 2/5 seconds.

INTERMEDIATE.

75-Yard Dash.

I.	Edward	Hahn	Public	School	No.	11
2.	Fred Fo	oote	Public	School	No.	17

3. Cephas Slater.....Public School No. 28

4. Raymond Darnier......Public School No. 12

Time, 9 2/5 seconds.

Running High Jump.

T	Charles	Esterbrook.	Public	School	No	8
١.	Charles	LSteinfook.	 . I upne	School	TAO.	C

2. B. Richardi......Public School No. 27

3. Robt. Sparks......Public School No. 8

4. Jos. Freligh......Public School No. 14

Height, 4 feet 4 inches.

Running Broad Jump.

	∫ Walter	Spellmeyer	Public	School	No.	8
Ι.	ે I. Ball€	erini	Public	School	No.	27

2. Harry Green......Public School No. 22

3. Edward Hahn.....Public School No. 11

4. Fred Mueller.....Public School No. 9

Distance, 14 feet 9 inches.

600-Yard Relay.

Ī.	Robert	Collins,	Fred	Foote,	Edw.	Sweeder	1.	
	Charles	Fay, Du	dley R	yer (su	h), Geo	o. Watso	11	
	(sub)				. Public	c School	No.	17
					~	~ .		

4.Public School No. 11

Time, 1 minute 21 seconds.

SENIOR.

100-Yard Dash.

I.	William	Hahn	Public	School	No.	11
				a	3.7	c.

- 2. Fred Beddiges.....Public School No. 8
- 3. Richard Entwistle......Public School No. 12
- 4. Carl Douglas.....Public School No. 14

Time, 11 1/5 seconds.

Running High Jump.

- 1. William Hahn......Public School No. 11
- 2. Hamlin Buckman.....Public School No. 11
- 3. John McNaught.....Public School No. 24
- 4. Alex McRae.....Public School No. 14

Height, 4 feet 10 inches.

Running Broad Jump.

- I. Fred Beddiges......Public School No. 8
- 2. Raymond Flad......Public School No. 9
- 3. Carl Douglas......Public School No. 14
- 4. Samuel Koenigsberg......Public School No. 9

Distance, 16 feet 2 inches.

880-Yard Relay.

- I. Hamlin Buckman, Wm. Hahn, Wm. Kennedy, Wm. Usher, Edmund Mills (sub), Arthur
- 2.Public School No. 8
 3.Public School No. 6
- 4.Public School No. 23

Time, I minute 49 seconds.



WINNERS OF POTATO RACE, PUBLIC SCHOOL No. 6. Costello, Photo.



POTATO RELAY, PUBLIC SCHOOL No. 8.

Girls' Prize Records, June 3, 1913

Oat-Bag Relay.

1. C. Corydon, Florence Folke, Loretta Green-
wald, Rose Javisiack, Mary Karpinski, Loretta
McFarland, Mary Mohr, Gladys Oliver, Sophia
Reinski, Ida Williams, Laura Evans (sub),
Marie Nagelmeyer (sub)Public School No. 23
2.
3Public School No. 6
4 Public School No. 27
Time, I minute 44 seconds.

Chariot Race (with Reins and Driver).

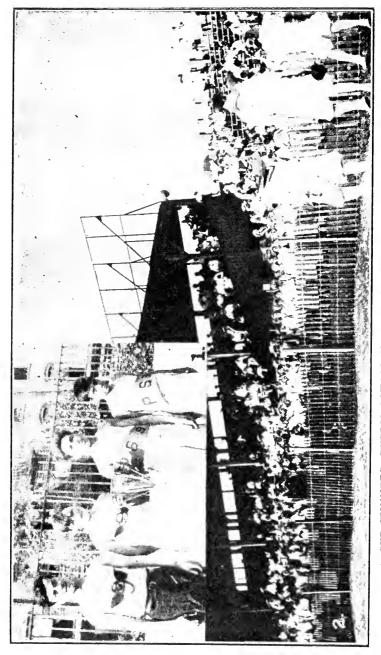
 Margaret Ely, Mabel Flagg, Jennie Gallagher, Gertrude Gavenesch, Ruth Ludlum, Florence Jameson (sub), Viola Mills (sub),

4.	P1	ublic	School	No.	20
3.	P	ublic	School	No.	9
2.	P1	ublic	School	No.	23
	Pu	ıblic	School	No.	11

Time, 15 3/5 seconds.

Indian Club and Flag Relay.

4.Public School No. 15
Time, 1 minute 44 3/5 seconds.



1-CUP WINNERS, PUBLIC SCHOOL No. 9. 2-GRAND STAND, GIRLS' MEET, 1914.

Potato Relay.

I.	Aline Logan, Irene Lockhead, V. Lax, M.
	O'Brien, V. Schroeder, E. Wagner, F. Bennis
	(sub), Hannah Cohn (sub)Public School No. 27
2.	Public School No. 8
3.	Public School No. 9
4.	Public School No. 20

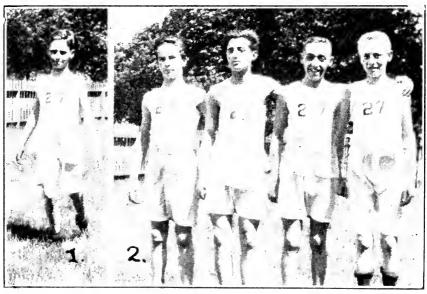
Time, 3 minutes 36 2/5 seconds.

20-Yard Team Relay.

Time, I minute 16 2/5 seconds



1, Raphael Griffo; 2, Thomas Braney: 3, Rocco Esposito; 4, Joseph Faccone. 600-YARD RELAY TEAM, PUBLIC SCHOOL No. 9.



1—otto Medeck, Public School No. 27, Winner Junior Broad Jump. 2—Intermediate Relay Team, Public School No. 27, Winners Second Place.

ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Boys' Prize Records, June 13, 1914

JUNIOR.

50-Yard Dash.

1. E. Rover.Public2. Adrian RichardsPublic3. Henry SylvesterPublic4. Frank PalmerPublic	School School	No.	17
Time, 6 3/5 seconds.	School	No.	17
Running High Jump.			
I. Edward MichelsPublic	School	No.	7
2. Clarence TriboutPublic	School	No.	8

4. Sherwood Ziebolz...........Public School No. 17 Height, 4 feet 2 inches.

3. Alfred Fuller......Public School No. 6

Running Broad Jump.

I.	O. MedeckPublic	School	No.	27
2	{ Wilfred Oliver Public Henry HotoppPublic	School School	No.	23
4.	Henry HotoppPublic	School	No.	8
4.	Percy BartlettPublic	School	No.	15
	D' /			

Distance, 12 feet 7 inches.

440-Yard Relay.

I. Garney Townsend (sub), Richard Horsefield,
Raymond Harper, Everett Warren, Harry
West, Albert Zocher (sub)Public School No. 11
2Public School No. 27
3Public School No. 9

4.Public School No. 23

Time, 59 1/5 seconds.

INTERMEDIATE.									
75-Yard Dash.									
1. Harry GreenPublic School No. 222. Joseph FacconePublic School No. 93. Frank BeersPublic School No. 114 F. KnappPublic School No. 27Time, 8 4/5 seconds.									
Running High Jump.									
1. ArthurPatterton									
Running Broad Jump.									
1. Harry Green									
Putting 8-lb. Shot.									
1. Rocco Esposito									
660-Yard Relay.									
1. Pierre Boquel (sub), Thomas Barney, Rocco Esposito, Joseph Faccone, George McLaugh- lin, Benjamin Silverstein (sub). Public School No. 9 2									
4									

SENIOR.							
1. Fred BeddigesPublic School No. 8							
2. Joseph Duane							
3. Edward HahnPublic School No. 11							
4. Charles RooneyPublic School No. 6							
Time, 10 4/5 seconds.							
Running High Jump.							
1. Edward HahnPublic School No. 11							
2. W. PerkinsPublic School No. 27							
3. Lester FordPublic School No. 6							
4. Dudley ReyerPublic School No. 17							
Height, 4 feet 10 inches.							
Running Broad Jump.							
1. Fred BeddigesPublic School No. 8							
2. Joseph ConroyPublic School No. 12							
3. Stanley PeelerPublic School No. 23							
4. Louis BorskyPublic School No. 6							
Distance, 17 feet 1 inch.							
880-Yard Relay.							
1. F. Bowyer (sub), Dominick Casciano (sub),							
Harold Cooke, Russell De Lorme, Percy							
Dutcher, Edward SweedenPublic School No. 17							
2Public School No. 8							
3Public School No. 6							
4Public School No. 11							
Time, 1 minute 39 seconds.							
Putting 12-lb. Shot.							
1. Richard MacaulayPublic School No. 17							
2. Carl MarksPublic School No. 6							
3. Arthur SpeyerPublic School No. 17							
4. Charles Du BoisPublic School No. 6							
Distance, 30 feet 3 inches.							

Girls' Prize Records, June 12, 1914

Oat-Bag Relay.										
1. Hazel Browne, Eileen Casey, Lillian Dunn,										
Ruth Draney, Hannah Donnellan (sub), Mar-										
garet Fischer, Lillian Leath, Anna O'Neill,										
Rose Perkel, Sophie Reincken, Loretta Schu-										
mann, Catherine Sharkey (sub)										
Public School No. 23										
2 Public School No. 28										
3Public School No. 9										
4Public School No. 8										
Time, 1 minute 37 seconds.										
Time, Timmute 3/ Seconds.										
440-Yard Relay.										
I. H. Andrews (sub), L. Banberger, A. Becker,										
E. Brandt, M. Gertcher, M. Jurisch, P. Lange,										
L. Mathien (sub), M. McGrath, M. O'Brien,										
Public School No. 27										
2Public School No. 9										
3 Public School No. 23										
4Public School No. 8										
Time, 1 minute 5 3/5 seconds.										
Time, Timilate 5 37 5 octobrio										
Indian Club and Flag Relay.										
1. Helen Albert, Marjorie Brown, Veronica										
Burns, Mary Kowaleski (sub), Mary Matticola										
(sub), Alice Rosa, Columbia Taylor, Edna										
WalshPublic School No. 23										
2										
3Public School No. 14										
4Public School No. 9										

Time, 43 seconds.

Potato Relay. 1. Eva Ennis, Edna Gemmel, Dolores Kreigh (sub), Dorothy Ludwig, Clara Lesiak, Rosanna Mannion, Martha Ochsenmeier, Katherine Ramsey, Minerva Smith, Louisa Theesfeld (sub), Anna Tuttle, Jennie Walsh, Public School No. 6 2
- milet 1/ 4/5 seconds.
20-Yard Relay.
 A. Adam (sub), E. Andebert, S. Horlasher, A. Kleindienst, W. Lawson, L. Lax, G. Prigge, M. Rebele, M. Richardi, E. Weimer, C. Zemini, J. London (sub)
2
Time, 36 2/5 seconds.

Awards Made at the Meet in June, 1913

PRIZES.

STA	RELAYS—GIRLS				RE	LAYS	ь—В	oys	FIELD AND TRACK—BOYS				TIES		
No.	Boys	Girls	1st	2d	3d	4 t h	1st	2d	3d	4 t h	1st	2d	3d	4 t h	
1	23	6													
3	6	2													
4	9	5													
6	96	64		1	1				2						
7	26	22	1												 one
8	73	36		2	1			1			3	3	2		2d one 1st
9	78	44		1	2							1		2	
11	41	40	1			1 1	1	1		1	4	2	1	1	4th
12	20	37											1	1	.
13	9	5													
14	23	20											2	3	
15	69	40				1	.							1	4th
17	51	17					1			1		1			.
18															
2 0	48	37				2									
22	16	18										1			
23	95	77	2	1					1	1				1	4th
24	47	40											1		
25	30	16						1						1	4th
2 6	11	8													
27	00	70													one 2d
27	89	79	1			2	1				3	2		1	one
28	78	72											1		
29	7	8													
30.,	1	!]	
31	8	19													
32	6	16													
33						!									
34															
35						!									
FF - 4 - 1	000	700													

Total 960 728

Awards Made at the Meet in June, 1914

PRIZES.

									_						
School Standards				RELAYS-GIRLS				RELAYS—BOYS				FIELD AND TRACK-BOYS			
No.	Boys	Girls	1st	2d	3d	4th	1st	2d	3d	4th	1st	2d	3d	4th	
1	13	10													
3	8	11	'												
4	7	3								'					
6	203	142	1						1	1	1	1	2	3	
7	40	49			. . .						1				
8	80	33				2		1	1		2	1	2	2	2d
9	59	90		1	1	2	1		1		1	2	1		
10	4	7													
11	50	39					1			1	1	1	2		
12	25	13	1									1		1	
13		2													
14	26	34	1		1										
15	69	39												1	
17	61	11	1				1				1	1	1	3	
18	1	3	1									-	_	-	
19	7	3													
20	55	51											· · ·		
22	9	12									2		· · ·		
2 3	242	142	2	2	1					1			1		
24	56	47	ļ. <u>.</u>			$ \mathbf{i} $							_		2d
25	23	29													
26	5	-0			1							1			• • • •
27	138	71	2	1	1			2			2	2			• • • • •
28	71	40		1				-			_	-		1	• • • •
29	8	1												• • •	• • • •
30	1	i													
31	17	11											• • • •		• • • •
32	7	21									[• • • •
34	7	19						• • •					1		• • • •
				• • • • •	1	!	!								
Total	11292	932	1												

Total | 1292 | 932 |

Summary of Events

Held during the year 1913 under the direction of the Jersey City Public School Athletic Association:

- 1. Girls' Athletic Meet, at Jersey City Base Ball Park, June 3d.
- 2. Boys' Athletic Meet, at Jersey City Base Ball Park June 4th.
- 3. Four Base Ball Leagues. 18 teams.

At the Athletic Meet, June 3d and 4th, there were provided:

5 Girls' Prize Events. 5 Girls' Standard Events. 12 Boys' Prize Events. 11 Boys' Standard Events.

The number of pupils who qualified in the Standard Events were as follows:

For Girls-

Throwing Basket Ball for Distance	115
Throwing Oat-Bag for Height	113
Hand Walk, 16-foot Ladder	197
30-yard Dash	157
25-yard Dash	146

For Boys-

Junior Standing Broad Jump	75
Junior Chinning the Bar	48
Junior 50-yard Dash	369
Intermediate Running Broad Jump	73
Intermediate Running High Jump	81
Intermediate Chinning the Bar	53
Intermediate 75-yard Dash	186
Senior Running Broad Jump	15
Senior Running High Jump	13
Senior Chinning the Bar	7
Senior 100-yard Dash	40

Summary of Events

Held during the year 1914 under the direction of the Jersey City Public School Athletic Association:

- I. Girls' Athletic Meet, at Jersey City Base Ball Park, June 12th.
- 2. Boys' Athletic Meet, at Jersey City Base Ball Park, June 13th.
- 3. Four Base Ball Leagues. 19 teams.

At the Athletic Meet, June 12th and 13th, there were provided:

5 Girls' Prize Events.

5 Girls' Standard Events.

14 Boys' Prize Events.
11 Boys' Standard Events.

The number of pupils who qualified in the Standard Events were as follows:

For Girls-

Throwing Basket Ball for Distance	123
Throwing Oat-Bag for Height	112
Hand Walk, 16-foot Ladder	27 I
30-yard Dash	203
Indoor Base Ball	223

Total		,
1 Otal	9s	۷

For Boys-

Total

0, 50,0	
Junior Standing Broad Jump	141
Junior Chinning the Bar	99
Junior 50-yard Dash	530
Intermediate Running Broad Jump	7.4
Intermediate Running High Jump	64
Intermediate Chinning the Bar	59
Intermediate 75-yard Dash	23I
Senior Running Broad Jump	12
Senior Running High Jump	22
Senior Chinning the Bar	
Senior 100-yard Dash	56
·	

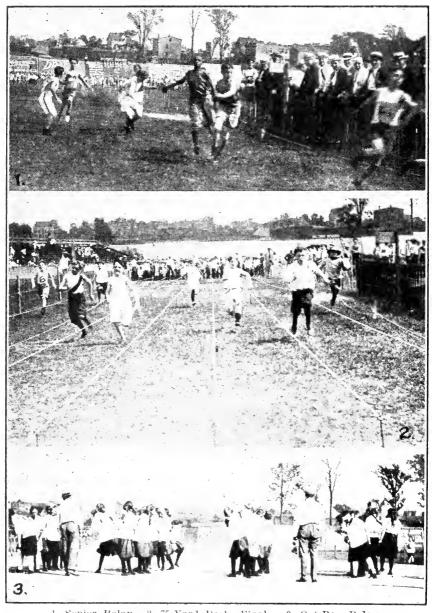
Comparative Statement of Entries for the Meets of 1912 and 1913

					BO	TOTAL		GRAND					
	GIRLS.		Junior.		INTER- MEDIATE.		SENIOR.		Boys.		TOTAL.		
Sch No.	1912	1913	1912	1913	1913	1913	1912	1913	1912	1913	1912	1913	
1	63	21	25	18	30	20	3	5	58	43	121	6	
3		9		14		8		2		24		3	
-1	19	15	11	10	5	7	6		22	17	41	3	
6	59	168	43	92	55	72	13	17	111	181	170	34	
7	18	28	9	56		6		1	9	63	27	9	
8	56	97	32	66	55	47	26	17	113	130	169	22	
9	57	127	26	65	29	81	9	30	64	176	121	30	
11	71	81	38	28	30	21	11	9	79	58	150	13	
12	23	61	24	20	13	16	8	9	45	45	68	10	
13		17		20	4				4	20	4	3	
14	67	47	50	19	29	17	11	7	0	43	157	9	
15	51	118	29	96	6	37		10	35	143	86	26	
17	18	56	4	63	12	31	4	5	20	99	38	15	
18	3		10						10		13		
20	96	77	56	41	43	45	13	10	112	96	208	17	
22	99	63	56	35	26	19	5	9	87	63	186	12	
23	120	149	46	65	51	73	15	11	112	149	232	29	
24	111	101	40	53	43	42	13	11	96	106	207	20	
25	26	52	15	30	8	22	7	8	30	60	56	11	
2 6			14	12	29	2			43	14	43	1	
27	83	159	30	84	59	47	15	25	104	156	187	31	
28	111	193	27	79	41	48	20	20	. 88	147	199	34	
29		12		15						15		2	
30			- 5	8	2				7	8	7		
31	12	25	15	48	7	s			22	56	34	8	
32	96	40	37	21	36	6	8	1	81	28	177	6	
33		1		1						1			
34			16						16		16		
	1,259	1,717	658	1,059	613	675	187	207	1,458	1,941	2,717	3,65	

Secretary.

Comparative Statement of Entries for the Meets of 1913 and 1914

	Girls		·		Вс	Total Boys		GRAND TOTAL				
School No.			JUNIOR		INTER-					SENIOR		
	1913	1914	1913	1914	1913	1914	1913	1914	1913	1914	1913	1914
1	21	37	18	18	20	28	5	8	43	54	64	91
3	9	36	14	17	8	12	2	4	24	33	33	69
4	15	18	10	26	7	12		1	17	39	32	57
6	168	260	92	157	72	142	17	41	181	340	349	600
7	28	136	56	88	6	1	1		63	89	91	225
8	97	194	66	113	47	56	17	23	130	192	227	421
9	127	208	65	93	81	82	30	26	176	201	303	409
10		24		18						18		42
11	81	91	28	63	21	32	9	12	58	107	139	198
12	61	78	20	31	16	23	9	9	45	63	106	141
13	17	4	20	5		3			20	8	37	12
14	47	92	19	34	17	30	7	16	43	80	90	172
15	118	141	96	93	37	38	10	5	143	136	261	277
17	56	56	63	42	31	37	5	13	99	92	155	148
18		7		11						11		18
19		12		7						7		19
20	77	127	41	47	45	49	10	14	96	110	173	237
22	63	53	35	15	19	11	9	3	63	29	126	82
23	149	376	65	231	73	172	11	41	149	444	298	820
24	101	158	53	94	42	52	11	11	106	157	207	315
25	52	63	30	40	22	21	8	11	60	72	112	135
26		10	12	15	2	1			14	16	14	26
27	159	138	84	98	47	59	25	14	156	171	315	309
28	193	156	79	71	48	57	20	20	147	148	340	304
29	12	10	15	17					15	17	27	27
30			8	7					8	7	8	7
31	25	23	48	41	8	7			56	48	81	71
3 2	40	69	21	16	6	8	1	8	28	32	68	101
33	1		1						1		2	
34				21		. 2				2 3		23
	1717	2577	1059	1529	675	935	207	280	1941	2544	3658	5256



1-Senior Relay. 2-75-Yard Dash, Finals. 3-Oat-Bag Relay.

ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Constitution of the Jersey City Public School Athletic Association

NAME.

This Association shall be known as the "Jersey City Public SCHOOL ATHLETIC ASSOCIATION."

ARTICLE I.

OBJECTS.

The particular object for which the Association is formed is to promote useful athletics and gymnastics among the pupils in the elementary and high schools of Jersey City, New Jersey; in connection therewith, to cooperate with and encourage athletic associations, provide athletic grounds and teachers, organize games, offer prizes, and conduct competitions.

ARTICLE II.

MEMBERSHIP.

Section I. The active membership shall consist of all the male principals of Jersev City.

Sec. 2. The associate membership shall consist of all the female

principals of schools of Jersey City.

SEC. 3. Honorary officers and members may be elected.

ARTICLE III.

MEETINGS.

Section 1. The annual meeting of the Association for the election of officers and for such other matters as may properly come before it shall be held on the first Wednesday in October in each year, due notice of which meeting shall be sent by the secretary to each member. Election shall be by ballot.

Sec. 2. At any meeting of the Association, six members shall

constitute a quorum.

ARTICLE IV.

OFFICERS.

SECTION 1. The officers of the Association shall consist of a president, vice-president, treasurer, secretary, and two assistant secretaries. Other assistants to the secretary may be appointed

by the president.

SEC. 2. The officers of the Association shall be annually elected at the meeting of the Association held the first Wednesday in October.

Sec. 3. The president, vice-president, and treasurer shall

perform the duties usually performed by such officers.

SEC. 4. The secretary shall attend meetings of the Association and of the executive committee and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by a member. He shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of a secretary. He shall have the custody of all the papers relating to the affairs of the Association.

Sec. 5. The assistant secretaries shall perform such duties as are delegated to them by the secretary and shall assist him inpreserving the records and taking the scores of all official events.

ARTICLE V.

COMMITTEES.

Section I. There shall be an executive committee composed of the president, vice-president, treasurer, secretary, assistant secretaries, and three other active members, appointed annually by the president, which shall have all powers of the Association, when the Association is not in session. This committee shall meet at the call of the president or of the vice-president. Four of this committee shall constitute a quorum.

SEC. 2. The executive committee shall have control and man-

agement of the affairs and funds of the Association.

SEC. 3. The executive committee shall constitute a games committee which shall have charge of all games and athletic events authorized by the Association. This committee shall act upon all protests and complaints which arise in the conduct of any official athletic event. Their decision upon all matters referred to it shall be final. This committee may associate with it for the purpose of conducting athletic meets or gymnastic contests persons who are not members of this association.

Sec. 4. An auditing committee, consisting of three members, appointed by the president, shall annually audit the books of the

treasurer.

SEC. 5. There shall be such other committees as may be authorized by the Association or deemed expedient by the president or the executive committee. The members thereof shall be appointed by the president unless otherwise prescribed by the Association.

ARTICLE VI.

DISTRICT LEAGUES.

Section 1. Girls' and other auxiliary, associate, or district leagues, may be established under regulations to be made by the executive committee.

SEC. 2. The Jersey City Public School Athletic Association shall have control of all district baseball leagues, basketball leagues, football leagues, or such other leagues as may be established in the public schools of Jersey City.

ARTICLE VII.

AMENDMENTS.

This Constitution may be changed or amended by the unanimous vote or the written consent of the Association without previous notice at any meeting of the Association; also by a two-thirds vote of the Association at any meeting, provided notice specifying the intended change shall have been given at a previous stated meeting, or such notice shall have been served on each member at least five days before the meeting.

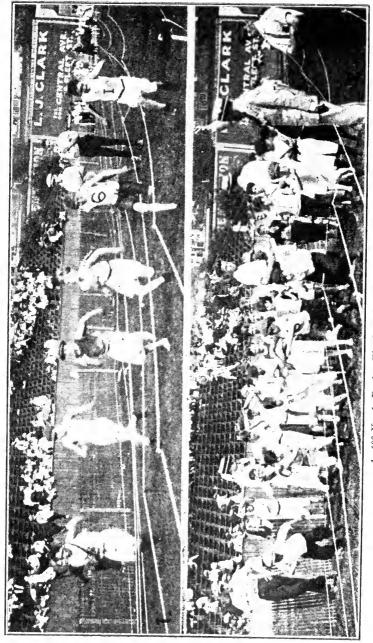
ARTICLE VIII.

ATHLETIC RULES.

Athletic rules shall be made from time to time by the executive committee, and are subject to change when deemed expedient for the test interests of the Association.

ARTICLE IX.

All notices to members, and also all notices to all officers and directors, shall have been sufficiently served, if mailed to them at the address given by them to the Secretary and Treasurer respectively.



1-100-Yard Dash, Finals. 2-Ready for the Start. ANNUTAL MEET JERSEY CITY P. S. A. A., 1914.

Athletic Rules of the Jersey City Public School Athletic Association

Rule I. The Jersey City Public School Athletic Association recognizes as athletic members all boys and girls, pupils of Jersey City public schools.

Rule 2. Attendance of at least three months in the school system directly previous to any contest shall be required of all pupils before they shall be entitled to represent their school in athletics. The age limit for competition in events of the elementary schools, except baseball, shall be from the ninth to the seventeenth birthday. No boy will be allowed to enter in more than two events, one field event and one track event—except in the relay. Only three boys are allowed from each school, to enter a prize event. Only pupils who are in the standing of amateurs shall be eligible to represent the school. No entry shall be accepted unless countersigned by the principal of the school.

Rule 3. The classification of competing athletes shall be recognized in the name of juniors, intermediate and seniors. No pupil shall be allowed to compete in events of the elementary schools who is not nine years of age.

CLASSIFICATION FOR ALL EVENTS.

Adopted March 1, 1912.

Junior.

Boys must be over nine and under thirteen, and not over four feet, ten inches in height.

Intermediate.

Boys under fifteen, and not over five feet, three and a half inches in height.

Senior.

Over fifteen, any height.

Note.

If a boy is over either age or height, he goes into the class above; for instance, a boy twelve years of age, four feet, ten and a half inches high, would be in the INTERMEDIATE class; or, a boy fourteen years of age, five feet, four inches high, would go into the Senior class.

Note.

Measurements to be made in Stocking Feet.

Rule 4. There shall be certain standard events for each classification, qualifications in which will entitle competitors to special buttons.

One button will be given for each event if the standard is made by the contestant. A special button will be given to contestants winning two different standard events at the same meet.

BOYS' STANDARD EVENTS.

Junior.

Standing broad jump—5 feet 10 inches. Chinning the bar—9 times. 50-yard dash—7 3-5 seconds.

Intermediate.

Running broad jump—11 feet 9 inches.

Running high jump—3 feet 6 inches.

Chinning the bar—9 times.
75-yard dash—10 2-5 seconds (time subject to change).

Senior.

Running broad jump—12 feet 9 inches.
Running high jump—3 feet 9 inches.
Chinning the bar—9 times.
100-yard dash—13 1-5 seconds.

RULE 5. The following shall be a special list of championship events for the elementary schools:

BOYS' PRIZE EVENTS.

Junior.

50-yard dash. Running high jump. Running broad jump. 440-yard relay race (4 boys to a team).

Intermediate.

75-yard dash. Running high jump. Running broad jump. Putting the 8-pound shot. 660-yard relay race (4 boys to a team).

Senior.

100-yard dash. Running high jump. Running broad jump. Putting the 12-pound shot. 880-yard relay race (4 boys to a team).

Rule 6. All entries must be in the secretary's hands at such time as designated by the executive committee. Each principal will be provided with an entry blank on which to make formal entries for the several events. The games committee may reject any entry it may deem objectionable.

RULE 7. Prizes will be as follows, viz., 1st, 2nd, 3d prize. A

button will be given for fourth place.

Rule 8. Special trophies will be given as follows:

- I. To the school scoring the most points.
- 2. To the grammar school scoring the most points in standard events.
- 3. To the primary school scoring the most points in standard
- To the school winning the senior relay race.
- 5. To the school winning the intermediate relay race.
- 6. To the school winning the junior relay race.
- 7. To the school having the greatest number of points in field prize events.

8. To the school having the greatest number of points in track prize events.

Rule 9. In all relay races no more than five teams shall be run in a heat, except by order of the referee. In all running events no more than six shall be entered in any heat. The captain of each school team shall go with the clerk of the course and see that his men are placed in their proper positions on the track.

Rule 10. The uniform entrance fee for all contestants shall be ten cents. This includes admission to the field. Admission for all other pupils shall be ten cents, adults twenty-five cents.

RULE II. All athletic meets shall be run according to the rules of the Association.

Rule 12. Points. First prize shall count five points, second prize three points, third prize two points, fourth place one point. Those teams winning in the relay races shall be credited with double the number of points mentioned above.

RULE 13. There shall be an official physician and nurse in attendance.

Rule 14. Relay teams will be allowed to enter two substitutes in each event.

Rule 15. Outdoor track and field, baseball, football, and basketball championship meets may be held annually at such times and places as may be decided upon by the executive committee.

Rule 16. The awarding of trophies, except in prize events, shall be on the basis of a ratio of total number of points to the total registration of the school for the month of April as found in the Superintendent's report. All pupils under one principal shall be considered as constituting one school within the meaning of this rule. In case of schools having a grammar department only, their rating shall be computed by comparing the registration in all grades represented in such schools with similar grades in all other grammar schools. In no case will any grammar grades be omitted from such comparison.

Rule 17. The kindergarten, first and second years, and the lower half of the third year shall be omitted from the enrollment of the schools in arriving at the percentage and in reckoning for points and trophies.

· . . .

Girls' Athletics

BRANCH OF THE JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION.

It is the policy of the Executive Committee of the Public School Athletic Association to encourage the development of suitable forms of exercise and recreation for the great mass of girls in the public schools, and to avoid all evils of over-strain or excitement by carefully selecting the competitive events. The girls are given a pin, the same as the boys are given a button, when they make a standard.

Girls' Athletic Meet.

There shall be an annual athletic meet held each year for the girls which shall consist of the following events:

Girls' Prize Events.

Grades 8-A and 8-B.

Oat Bag Relay (contestants to run around a pole, and the first girl not running in each team must stand on an 8-inch painted line; the one running with the bag shall run in front of the line and pass the bag back over her head with both hands, and afterwards get back on the line; the one receiving it must stand on the line until she has passed the bag back).

Grades 7-A and 7-B.

440-Yard Relay, eight girls to a team.

Grades 6-A and 6-B.

Indian Club and Flag Relay (flag to be without stick and to be at least 16 inches long).

Grades 5-A and 5-B.

Potato Relay (six girls to a team).

Grades 4-A and 4-B.

20-Yard Dash (ten girls to a team) and total time taken by stopwatch.



1-Winners 20-Yard Relay. 2-Winners 440-Yard Relay. 3-Flag Relay, Second Prize.

RELAY TEAMS, PUBLIC SCHOOL No. 27.

Girls' Standard Events.

Grades 8-A and 8-B.

Throwing the basket ball for distance—40 feet (three trials).

Grades 7-A and 7-B.

Throwing the oat bag for height—17 feet (three trials); (weight of bag four pounds); disk 20 inches in diameter; jump allowed.

Grades 6-A and 6-B.

Hand walk twice the length of a 16-foot horizontal ladder; from rung to rung without touching the floor (or by skipping), over and back with a turn.

Grades 5-A and 5-B. 30-yard dash—5 seconds.

Grades 4-A and 4-B.

Throwing the indoor base ball (17 inches in circumference) for distance—30 feet (three trials).

Oat-Bag Relay

For Girls in the 8-A and 8-B Grades.

The oat-bag relay race consists of a competition of teams made up of ten pupils from the 8A and 8B grades of each school. The teams line up, one pupil behind another, No. 1 girl standing on the starting line and the rest of the team spread out behind, one in back of the other. Sixty feet back of this starting line there is a second line drawn parallel to the first on which poles are to be placed. In front of the starting line a third line is drawn thirty feet away. The first or No. I girl standing on the starting line holds an oat bag approximately eight inches in diameter and weighing four pounds, which she passes at command over her head with both hands to No. 2 girl, behind. Each girl in turn passes the bag over her head with both hands until it reaches the last or No. 10 girl, who turns and runs to the rear line around the pole which was spoken of as being sixty feet back of the starting line. Here she turns and quickly returns to the starting line passing to right of her team and passes the bag over her head in the same way that the first girl did; then gets back on the line. The successive members of the team thus run to the rear line and to the front until at last the first or number 1 girl has gradually moved back to the last one in the line. She must not only run to the back line, but instead of stopping at the starting line she runs at full speed to the finish line thirty feet away and crosses it, thereby finishing the race.

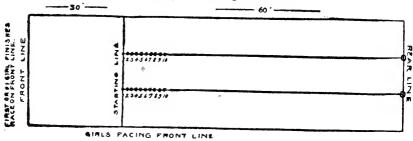


Diagram Illustrating Oat-Bag Relay.

The first girl is responsible for the team being on the line, but this shall not be interpreted as referring to the girl who is running with the bag.

440-Yard Relay

For Girls in the 7-A and 7-B Grades.

Eight girls constitute a team; each girl is stationed on a mark, the marks being 55 yards apart. At the starting signal the first girl runs to the second and touches her off in the manner of boys' relays. The race continues until the eighth girl crosses the finish line.

Indian Club and Flag Relay

For Girls in the 6-A and 6-B Grades.

An Indian club and flag relay race consists of a competition of teams made up of six pupils from the 6-A and 6-B grades of each school. The teams line up as in the oat-bag relay race;

that is, one behind the other, the front or No. 1 girl standing on the starting line and the rest of the team standing behind her. Fifty feet in front of the first girl (in the oat-bag race it is behind) is a line drawn parallel to the starting line, and behind the starting line and back of the team the finish line is drawn twenty feet away (in the oat-bag race this line is in front of the girls). In front of each team on the line fifty feet in front a pole is set up. At the word of command the first or No. 1 girl, who holds a United States flag 16 inches in length without stick, runs to the pole in front of her team, circles it with her right side towards the pole and returns to the starting line.

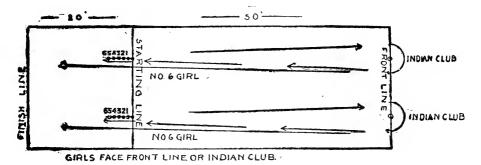


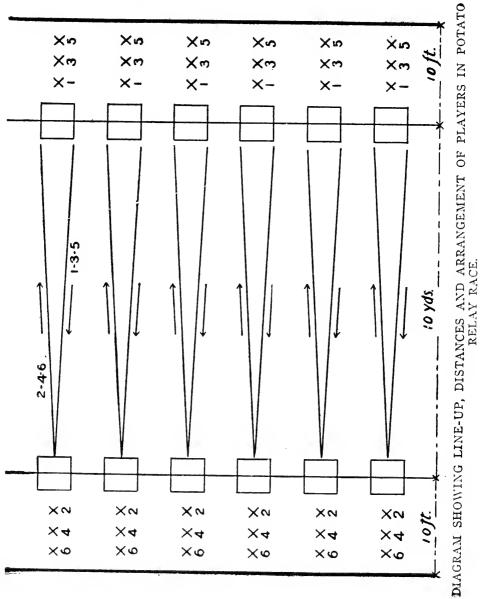
Diagram Illustrating Indian Club and Flag Relay Race.

where the second member or No. 2 girl of the team has taken her position ready to run. As the first runner runs by on the right side of her teammates, she hands the flag to the out stretched right hand of the one on the starting line, who immediately dashes off to circle the pole as the first member of the team has done before. Each one in turn on the team receives the flag, runs around the pole, and returns to the starting line where she delivers the flag as above described, and then takes her place back of the line of standing teammates. Each member takes her place back of the one last running, except the sixth member or No. 6 girl of the team. When she receives the flag, she runs around the pole, returns and crosses the starting line and continues on to the finish line, which has been said was twenty feet behind the starting line.

The flag should not be dropped throughout the race; but any girl who drops one must pick it up before continuing the race.

If the pole is knocked over it must be reset in its original

position by the one knocking it down, before the team continues.



Potato Relay

For girls in the 5-A and 5-B Grades.

The Potato Relay Race consists of a contest between teams of

six girls from the 5-A and 5-B grades.

The competitors line up standing behind two stands, which are 10 yards apart. The 1st, 3d and 5th girls stand behind one of the stands and the 2nd, 4th and 6th stand behind the opposite one. At the signal No. 1 takes her place on the right side of her stand. At the pistol shot she runs to the opposite stand from which she brings, one at a time, four potatoes and places them on her own stand, which is empty; having placed the last potato on the stand she runs and touches No. 2 girl, who has taken her place on the right side of her stand, toeing the mark. The touch off is made the same as in the Indian Club Relay. After No. 1 makes the touch off she takes her place on a line 10 feet back of the starting line and sits down. The same order is followed by numbers two, three, four, five and six. No. 6 finishes the race by crossing the opposite starting line and holding up her hand. (Each girl will run 90 yards.)

The potatoes must be on the stand, if they roll off they must be put back by the one who makes the mistake, otherwise the team

shall be disqualified.

20-Yard Team Relay

For girls in the 4-A and 4-B Grades. 10 girls to a team,

The girls line up one behind the other back of the starting line. The starter stands at the finish line and starts the girls one at a time by waving a handkerchief. A Referee stands by the girl at the starting line and lets one after another go at the signal of the handkerchief which is made as each girl finishes. The timer starts his watch with the first girl and keeps it going until the finish of the last or tenth girl. The team that runs in the shortest time wins.

Rules Governing Girls' Athletic Contests

- I. The competition shall be between girls of the same grade.
- 2. The judges shall be selected by the executive committee of the Jersey City Public School Athletic Association.
- 3. First, second, and third prizes will be awarded for each event.
- 4. First place will count five points, second place will count three points, third place will count two points, fourth place one point.
- 5. The last girls on a relay team should wear a broad sash with a number as a distinguishing mark, sashes to be different colors. The same could be purchased by the different schools or by the P. S. A. A.

Points.

6. The points will be counted for these events the same as they are for the boys' athletic events. The points made by the girls will count in the total points made by the school in its girls' and boys' athletic and gymnastic meets and will, therefore, help a school materially in winning cups and banners.

Special Trophies for Girls' Prize Events.

- 1. To the school winning the Oat-Bag Relay.
- 2. To the school winning the 440-Yard Relay.
- 3. To the school winning the Indian Club and Flag Relay.
 - 4. To the school winning the Potato Relay.
 - 5. To the school winning the 20-Yard Team Relay.

Girls' Standard Events

- I. Throwing Basket Ball for Distance. 8A and 8B. Distance 40 feet (3 trials).
- 2. Throwing the Oat Bag for Height. 7A and 7B. Round oat bag weighing 4 pounds. Distance 17 feet—3 trials—(Throw with both hands.)

RULE. The contestant may jump from the ground and must hit a round disc, 20 inches in diameter with the 4-lb. oat bag.

3. Hand Walk on 16-foot Horizontal Ladder. 6A and 6B.

The contestant shall place herself under one end of the ladder and without assistance jump and catch overgrasp the rungs of the ladder. She shall then "walk" the full distance moving one hand at a time. When she has reached the end she shall turn around and grasp the first rung of the ladder and then "walk" back on the rungs. Contestants may skip rungs by swinging and reaching forward, or they may return on sides of ladder.

Only one trial shall be allowed.

- 4. 30-Yard Dash. 5A and 5B. Time, 5 seconds.
- 5. Throwing the Indoor Base Ball. 4A and 4B. A Spalding indoor base ball 17 inches in circumference shall be used.

The ball must be thrown 30 feet.

Rules Governing the Base Ball Leagues of the Jersey City Public School Athletic Association

Rule No. 1. The City shall be divided into four districts for the present, and the names of the leagues shall be the Greenville League, Bergen League, Hudson City League, Eastern League.

Rule No. 2. Each District League shall have as officers a President and a Vice-President.

RULE No. 3. The President and Vice-President shall be selected from the principals of the city schools.

Rule No. 4. A schedule of games, never more than two a week, shall be made by the Presidents of the District Leagues and submitted to the Executive Committee of the Athletic Association for approval before the opening of the season.

Rule No. 5. The duties of the Presidents of the District Leagues shall be, besides those usually designated to this office, the providing and assignment of the baseball diamonds to the several teams, and the general oversight of the field of play during the contest.

Rule No. 6. The Vice-President, besides the usual duties of this office, shall aid and abet the authority of the President and may assist the President in assigning the diamonds.

Rule No. 7. All players must be eligible according to the rules of the Association. (See Rule 2, page 49; Rule 19, page 63.)

Rule No. 8. Any team playing ineligible members may be dropped from the League in consequence.

Rule No. 9. The official ball shall be adopted each year by the Association. For the year 1915 Spalding's Boys' League Ball shall be used exclusively in all games.

Rule No. 10. At least one principal or a teacher shall be in attendance to supervise each game.

Rule No. 11. On the field of play only the two captains shall be recognized and any dispute arising shall be settled between these two men and the umpire. The umpires have power to retire any player who questions their decisions, and they have

power, in case any team refuses to play, to award the game to their opponents, if play is not resumed within two minutes.

RULE No. 12. The official rules shall be the playing rules adopted according to the national agreement for the year.

RULE No. 13. Before the opening of the game the balls, in original unopened boxes, must be submitted to the President of the League and to the umpire to be passed upon. Each team must furnish one ball.

RULE No. 14. All baseballs and bats for the series will be furnished by the Association. A limited number of bats and balls for practice will also be furnished.

Rule No. 15. All trophies shall be provided by the Jersey City Public School Athletic Association and shall consist of five cups.

Rule No. 16. Each school shall raise funds for the support of its baseball teams, and shall own and supply all uniforms and baseball paraphernalia, except bats and balls.

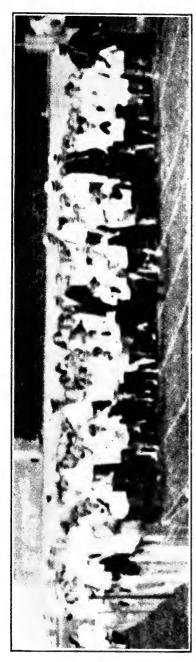
Rule No. 17. All championship games of the Baseball Leagues shall be played on the baseball diamonds approved of by the Executive Committee of the Association.

Rule No. 18. Any boy who receives money for playing in any sport shall be ineligible to play on the school teams.

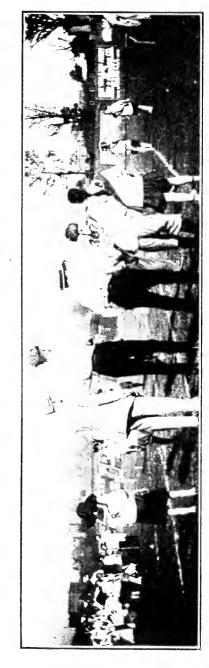
Rule No. 19. Boys playing on any team must have been a member of the Jersey City Public Schools twelve weeks previous to the games.

RULE No. 20. There will be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of purchasing trophies.

Rule No. 21. The names of all players are to be sent to the President of the League before the season opens and by him furnished to each principal.



GIRLS' 30-YARD DASH-ANNUAL MEET JERSEY CITY P. S. A. A., 1914.



THROWING THE BASKET BALL-ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Bergen League Base Ball Schedule, 1915

PRESIDENT, K. L. THOMPSON.

I RESIDENT, IX, L. I HUMPSUN.
April 26. Public School No. 23vsPublic School No. 11 Public School No. 22Public School No. 12
April 29. Public School No. 23 Public School No. 17 Public School No. 12
May 3. Public School No. 23Public School No. 12 Public School No. 22Public School No. 17
May 6. Public School No. 23
May 10. Public School No. 17 Public School No. 12 Public School No. 22 Public School No. 11
May 13. Public School No. 11
May 17. Public School No. 17
May 20. Public School No. 12
May 24. Public School No. 22Public School No. 23 Public School No. 11Public School No. 17
May 27. Public School No. 12Public School No. 17 Public School No. 11Public School No. 22

Eastern League Base Ball Schedule, 1915

PRESIDENT, JAMES T. MACKEY

President, James T. Mackey	
April 26. Public School No. 1 25 Public School No. 4 Public School No. 9 Public School No. 32	
April 29. Public School No. 1Public School No. 3 Public School No. 9Public School No. 4	
May 3. Public School No. 1	
May 6. Public School No. 1	
May 10. Public School No. 3Public School No. 9 Public School No. 4Public School No. 32	
May 13. Public School No. 4 Public School No. 1 Public School No. 32 Public School No. 9	
May 17. Public School No. 3Public School No. 1 Public School No. 4Public School No. 9	
May 20. Public School No. 9 Public School No. 1 Public School No. 32 Public School No. 3	
May 24. Public School No. 32	
May 27. Public School No. 9	

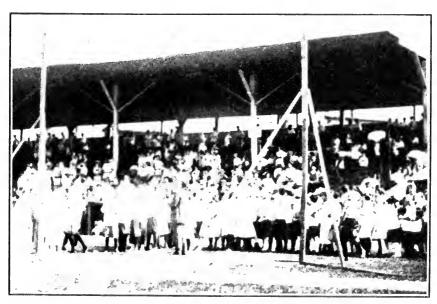
Greenville League Base Ball Schedule, 1915

PRESIDENT, W. J. TUERS.

	2 - 100 - 10 - 11 - 11 - 1 - 1 - 1 - 1 -
Public School Public School	April 28. No. 147'sPublic School No. 20 No. 24Public School No. 34
Public School Public School	April 30. No. 14 Public School No. 15 No. 24 Public School No. 20
Public School Public School	May 5. No. 14
Public School Public School	May 7. No. 14
Public School Public School	May 12. No. 15
Public School Public School	May 14. No. 20
Public School Public School	May 19. No. 15 Public School No. 14 No. 20 Public School No. 24
Public School Public School	May 21. No. 24
Public School Public School	May 26. No. 34
Public School Public School	May 28. No. 24



JUNIOR RELAY RACE—ANNUAL MEET JERSEY CITY P. S. A. A., 1914.



THROWING THE OAT-BAG-ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Hudson City League Base Ball Schedule, 1915

PRESIDENT, H. B. HOWELL.

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Public Public	School School	No. No.	April 27. 6vsPublic School No. 25 28Public School No. 8	
Public Public	School School	No. No.	April 29. 27	
Public Public	School School	No. No.	May 4. 8	
Public Public	School School	No. No.	May 6. 27Public School No. 6 8Public School No. 25	
Public Public	School School	No. No.	May 11. 28Public School No. 27 6Public School No. 8	
Public Public	School Sshool	No. No.	May 13. 25Public School No. 6 8Public School No. 28	
Public Public	School School	No. No.	May 18. 25Public School No. 27 6Public School No. 28	
Public Public	School School	No. No.	May 20. 27	
Public Public	School School	No. No.	May 25. 6	
Public Public	School School	No. No.	May 27. 27	

Basket Ball Leagues of the Jersey City Public School Athletic Association

Rule 1. A. A. U. Rules shall govern play.

Rule 2. The rule for membership in basketball shall be the same as in baseball.

Rule 3. Rules of conduct shall be the same as those that govern all entries in the Association.

Rule 4. Spalding's "Official" Basket Ball shall be used in all games.

Rule 5. There shall be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of procuring trophies.

Rule 6. The names and ages of all players are to be sent to the President of the League before the season opens.

Rule 7. The Games of the League shall all be played before the opening of the February term.



REFEREE AND TIMEKEEPER—ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Rules for Conducting an Athletic Meet

RULE I.

OFFICIALS.

Every athletic meet of the Public Schools Athletic Association shall be under the control of the following officials:

The executive committee.

A field marshal.

An assistant field marshal.

A referee.

An assistant referee.

Three or more judges at finish.

Four or more field judges.

Three or more inspectors.

Three or more time keepers.

One starter.

One assistant starter.

One clerk of the course with assistants.

One announcer.

One assistant announcer.

One chief scorer.

One assistant scorer.

One official reporter.

One official photographer.

RULE II.

EXECUTIVE COMMITTEE.

The executive committee will have general supervision but shall not interfere with the officials in the performance of their duties. The referees shall settle all protests within their usual power, but those concerning a boy's amateur standing must be referred to the executive committee.

RULE III.

REFEREE.

The referees shall decide all questions relating to the actual conduct of the meet, whose final settlement is not otherwise

covered by these rules. He shall disqualify for fouls. He shall disqualify for ungentlemanly conduct. He shall decide all ties by the toss of a coin, the loser taking the next lower rank, and the others being reduced one point in rank. The referee alone shall signal the starter that everything is in readiness for the race or event. The referee may delegate his authority when it will facilitate the meet.

RULE IV.

INSPECTORS.

The inspectors shall watch closely the conduct of all competitors during the meet and in case of a foul, they shall make a report at once to the referee. They have no power to make decisions.

RULE V.

JUDGES.

The judges shall stand at the finish line and pick the contestants in the order in which they cross the finish line. Their decision is final and without appeal. In case of disagreement the majority shall govern. A competitor crossing the finish line without a number shall not be selected by the judges unless with the consent of the referee. The judges shall measure all distances of field and track events.

RULE VI.

THE TIME KEEPERS.

They shall time all events which are recorded by time and shall report to the referee. Should two of the three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted. Should all three disagree, the time marked by the intermediate watch shall be accepted. The flash of the pistol shall denote the actual start of the heat or race.

RULE VII.

THE STARTER.

The starter shall be in charge of the competitors after they have been assigned to their marks by the clerk of the course.

He shall start the heat or race by the report of a pistol. The following formula shall be used by the starter:

- I. "On your marks."
- 2. "Get set."
- 3. The report of the pistol.

Until the pistol has been properly discharged, it shall not be considered an actual start, and in case the pistol goes off accidentally, the starter shall recall the competitors by discharging his pistol twice. A false start is one where any part of the person of a competitor touches the ground in front of his mark before the starter properly discharges his pistol. The following penalties are imposed by the starter for false starts: In all races up to and including 125 yards the competitor shall be put back one yard for the first and one more for the second attempt; in races over 125 yards and including three hundred yards, two yards for the first and two more for the second attempt; in races over 300 yards and including 600 yards three yards for the first and three more for the second attempt; in races over 600 yards and including 800 yards four yards for the first and four more for the second attempt. In all cases, a third attempt disqualifies.

RULE VIII.

THE CLERK OF THE COURSE.

The names and numbers of all competitors in each event shall be given to the clerk of the course who shall call them by name and check them off on the programme before the meet is begun. He shall afterwards assign them to their marks. The clerk of the course shall not allow any competitor to start without his number except with the consent of the referee. The assistant clerks of the course shall perform whatever duties are assigned them by the clerk of the course.

RULE IX.

THE SCORERS.

The scorers shall keep track of the order in which each competitor finishes and also the time for the event. He scores all points and announces the various winners and the schools who have taken the most points. The Assistant Scorers are

subject to the Chief Scorer and shall perform whatever duties are assigned by him.

RULE X.

THE MARSHALS.

The marshal shall prevent any but officials and actual competitors from entering upon the track or inner circle or remaining therein

Any competitor entering into the inner circle and not there for the purpose of competition must leave at once upon the request of the marshal. If, after the second request, the competitor shall refuse to leave the track, the marshal or his assistants must report the matter to the referee who may disqualify the offender. The marshal shall have general oversight of the boys and shall be the general director of the track and field.

RULE XI.

THE OFFICIAL ANNOUNCER.

The scorers shall make known to the official announcer the results of each event, and he shall announce them to the spectators.

RULE XII.

OFFICIAL REPORTER.

The official reporter shall receive from the scorers the order of finishing and the time and distance made by the competitors in the field and track events. This information he shall immediately make known to the representatives of the press.

RULE XIII.

THE INNER CIRCLE.

Only officials and actual competitors shall be allowed within the inner circle. Competitors must leave the inner circle immediately after finishing their event or when requested to do so by the proper authorities.

No attendant, friend, or trainer shall be allowed to accompany the competitors on the track or in field.

RULE XIV.

THE COMPETITORS.

The competitors shall report to the Clerk of the Course at the starting point of each competition, after they have been called to the inner circle.

Each contestant must provide himself with a number corresponding to the number opposite his name on the programme. This number he must wear conspicuously while he is competing, and without it he shall not be allowed to start except with the consent of the referee.

If in a dash race the competitor does not confine himself to his own lane, but instead crosses into the lane of his opponent, the referee shall disqualify him. In all races the competitors shall run on that part of the track they were assigned without crossing over in front of their opponents unless they are at least two paces in advance of the nearest competitor. Any jostling, crossing in front of, or otherwise impeding the opponent will disqualify the offender from that event.

The referee shall further disqualify from the meeting any competitor, who in his opinion, is trying to lose, to coach, or otherwise to impede in any way the chances of another competitor. The referee shall notify the Executive Committee of such offence, who will take further action.

Any competitor acting in an ungentlemanly manner, whether towards competitors, spectators, or officials, may be disqualified by the referee from all other participation in competition, and if the referee thinks the offence merits further punishment, he shall make full report on the case to the Public School Athletic Association for further action.

RULE XV.

PROTESTS.

Protests against any competitor entering any games may be made verbally or in writing to the Executive Committee before the meet or to the referee during the meet.

If the protest is a claim of foul committed during the meet, the referee shall decide the matter at once.

If the protest is a question of age, then the competitor must

produce satisfactory proofs of same.

If possible the Executive Committee shall decide all protests before the events are run off. If it is a case requiring the taking of evidence, the Executive Committee shall decide the matter within one week after the date of the games.

When a contestant is allowed to compete under protest, the prize that he may win shall be withheld until the case is settled.

RULE XVI.

THE TRACK.

The distance to be run shall be measured on a line eighteen inches outward from the inner edge of the track.

In straightaway races, distance shall be measured in a direct line from the starting mark to the finish line.

RULE XVII.

THE COURSE.

In straightaway races lanes shall be laid out for each competitor by means of stakes driven into the ground to which cord

is attached. Each contestant shall run in his own lane.

In all championship races, position shall be drawn for, and the drawing shall be in the names of schools. The Clerk of the Course shall not allot positions. The school having the first choice shall have first position next to pole; the school having second choice, second position, etc. If possible there shall not be two contestants from one school in the same heat.

RULE XVIII

THE FINISH.

The finish of a course shall be represented by a line between two finishing posts drawn across and at right angles to the sides of the track. Four feet above the ground shall be placed a tape attached to both finishing posts.

The finish of any race shall be counted when any part of a competitor's body except his hands and arms shall reach the

finish line.

No competitor shall be considered to have finished unless his entire body shall have crossed the finish line.

RULE XIX.

RELAY RACING

A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the succeeding runner. Failure to do this shall disqualify the team in that event. There shall be judges of relay racing whose duties it shall be to see that all touches are properly made.

RULE XX.

THE SHOT.

The shot shall be put with one hand, and in making the attempt it shall be above and not behind the shoulder. All puts shall be made from a circle seven feet in diameter. The circle shall be a painted or whitewashed circle and on one side a stop-board four feet long and four inches high shall be firmly fastened to the ground. In making his put a competitor shall

rest his foot against, but not on top of the stop-board.

That put shall be considered a fair put when no part of the body of the competitor touches the top of the stop-board, the circle or the ground outside the circle, provided the competitor shall leave the circle by its rear half, which shall be the half directly opposite the stop-board. A put shall be considered foul if any part of the body of the competitor shall touch the ground outside the front half of the circle before the put is measured.

The field judges shall measure each put from the nearest mark made by the fall of the shot to the circumference of the circle on a line from the mark made by the shot to the center of the

circle.

Foul puts and letting-go the shot in making an attempt shall

be counted as trials without results.

Each competitor shall have three trial puts, and the first, second, and third in the trials shall have three more trials each in the final.

The best put made by a competitor whether made in the trials or finals shall count as his best put, and the result will be decided accordingly.

RULE XXI.

RUNNING HIGH JUMP.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

The bar shall be a thin stick two inches in width and shall rest on pins which shall project not more than three inches from the uprights. When the bar is knocked off it shall constitute a trial jump without result.

The height at which the jump shall commence and the height to which it shall be raised at each succeeding jump shall be decided by the field judges.

The height shall be measured from the middle of the bar to

the ground in a perpendicular line.

Each competitor shall be allowed three trial jumps at each height, and if on the third trial he shall fail, he shall be declared

out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial in a like order, after which those who have failed at the second trial may take their third and final trial at that height.

A competitor may decline to jump at any height in his turn and by so doing, forfeits his right to jump again at the height

declined.

If, however, a competitor takes a trial at any height and fails

in his first trial he shall not pass the other two trials.

Running under the bar in making an attempt to jump shall be counted as a balk, and three successive balks shall constitute a trial jump.

There shall be no limit to the run a competitor may take

before attempting a jump.

In case of a tie, the officials shall raise or lower the bar at their discretion, and those competitors who have tied, shall be allowed one trial at each height.

RULE XXII.

RUNNING BROAD JUMP.

A joist two inches wide on the top shall be sunk at least five inches into the ground so that the top is flush with the running path. The outer edge of the joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break made in the soft ground, or in the turf or earth outside the soft ground, by any part of the body of a competitor.

In front of the scratch line, the ground shall be removed to

a depth of three and a width of twelve inches outward.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and the competitors finishing one, two, three in the trial jumps shall each

have three more trial jumps.

The competition shall be decided by the best of all the trial jumps of the competitors.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

RULE XXIII.

STANDING BROAD JUMP.

The feet of the competitor may be placed in any position, but shall leave the ground once only in making an attempt to jump. When the feet are lifted from the ground twice or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock back and forward lifting heels and toes alternately from the ground but, may not lift either foot clear of the ground nor slide either foot along the ground in any direction.

In all other respects the rules governing the running broad jump govern the standing broad jump as well.

RULE XXIV.

CHINNING THE BAR.

Boys chinning in competition may take any grip they choose (over grip or under grip or over and under grip), but the chinning must be done without swinging and the arms must be extended to full length each time before the chin is raised above the bar. Good form will be insisted upon by the judges. A boy cannot start chinning from a jump; he must hang an instant before commencing.

RULE XXV.

RUNNING.

All runs are started by a pistol shot fired by the starter. The commands given by him preparatory to starting a race are:

- 1. "On your marks."
- 2. "Get set."
- 3. After a short interval the starter fires a pistol.

After the first command the contestants hurry to the starting line and take their places as assigned to them.

At the second command, all make ready for the start, each one

assuming the position best suited to his style. Usually the "crouching start" is the better way.

The pistol shot comes next and is the signal to run. Should

anyone start before the pistol is fired he is penalized.

RULE XXVI.

COSTUME.

Only the boys with pants reaching approximately to the knees, and shirts that adequately cover the body shall be allowed to compete.

Hints on Training

The following are a few suggestions to boys who are endeavoring to better their physical well-being by competing in athletic amusements.

Running.

If you have speed and lack endurance, run more than your distance at three-quarter speed. If, on the other hand, you lack speed, run three-fourths your distance at top speed.

Running Broad Jump.

The sprints must be practised faithfully if one desires to excel in this event. Form should be acquired first of all. The essential points to work for are the stride, the take-off, and the rise after leaving the board. One must practice the sprint until he can reach the take-off board with the same foot in exactly the right place time after time without losing speed. After leaving the board the knees should be drawn up to the chin, and the eyes kept on a point some distance beyond where you are able to jump.

It is well to pace your distance and mark the third and seventh stride. Then you will have two marks to aid you in

striking the take-off.

Determine the location of take-off, and mark the third and the seventh strides from that, so the jumping foot strikes the take-off. Don't attempt too much jumping, for over-exertion may result in a strained tendon. Always limber up first by short sprints, jogs, and easy jumps. On the first attempt, try more for form than distance, and be sure of the take-off. The highest speed should be reached at the take-off and at the moment when the body is gathered for the jump. Unless the speed is considerable the jumper cannot throw his legs forward to the full limit. Get elevation in a jump. To get height, in practice use jumping standards placed some distance from the take-off. Keep the arms well forward and fix the eyes on a point considerably higher than the probable landing point. After leaving the take-off, the knees are drawn up under the chin. Just before landing, the feet should be thrust as far forward as possible. Don't fall back. After one has learned the broad jump, practice every other day. Practice sprints to get the

speed. Practice running at the take-off. Practice using only three or four steps to get the rise.

Running High Jump.

Every other day is often enough to practice high jumping. The first attempts should be made with a bar about two feet six inches. As form is acquired, gradually raise the bar. As in the running broad jump, the place where the stride is reached and the take-off must be determined by experiment and practised until it can be reached without changing the stride. Have just enough speed in your run to carry the body over the bar after you get your elevation. Emphasize the last four strides. Don't get any higher than is necessary. Practice running from the front and not from the side. Jump with a twist. Turn to the left if you take off with the left foot.

Shot Putting.

Heavy work in the gymnasium during the winter is one of the greatest aids toward putting one in condition for this event. Parallel bar exercises and bag punching are especially good. It will be necessary to learn the form from some person qualified to teach the different parts of the movement, for shot-putting is quite complicated, and knack as well as strength is required.

Develop the muscles of the arm and back. Practice with different weight shots, the heavier for form and the light one for speed. Stop before the fatigue point is reached. Practice putting from a stand first. Have the shot rest against the shoulder, the elbow well back of it. Use a hop, step and a jump, or a glide, step and a jump, in putting the shot. Finish facing the side of the circle. There should be no stop from start to finish. As the right side of the body comes to the front the right arm must be thrown straight outward with much the same motion as used in delivering a direct punch at a bag hanging about on a level with the head. Remember it is a sharp thrust rather than a throw. Put the body weight into the thrust.

General Training.

Don't overdo; don't work until fatigued.

Don't specialize.

Don't take too many hot baths.

Don't do any violent exercise'before or one or two hours after a meal.

Strive for an all around development. Train faithfully for events. Always warm up before a severe exertion; always finish the day's work feeling that you could do more.

Always cool off after exertion with mild exercise.

Get plenty of sleep, plenty of fresh air day and night, and plenty of water.

Diet.

Don't drink coffee; don't eat pastry or candy; don't smoke cigarettes; they are fatal to athletes.

Don't over-eat or over-drink.

Eat fruit, beef, mutton, steak, eggs, vegetables, prunes, apple sauce, cheese, rice, peas, beans, tapioca, custard, bread pudding.

Eat no bulky food the day of the race.

Be regular in the meals; have the same well cooked.

Clothing.

Light weight, sleeveless shirt, trunks that reach almost to the knees, shoes to fit comfortably, so that feet will not slide around in them and become chafed.

Training for Sprints.

Master the crouch start.

Don't look around or allow other competitors to worry you. Don't run with the head up in the air or bending backward. Don't throw the heels up in back; don't run on the heels:

don't turn the toes out in running.

Don't make stride too long.

Don't run the full distance at top speed more than once or twice per week.

Don't stop suddenly after you have finished the race. Don't do too much distance work when training for the sprints.

Use the crouch start for all sprints.

CROUCH START—Dig depressions in the track for the feet, one about seven inches in back of the mark and the other about twenty inches back of the first. "On your mark"—Place the fingers on the mark (arms straight), the left foot in the first depression and the right foot in the second, kneeling on the right knee. "Get set"—Raise the back (head well up), and throw the weight well forward so the body weight is divided between the hands and forward leg. At the sound of the pistol, take the hands away and dive straight forward. Make the first five or

six strides short in order to get into stride as soon as possible. Slow down by degrees. Always land running, that is, body inclined forward. Have the body well balanced for the start. Get your stride naturally; don't over-stride at any time. Run straight and true; don't let your competitor pull you out of stride; don't chop your stride; don't be nervous on your mark; don't expect to break records the first year. Alternate fast work one day and some slow work the next. Practice starting four or five times per day when practising the slow work.

Chinning the Bar.

Use the reverse grasp; that is, with the palms of the hands turned toward the body, and raise the body steadily, don't jerk it or try to swing up. Straighten the elbow in every extension. Practice once or twice every morning just before school and again in the afternoon after school. Don't raise the body more than ten times.

Standing Broad Jump.

It is permissible to toe over the take-off about one inch and thus get a firm support for the spring forward. The body should be inclined well forward, knees bent, the arms in back. In making spring, throw the arms forward, draw the knees up and shoot the legs forward. Practice the broad jump four or five times a day.

The Ethics of Competition

Obedience to Rules.

It is impossible to conceive of games without rules; for all they are necessary. They have been carefully thought out by experts, with the intention of making the games interesting, fair to all taking part, and, where great activity is required, as in basketball, football, soccer and baseball, to prevent injury to

the players.

Without question, before beginning to play, these should be read, and should be thoroughly understood. Then after a full understanding, the next thing is strict obedience to them. Unfortunately, this is not always the case; at times, in order to gain some advantage over an opponent, or opopsing team, there is a temptation to infringe upon the rules, but when one stops to consider the ethics of this, he must confess that such action is absolutely wrong. It is taking an unfair advantage, and may also lead to further infringement, which will spoil the game.

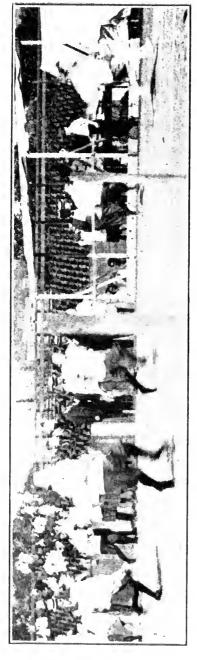
Abide by the Decisions of the Judges.

To see that rules are strictly carried out, a judge, an umpire, or a referee is appointed, and he is expected to be perfectly unbiased in his decisions. But however careful he may be, now and then he may make a mistake. At such times, the players should realize the difficulty of his position, and should abide by his decision.

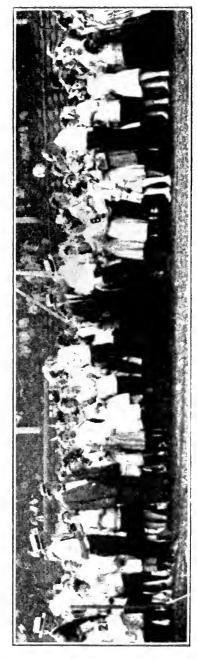
Should, however, a decision be manifestly unfair, the captain of the team is the proper one to protest to the umpire; he is the one to do the talking, and while he is doing it, the other players should keep their places, for there is nothing more undignified than a crowd of baseball players, for instance, rushing towards the umpire, and clamoring their protests. As a matter of fact, they can accomplish nothing because of their noise. Such disputes must be settled by cool heads with quiet argument, and the captain is the one to do it.

If he is unable to make a satisfactory settlement, do not further delay the game, nor refuse to play, but continue under protest, and later such protest can be laid before the proper

authorities for their decision.



FLAG RELAY-ANNUAL MEET JERSEY CITY P. S. A. A., 1914.



GETTING READY-ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Gentlemanly Conduct.

Sometimes, when games are being played, remarks are made about the personal appearance of an opponent, or his race is held up to ridicule. Clearly this is not clean sport, and should not be indulged in for a minute. By all means avoid such personalities; ever keep in mind that rarely is a person responsible for his facial appearance, and that all races have good qualities, and have produced great works. A broad minded person looks for good points in others, rather than for some peculiarity.

Sometimes, when there has been a close or a wrong decision, individual players, or even whole teams, or the backers, or all, conduct themselves in a most unbecoming manner. They guy the umpire, hoot and yell, and sometimes indulge in bad language. The same thing sometimes happens when the game is going against a team, and then the opponents are treated in a similar way. It also sometimes happens that players quarrel among themselves, and indulge in unbecoming remarks. Sometimes, after a game, a team and its backers quarrel with their opponents.

All such conduct is not proper, and should be strictly avoided. Be courteous to your superiors, your umpires, and to one another.

It frequently happens that emphasis is put upon the poor plays of the opponents, rather than upon the good plays of one's own team. Such is also the attitude of the backers. It would seem better to applaud the good plays, rather than to jeer at the bad; be generous enough to appreciate and applaud the good plays of your opponents.

A courteous player never attempts to do injury to another.

Games won by such foul means were better lost.

Possess Good Nerve.

Frequently a team competes with one that is far its superior. This is the time when good nerve is required. Don't be discouraged, don't make petty complaints, don't give up the game, but play for all you are worth, and you will not only feel happier yourselves, but you will have the respect of others.

Team Work.

When two or more players are on a side, they constitute a team. Clearly when teams play, the individual players must subordinate themselves for the general good of the team. Each must keep in mind that a great responsibility rests upon him in his position, and that as far as possible he should keep that position. It may seem to him, at times, that he should like to

take a more active part in whatever play is being made at a particular time, but as a matter of fact failure to play his position might lose his side the game. During an entire game, he may not have opportunity to make any marked play, but if he has played his position to his utmost, he should be satisfied in the consciousness of having done his duty. It is this team work that means victory.

Honesty.

Frequently, a participant is the only one who knows the truth about a play, under dispute, and by keping silent, or by not telling the truth, points would be gained by his side. At such times, the best course is honesty; tell the truth even though it may hurt your side. Get above the idea of winning at any price.

Usually, classifications are made according to age, and at times there is a temptation to misrepresent the fact, in order to place one's self in a different class. Clearly this procedure will not stand the test of conscience, and should never be attempted.

Character.

In all athletics, keep in mind that while you play to win there is something higher than this. It is Character. Get self-control, play fair, be courteous to all, and ever act like a gentleman.

CCEPT NO THE SPALDING TRADE-MARK GUARAN



All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles. They are the same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and they are worn in competition by all prominent athletes in this country.



Patent applied for.

No. 3-0. Lightest running shoe made. Hand made spikes. Especially for 100 and 220 yards races. Strictly bench made through.

out. . . Pair. \$6.00

Spalding "Olympic Championship" Short Distance Running Shoes

No. 3-0

No.2-0. Extremely light and glove fitting. Hand made steel spikes firmly riveted on. Worn by all champions for short distances, especially 440 and 880 vards and 1 mile races. Pr., \$6.00





The uppers and soles of all Running and Jumping Shoes should be kept soft and pliable by using SPALDING "DRI-FOOT" PREPARATION. It prevents deterioration of the leather due to perspiration. Can, 15 cents.

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STORES IN ALL LARGE CITIES



TRADE-MARK GUARANTEES QUALITY

SPALDING OLYMPIC CHAMPIONSHIP SHOES

All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles. They are the same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and they are worn in competition by all prominent athletes in this country.

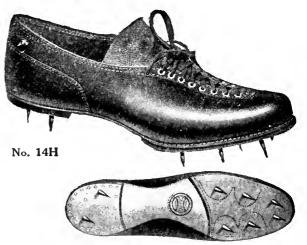


Spalding "Olympic Championship" Long Distance Running Shoes

No. 14C. For long distance races on athlethic tracks. Low, broad heels, flexible shanks. Hand made steel spikes in soles. No spikes in heels. Pair, \$5.00

Spalding "Olympic Championship" Jumping Shoes

No. 14H. Specially stiffened soles. Hand made steel spikes placed as suggested by champion jumpers. Also correct shoes for shot putting, weight and hammer throwing. . . Pair, \$6.00



The uppers and soles of all Running and Jumping Shoes should be kept soft and pliable by using SPALDING "DRI-FOOT" PREPARATION. It prevents deterioration of the leather due to perspiration. Can, 15 cents.

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ROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A.G. SPALDING & BROS STORES IN ALL LARGE CITIES

Spalding Commence Running Shoes

No. MH. High cut, but light in weight. Well finished inside so as not to hurt the feet in a long race. Special leather soles, will not wear smooth, light leather heels; special quality black calfskin uppers. Hand sewed.

Pair, **\$5.00**







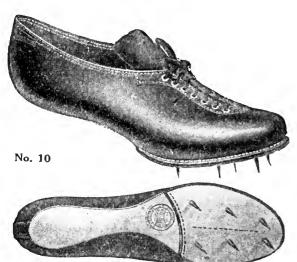


No. **MO.** Low cut. Blucher style. Otherwise same as No.MH. Pair, **\$5.00**

Keep the uppers of all running shoes soft and pliable by using Spalding "Dri-Foot." It will greatly add to the wear of shoes.

Can, 15c.

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Spalding Outdoor Running Shoes

No. 10. Fine quality calfskin; light weight. Bench made. Hand made steel spikes.

Pair, \$5.00

Spalding Outdoor Jumping Shoes

No. 14J. Good quality calfskin; machine made. Satisfactory quality; durable. Steel spikes. Pair, \$4.50



For Indoor Shoes, especially when the feet perspire, the uppers should be kept soft and pliable with Spalding "Dri-Foot." It will extend the life of shoes. Can, 15c.

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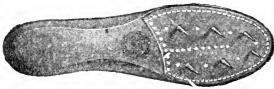
Spalding Outdoor Running Shoes



No. 11T. Calfskin, machine made; solid leather tap sole holds spikes firmly in place.

Pair, **\$4.50**

★ \$48.60 Doz.



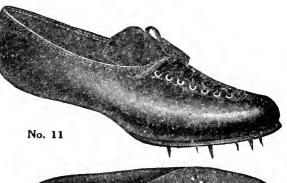
No. 11. Chrome leather, machine made. Pair, \$3.50

Juvenile Outdoor Running Shoes

No. 12. Leather, good quality, complete with spikes. Sizes, 12 to 5 only.

Pair, **\$3.00**

The prices printed in italics opposite items marked with ★ will be quoted only on orders for one-half-dozen or more. Quantity prices NOT allowed on items NOT marked with ★





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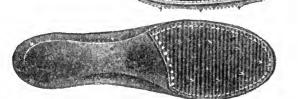


and Jumping Shoes

Spalding Indoor Running Shoes

No. 111. Calfskin, special corrugated rubber soles, with spikes. Pair, \$4.50

DON'T PUT OIL ON RUBBER SOLES



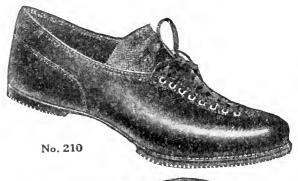
Spalding Indoor Jumping Shoes

No. 111

No. 210. Hand made. Calfskin uppers; rubber tap soles and rubber heels.

Pair. \$5.00

Keep the uppers of all running shoes soft and pliable by using Spalding "Dri-Foot." It will greatly add to the wear of shoes, Can, 15c.





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STORES IN ALL LARGE CITIES

Spalding Indoor Running Shoes



No. 112. Good leather; rubber tap soles. No spikes.

Per pair, \$3.50 ★\$39.00 Doz.

No. 114. Leather uppers; rubber tap soles. No spikes.

Per pair, \$3.00 ★ \$33.00 Doz.

For Indoor Shoes, especially when the feet perspire, the uppers should be kept soft and pliable with Spalding "Dri-Foot." It will extend the life of shoes. . . . Can, 15c,

Juvenile Indocr Running Shoes

No. 115. Leather, good quality, without spikes. Sizes, 12 to 5 only. Per pair, \$2.50

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DON'T PUT OIL ON RUBBER SOLES



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STORES IN ALL LARGE CITIES

SPALDING CHAMPIONSHIP HAMMERS

WITH BALL BEARING SWIVEL-Patented May 15, 1900

Used by the World's Record Holder, Pat Ryan. The Spalding Championship Hammer has been used exclusively by all the leading hammer throwers, including the record holders, for years past. The benefits of the ball bearing construction will be quickly appreciated by all hammer throwers. Special quality steel wire handle, with double triangle handpieces. Guaranteed absolutely correct in weight. Lead ball. No 12F. 12-lb., without sole leather case. Ea., \$4.50 No.16F, 16-lb., without sole leather case. Ea., \$5.00 No. L. Leather case, to hold either 12 or 16 lb. hammer. Each, \$2.00

EXTRA WIRE HANDLES

No. MG. For championship hammers. Single grip style. Each, \$2.0

Spalding Regulation Hammer, with Wire Handle IRON-Guaranteed Correct in Weight No. 121H. 12-lb., iron, practice. Each, \$3.50 No. 161H. 16-lb., iron, regulation. Each, \$3.75

EXTRA WIRE HANDLES—For Regulation Hammers
No. FH. Improved design, large grip, heavy wire. Each, 75c.

Spalding Rubber Covered Indoor Shot Patented December 19, 1995 Made on scientific principles; perfectly round; gives a fine grip, and has the proper resiliency when it comes in contact with floor; will wear longer than the ordinary leather covered; no possibility that the lead dust will sift out; always full weight. No. P. 16-1b. Each, \$12,00 | No. Q. 12-1b Each, \$10.00





Spalding Indoor Shot

With improved leather cover. Our special method of construction prevents loss of weight, even when used constantly.

Regulation 56-lb. Weight

No. 2. Used and endorsed by all weight throwers. Lead. Packed in box, guaranteed correct in weight. Complete, \$12.00

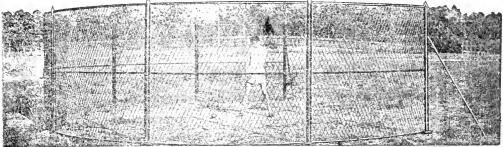
Regulation Shot-Lead and Iron Guaranteed Correct in Weight

No. 16LS, 16-lb., lead. \$3.50 No. 12LS, 12-lb., iron. \$1.50 No. 16LS, 16-lb., iron. 1.75 No. 24LS, 24-lb., iron. 5.00



Tambourine

No. 1. Required when throwing 56-lb. weight for height. Each, \$10.00



Hammer Throw Cage

To protect judges and spectators from any accident that might be liable to occur in the throwing of the hammer. One-third of circumference of cage is left open in direction in which hammer is thrown. Cage is made of 4-inch crimped wire, as sections & feet long by 7 feet high, supported by heavy iron posts set four feet into the ground in concrete bases. Complete (shipping weight 1900 lbs.), packed for shipment f.o.b. Boston.

Spalding Juvenile Athletic Shot and Hammers

Made according to official regulations. Weights guaranteed accurate; records made with these implements will be recognized.

JUVENILE HAMMER-No. 81H. 8-lb., Iron Juvenile Hammer. Each, \$2.50

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS STORES IN ALL LARGE CITIES

SPALDING VAULTING POLES

SPECIAL NOTE-It is our endeavor always to supply Athletic Equipment of the very highest quality, and which is at the same time made of the most satisfactory material and in the best possible manner for the purpose intended.

We have discontinued making Spruce Vaulting Poles because we find ourselves unable to recommend their use, owing to danger of breakage and possibility of serious injury to user. Bamboo poles we do recommend, having proven to our satisfaction that they are superior for vaulting to poles made of any wood we know of, and, furthermore, if they do break while in use, the danger of personal injury is very remote.

Spalding Bamboo Vaulting Poles

INDOOR AND OUTDOOR STYLES

Owing to differences in climatic conditions it is impossible to keep Bamboo Vaulting Poles from cracking. These cracks or season checks do not appreciably detract from the merits of the poles, except where they are continuous. Much of the real strength of the pole is in the joints. All of our tests would seem to prove that poles with season checks may be accepted as safe and durable, except where the season check is wide open and extends through several sections on one side. Very frequently such splits or season checks can be entirely closed by placing the pole in a damp place for a day or so.



INDOOR BAMBOO VAULTING POLES

Tape wound at short intervals. Thoroughly tested before leaving our factory. Fitted with special spike.

No. 10BV. 10 ft. Ea., \$4.00 | No. 14BV. 14 ft. Ea., \$6.00 No. 12BV. 12 ft. " 5.00 | No. 16BV. 16 ft. " 6.00



OUTDOOR BAMBOO VAULTING POLES

Tape wound at short intervals. Thoroughly tested before leaving factory. Rounded end wound with copper wire and soldered.

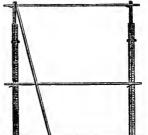
No. 100BV. 10 ft. Ea., \$4.00 | No. 104BV. 14 ft. Ea., \$6.00 No. 102BV. 12 ft. " 5.00 | No. 106BV. 16 ft. " 6.00

Indoor Pole Vaulting Board

No. 117. Made up of sectional blocks of wood placed on end so that the spike of the vaulting pole will not split them. Bound in by heavy wood frame.

Complete, \$16.00





Spalding aulting Standards

Substantially built and measurements are clearly and correctly marked.

No. 109. Graduated in half inches, adjustable to 13 feet. Complete, \$15.00

No. 111. Inch graduations, 7 feet high. Complete, \$9.00 No. 112. Cross Bars.

Hickory. Doz., \$3.00 Cord, with Weight Bags at either end, for use on Vaulting Standard. Each, \$2.00

Spalding Olympic Discus

Since Discus Throwing was revived at the Olympic Games, at Athens, 1896, the Spalding Discus has been recognized as the official Discus, and is used in all competitions because it conforms exactly to official rules. Exactly the same as used at Athens, 1906, London, 1908, Stockholm, 1912. Price, \$5.00

Spalding Youths' Discus

Officially adopted by the Public Schools Athletic League



To satisfy the demand for a Discusthat will be suitable for the use of the more youthful athletes, we have put out a special Discus, smaller in size and lighter in weight than the regular Official size. The Youths' Discus is made in accordance with official specifications. Price, \$4.00

Spalding Official Javelins

To be thrown-not for vaulting. Vaulting Poles listed above.

**

5.00

5.50

No. 53. Swedish model, correct in length, weight, etc., and of proper balance. Steel shod. . . . Each, \$5.00

Competitors' Numbers

Printed on Heavy Manils Paper or Strong Linen Manila, Lipen,

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		Set	Set	
No. 1.	1 to 50.	\$.25	\$2.50	
No. 2.	1 to 75.	.38	3.75	
No. 3.	1 to 100.	.50	5.00	
No. 4.	1 to 150.	.75	7.50	
No. 5.	1 to 200.	1.00	10.00	
No. 6.	1 to 250.	1.25	12.50	

For larger meets we supply Competitors' Numbers, on Manila paper

only, in sets as follows: Set,\$1.50 No. 16. I to 1200. Set,\$6.00 Set, \$1.50 No. 7. 1 to 300. . No. 8. 1 to 400. . 2.00 No. 17. 1 to 1300. . 6.50 2.50 7.00 No. 9. 1 to 500. . No. 18. 1 to 1400. No. 10. 1 to 600. . 3.00 No. 19. I to 1500. . 7.50 No. 11. I to 700. . 3.50 No. 20. 1 to 1600. , 8.00 No.12. I to 800. . 4.00 No. 21. 1 to 1700. 8.50 No.13, I to 900. . No. 22. 1 to 1800. , 9.00 4.50

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ORES IN ALL LARGE

No. 14. 1 to 1000. .

No. 15. 1 to 1100.

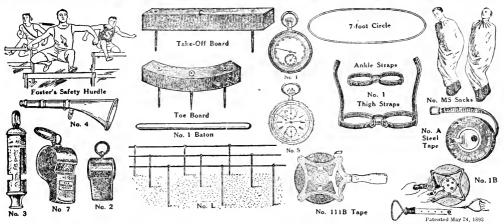
FOR COMPLETE LIST OF STORES SEE INSIDE FRONT COVER OF THIS BOOK

9.50

10.00

No. 23. 1 to 1900. .

No. 24. 1 to 2000.



Foster's Patent Safety Hurdle

The frame is 2 feet 6 inches high, with a swinging wooden hurdle 2 feet high, the swinging joint being 6 inches from one side and 18 inches from the other. With the short side up it measures 2 feet 6 inches from the ground, and with the long side up, 3 feet 6 inches. The hurdle can be changed from one height to the other in a few seconds, and is held firmly in either position by a clamp lever.

Single hurdle, \$3.50

Spalding 7-Foot Circle

The discus, shot and weights are thrown from the 7-foot circle. Made of one-piece band iron, with welded joints. Circle painted white. Each, \$10.00

Spalding Take-off Board

The Take-off Board is used for the running broad jump, and is a necessary adjunct to the athletic field. Regulation size; painted gray. Each, \$3.00

Spalding Toe Board or Stop Board

Spalding Referees' Whistles

No. 7.	Nickel-plated, heavy metal whistle.	The	most
	actory and loudest of any		
No. 4.	Horn Whistle, nickel-plated, heavy meta	l. "	75c.
	Nickel-plated, special deep tone	**	75c.
No. 2.	Very reliable. Popular design	**	25c.

Spalding Lanes for Sprint Races

No. L. We supply in this set sufficient stakes and cord to lay out four 100-yard lanes. Stakes are made with pointed ends and sufficiently strong, so that they can be driven into hard ground.

Set, \$15.00

Official Harness for Three-Legged Racing Made according to official rules. Complete set of straps for

fastening men, and with extra straps for keeping fastenings at required height in long distance races.

No. 1. Official Harness for Three-Legged Racing. Set, \$2.50

We supply everything needed to fit out an athletic field in proper Write us about anything required but which is not listed on this page.

Spalding Official Sacks for Sack Races

Spalding Official Sacks for Sack Races are made in two sizes, for men and boys. Are all strongly reinforced, will wear for a great length of time, and by their construction it is practically impossible for racers to work their feet free. These sacks are made in exact accordance with official regulations. No. Ms. Men's Sack, reinforced, 3 ft. wide. Each, \$1.50 No. Bs. Boys' Sack, reinforced, 2½ ft. wide. "1.00

Spalding Official Batons for Relay Races
No. 1. Correct size, length and weight. . . Each, 15c.

Patent Steel Tape Chain on Patent Electric Reel—For Measuring Distances in Athletic Competitions Superior steel about ¼ inch wide. The reel allows the entire tape open to dry and can be reeled and unreeled as easily as tapes in cases. Especially adapted to lay off courses and long measurements. Last foot only marked in inches. No.1B. 100 ft. long. Ea., \$5.00 | No.11B. 200 ft. long. Ea., \$7.50

Official Athletic Steel Measuring Tape

No. 111B. 300 feet long; has etched markings throughout; feet, inches and eighths. Complete on reel, with convenient wood handle. Each, \$16.50

Patent "Angle" Steel Measuring Tape

Especially adapted for laying off base ball diamonds, tennis courts and all kinds of athletic fields, both outdoors and indoors. Right angles accurately determined; also equally good for straight or any kind of measuring. Enclosed in hard leather case, flush handles. All mountings nickel-plated. No. A. 50 feet long, 3% inch wide. . . . Each, \$4.00 No. B. 100 feet long, 3% inch wide. 6.75

Spalding Stop Watches

No. S. Combined Chronometer and Stop Watch. Keeps good time and in addition to regular hands has split second hand. A very satisfactory time-piece as well as a useful article for athletes. Supplied on special orders only. Each, \$15.00

No. 1. Stem winder, nickel-plated case, porcelain dial, registered to 60 seconds by 1.5 seconds, fly back engaging and disengaging mechanism. . . , Each, \$7.50

shape, in addition to everything needed by officials in charge, We are the "official outfitters" for all organized athletic

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES



STOCK SIZES: 26 to 46 inch chest



All shirts listed on this page we fur-nish in any colors on special order, t no extra charge. No more than two colors in any striped garment.

SPECIAL ORDERS



No. 600D. Each, \$2.00

No. 600. Each, \$1.25 Spalding Sleeveless Shirts

No. 600. Worsted. Carried in stock in Gray, White, Navy Blue, Maroon, and Black. Each, \$1.25 ★ \$23.50 Doz. No. 6E. Sanitary cotton. Bleached White. Navy Blue, Black, Maroon or Gray. . . Each, 50c. ★ \$5 40 Doz. Spalding Quarter Sleeve Shirts Worsted. Carried in stock in Gray, White, Navy Blue, Maroon, Black.

Navy Blue, Black, Maroon or Gray, Each, 50c. ★ \$5.40 Doz.

Each, \$1.50 * \$16.20 Doz

Spalding Rowing Shirt No.YR. Sanitary Cotton. Quarter sleeve. Supplied in White with any color silk binding around neck and sleeves and down front. On special order only.

No. 6F. Sanitary cotton. Bleached White,



Woven Necklace on Shirts Nos. 600, 601 or 600S Shirts, on special orders only, with necklace stitched on of different color to body of shirt, for an extra charge of \$1.00 per garment.

600S. . . Each, 75c. ★ \$8.10 Doz.

Spalding Shirts, with Sash No. 600D. Worsted, sleeveless, with woven sash of any color. Not carried in . Each, \$2.00 * \$21.60 Doz. stock. . No. 6WD. Sanitary cotton, sleeveless, with woven sash. Same combinations of colors as No. 600S. Not carried in stock. . Each, \$1.25 \stack \$13.50 Doz.
No. 6ED. Sanitary cotton, sleeveless. solid color body, with sash stitched on. Same combinations of colors as No. . . Each, 75c. * \$8.10 Doz. 600S. in same combinations of colors as No.

> Spalding Full Sleeve Shirts No. 602. Good quality worsted. Solid colors. Special order only. Not carried in stock. Each, \$2.00 \(\struct \) \$21.60 Doz. No. 3D. Cotton. Flesh, White, Black. Each, \$1.00 ★ \$10.80 Dos.



No. 601NV. Each, \$1.75

No. 601NV. Worsted. Quarter sleeves. V-neck. With stripes around neck and No. 600NV. Same as No. 601N. Same as No. 601NV. Sam



No. 600V. Each, \$1.25

No. 600V. Worsted. Sleeveless. V-neck. Supplied on special orders only, any Each, \$1.25 * \$13.50 Doz color. No. 600NV. Same as No. 600V, but any



No. 12L. Each, \$2.50

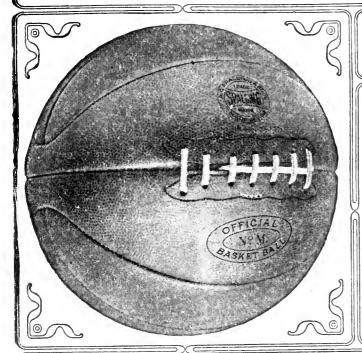
Spalding Leotards

For Gymnasium Use, Wrestling, etc.

on orders for one-half dozen or more at one time. PRICES SUBJECT TO CHANGE WITHOUT NOTICE.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

The Spalding Official Basket Ball



THE ONLY OFFICTAL BASKET BALL

GUARANTEE

this ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and, if returned at once, we will replace same under this guarantce. We do not quarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's 1150.

Owing to the superb quality of our No. M Basket Ball, our customers have grown to expect a season's use of one ball. and at times make unreasonable claims under our quarantee, which we will not allow.

A. G. SPALDING & BROS.

FFICIALLY ADOPTED AND STANDARD. The cover is made in four sections, with capless ends, and of the finest and most carefully selected pebble grain English leather. We take the entire output of this superior grade of leather from the English tanners, and in the Official Basket Ball use the choicest parts of each hide. Extra heavy bladder made especially for this ball of extra quality pure Para rubber (not compounded). Each ball packed complete, in sealed box, with rawhide lace and lacing needle, and guaranteed perfect in every detail. To provide that all official contests may be held under absolutely fair and uniform conditions, it is stipulated that this ball must be used in all match games of either men's or women's teams.

Each, \$6.00 Spalding "Official" Basket Ball. No. M.

Extract from Men's Official Rule Book

RULE II-BALL. SEC. 3. The ball made by A.G. Spalding & Bros. shall be the official ball. Official balls will be FFICIA stamped as herewith, NºM and will be in sealed

boxes. The official ball must be BEC 4 mercal from all mountain granmans

Extract from Official Collegiate Rule Book

The Spalding Official Basket Ball No. M is the official ball of the Intercollegi-Basket ate Bail Associa-

OFFICIA NºM

tion, and must be used in all meach grumes

Extract from Women's Official Rule Book

RULE II-BALL SEC. 3. The ball made by A. G. Spalding & Bros shall be the official ball.

Official balls will be stamped as herewith. and will be in sealed boxes.

The official ball must be SEC. 4 used in all match games.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

ACCEPT NO THE SPALDING TRADE-MARK GUARANTEES QUALITY

SPALDING BASKET BALL SHOES









Spalding "Sprinting" Basket Ball Shoes

No. BBS. Made with flexible shank, on same principle as on "sprinting" base ball and foot ball shoes. Extremely light in weight, well finished inside. Improved patented pure gum thick rubber suction soles, with reinforced edges, absolutely guaranteed to give satisfaction with reasonable use. Lace extremely far down. Uppers of best quality black genuine kangaroo leather. Light, flexible and durable. Strictly bench made. Supplied on special order only, not carried in stock. Pair, \$8.00 \(\preceq \frac{\$57.50 \text{ Pair}}{57.50 \text{ Pair}}.

On orders for five pairs or more, price in italics, preceded by &, will apply.

SPECIAL NOTICE—In a game like basket ball, which is played generally on board floors, there is a strain on the feet altogether different from that in almost any other athletic game, and to support this strain, properly made shoes with leather uppers and correctly shaped soles are absolutely necessary. It is a fact that players on many teams were canvas top shoes and we supply in our No. P shoes, listed below, absolutely the best canvas top basket ball shoes ever made, and the same style as worn by some very successful teams, but from our long experience in catering to athletes and watching closely, as we have done, the development of basket ball and its effects on the physical condition of players, we cannot consistently recommend canvas top shoes for any athletic use and especially not for basket ball.

No. AB. High cut, drab calf, Blucher cut: heavy red rubber suction soles, superior quality. Pair, \$5.00

No.BBL.Women's. High cut, black chrome leather, good quality red rubber suction soles. Pair, \$4.50





Spalding Special Canvas Top Basket Ball Shoes

Special quality soft rubber soles. These soles absolutely hold on the most slippery floor. Light weight, durable, correct in design. Sizes 5 to 11 only. No other sizes. No. P. Pair, \$4.00 \[\pm \] \$39.00 Dozen pairs.

On orders for five pairs or more, price in italics, preceded by *, will apply.





A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES

HE SPALDING RADE-MARK

SPALDING CANVAS TOP GYMNASIUM AND BASKET BALL SHOES



Pair, \$2.25 * \$24.30 Doz. No. HHB. Boys', 21/2 to 51/2. Otherwise same as No. HH. Pair, \$2.00

* \$21.60 Doz. No. HHX. Youths', 11 to 2, inclusive. Otherwise same as No. HH. Pair, \$1.80

No. H. Men's, same as No. HH, but low cut. Sizes, 6 to 12, inclusive. Pair, \$2.00 * \$21.60 Doz.

* \$19.44 Doz.

No. HX, Youths', 11 to 2, inclusive. Otherwise as No. H. No. HB. Boys', 21/2 to 51/2, inclusive. Otherwise as No. H. Pair, \$1.60 * \$17.28 Dez. Pair, \$1.7,5 * \$18.90 Doz.

Spalding Canvas Shoes, with Rubber Soles

MEN'S—Sizes, 6 to 12, inclusive. | YOUTHS'—Sizes, 11 to 2, inclusive. | BOYS'—Sizes, 2½ to 5½, inclusive. No. IH. High cut, best quality white | No. IHX. High cut, best quality white rubber soles. Men's, white canvas; wom- rubber soles. en's, black. Pair, \$1.75 ★ \$18.90 Doz. No. I. Low cut. Otherwise as No. IH. Pair, \$1.50 \(\struct \) \$16.20 Doz. No.M. High cat. Pr., .90 🖈 9.72 8.64 No. K. Low cut. " .80 *

No. HH

misses', black. Pr., \$1.40 * \$14.12 Doz. black. . No. IX. Low cut. Otherwise same No. IB. Low cut. 8.64 No. MX. High cut. .80 ★ No. KX. Low cut. .70 ★ 7.56

Youths', white canvas; rubber soles. Boys', white canvas; girls', Pair, \$1.60 * \$17.28 Doz Otherwise same as No. IHX. Pair, \$1.25 \ \$13.50 Doz. as No. IHB. Pair, \$1.50 \ \$16.20 Doz. No.MS. High cut. Pr., .85 🖈 9.18 8.10 " No.KB. Low cut. .75 🖈

Spalding Clog Shoes No. 1-0. Goatskin uppers. encing Shoe Specially seasoned wood soles. . . Pair, \$4.00 Spalding

Fencing Shoes No. L. Drab Glove Leather, red trimmings. Not carried in stock. Specify

on order if to be made with or without toe extension sole, and on which shoe. Pair, \$5.00 No. LW. Women's. Otherwise same as No. L.

No. 1-0 Clog Shoe Pair, \$5.00

Gymnasium and Acrobatic Shoes No. FS. Flexible Soles. Special acrobatic shoes. Leather uppers, very high cut, and soft leather soles. . . . Pair, \$3.00 No. FL. Extra high cut acrobatic shoes. (Patent applied for.) Special leather soles, will not harden. Shoes are reinforced where upper and sole are attached. . Pair, \$1.50 No. FE. Extra high cut, best quality canvas shoes with leather soles. Especially for acrobatic work. Pair. \$1.25 ★ \$13.50 Doz. No. E. Low cut canvas. canvas No. FS

No L



No. GWH. High cut. Special pearl colored leather Flexible soles. Well made. Pair, \$1.50 No. GW. Low cut, otherwise as No. GWH." 1.25

to prices printed in italics opposite items marked with \star will be quoted only on orders for one-half dozen pairs or more. Quantity prices NOT allowed on items NOT marked with \star /

soles. Pair. 35c.

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LARGE

SPALDING GYMNASIUM SHOES

Gymnasium Shoes must be comfortable and easy, yet fit snugly and give the wearer a sure footing—they must also be durable.

Spalding Gymnasium Shoes possess all of these good qualities and, in addition, are reasonable in price.



No. 15. High cut, kangaroo uppers, genuine elkskin soles. Will not slip on floor, extra light. The correct shoes to wear for Pair, \$5.00 boxing.

No 155. High cut, elkskin soles, and will not slip on floor; soft and flex. ible, women's and men's sizes. . . Pair, \$4.50

No. 166. Low cut, selected leather, extra light and electric soles; men's sizes only.

Pair, \$3.00 No. 66L. Women's. Low cut, extra light, selected leather uppers. Electric soles. . . Pair, \$3.00

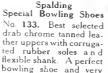
No. 90L. Women's. Low cut, black leather, electric soles and corrugated rubber heels. Pair. \$2.50

No. 21. High cut, black leather, electric soles. Sewed and turned which makes shoes ex. tremely light and flexible. Pair, \$2.50

No. 20. Low cut. Otherwise as No. 21 Sewed and turned shoes.

Pair, \$2.00 No. 20L. Women's. Otherwise as No. 20. Sewed and turned shoes.

Pair, \$2.00



Pair, \$4.50 No. 148. For bowling and general gymnasium use Light drab chrome tanned leather uppers with electric soles. Laces extremely low down

Pair. \$3.50









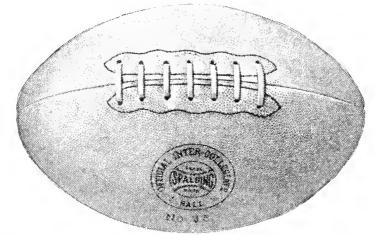


PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

TORES IN ALL LARGE CITIES

The Official Intercollegiate Foot Ball

Patented September 12, 1911



THIS is the Only Official College Foot Ball, and is used in every important match played in this country. Guaranteed absolutely if seal of box is unbroken. Each ball complete in sealed box, including leather case, guaranteed pure Para rubber bladder (not compounded), lacing needle and rawhide lace.

No. **J5.** Each, \$5.00

WE GUARANTEE every No. J5 Spalding Foot Ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use. Owing to the superb quality of every Spalding Foot Ball, our

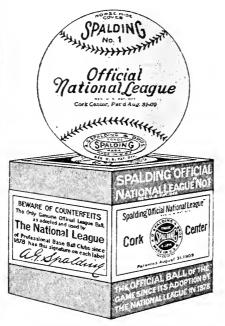
customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee which we will not allow.

A.G. Shalding + Bros

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A.G. SPALDING & BROS.

The Spalding "Official National League" Ball

PATENT CORK CENTER



Adopted by The National League in 1878 and is the only ball used in Championship games since that time and, as made now with Patent Cork Center, has been adopted for twenty years more, making a total adoption of fifty-four years.



This ball has the SPALDING "PATENT" CORK CENTER, the same as used since August 1,1910, without change in size of cork or construction. Same ball exactly as used in World Series Games of 1910, 1911, 1912 1913 and 1914.

No. 1 $\{$ Each, \cdot \$1.25 Per Dozen, \$15.00

Each ball wrapped in tinfoil, packed in a separate box, and sealed in accordance with the latest League regulations. Warranted to last a full game when used under ordinary conditions.

THE SPALDING "OFFICIAL NATIONAL LEAGUE" BALL
HAS BEEN THE OFFICIAL BALL OF THE
GAME SINCE 1878

Spalding Complete Catalogue of Athletic Goods Mailed Free.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A.G.SPALDING & BROS.
STORES IN ALL LARGE CITIES

SPALDING

NEW ATHLETIC GOODS CATALOGUE

The following selection of items from Spalding's latest Catalogue will give an idea of the great variety of ATHLETIC GOODS manufactured by A. G. SPALDING & BROS. SEND FOR A FREE COPY.

SEE COMPLETE LIST OF SPALDING STORE ADDRESSES ON INSIDE FRONT COVER OF THIS BOOK

Archery Ash Bars Athletic Library Attachm'ts, Chest Weight

Backstops, Tennis Bags — Bat Bathing Suit Caddy Cricket Striking Tennis Uniform Balls-

Base Basket Cricket Field Hockey Hand Indoor Medicine Playground Squash Tennis Volley

Water Polo Ball Cleaner, Goit Bandages, Elastic Bar Bells Bars, Horizontal Bases— Base Ball

Bathing Suits Batons Rats-Base Ball Cricket Indoor

Satting Cage, Base Ball Belts— Leather and Worsted Bladders Basket Ball Striking Bag Blades, Fencing

Blankets Caddy Badges

Caddy Badges
Caps—
Base Ball
Knitted
University
Water Polo
Center Forks, Ican
Center Straps, Canvas
Chest Weight
Circle, Seven-Foot
Clock Goll
Corks, Rusning
Covers, Racket
Cncket Goods
Cross Bars

Discs Marking, Golf Discus, Olympic Disks, Striking Bag Dumb Bells Emblem: Embroidery Equestrian Polo xercisers, Elastic

Felt Letters Fencing Sticks Field Hockey Einger Protect inger Protection Flags— Colleg Marking Golf Foils, Fencing

Glasses, Base Ball Sun loves – Base Ball Boxing Cricket encing Golí Hand Ball Glove Soltener - Basket Ball Golf Ball Washer Golf Clubs Golf Counters Golfette

Athletic Golf Gut Preservative, Tennis Guy Ropes and Pegs Gym'm Suits, Women's

Gribs

Hammers, Athletic. Handle Cover, Rubber Hangers for Indian Clubs Hats, University Health Pull Hob Nails Hole Cutter, Golf Hole Rim, Golf lome Cymnasium Hurdles, Safety Hurley Goods

Indian Clubs Inflaters-Striking Bag

Jackets, Fencing lavelins erseva

Knee Protectors

Lacrosse Lanes for Sprints Lawn Bowle

Leg Guards Base Ball Cricket Field Hockey Leotards Letters

Embroidered Felt Laniment

Mallets-Cricket Croquet Equestrian Polo Roque Markers-Tennis Colf Masks-Base Ball Fencing

Megaphones Mitts— Base Ball Striking Bag Monograms Mufflers, Knitted

Mattresses

Nets— Cricket Golf Driving Tennis Volley Ball Newcomb Numbers, Competitors

Pads—
Chamois, Fencing
Sliding, Base Ball
Wrestling
Paint, Golf
Pants—
Rece Ball ants— Base Ball Bathing, Knee Boye' Knee Running Pennants, College Plastrons, Fencing Plates -Base Ball Shoe Base Ball Shoc Home Marking, Tennis Pitchers' Box Pitchers' Toe Teeing, Golf Patforms, Striking Bag Poles, Vaulting Polo, Equestran Polo, Roller, Goode

Posts — Backstop, Tennis Lawn Tennis

Protectors-Abdomen Jane Ball Body Base Ball Bruise Indoor Base Ball Thumb

Pulleys and Axle Teams Push Ball Pushers-Chamous Leather Puttees, Golf

Racket Covers Racket Presses Rackets, Lawn Tannia Rackets Restrung Racks, Golf Ball Rapiers Reels for Tennis Posis Referees Whistle Rings-Exercising Swinging Roque Rowing Machines

QLairy

Sacks, for Sack Racing Sandow Dumb Bells Score Books— Base Ball Basket Ball Cricket
Golf
Tennis
Score Tablets, Base Balf
Scoring Tree, Tennis Shurte Athletic Base Ball

Traimng Shoes-Acrobatic Base Ball Basket Ball Bowling Clog Cricket Cross Country Field Hockey Fencing Golf Ğymn asıum lumping

Outing Running

Squash

ennia Walking

Street

Athletic Indoor Skate Rollera Skates, Roller Skates, Roller Slippers, Bathing Squash Goods Standards – Vaulting Volley Ball

Straps— Base Ball For Three-Legged Race Spikes, Cricket Steel Cable, Tennis Net Sticks, Polo Stockings Stop Boards Striking Bags Stumps and Bails Sunts Cymna'm, Women's Swimming

Supporters— Ankle Wrist Suspensories Sweat Band Sweaters Swivels, Striking Bag Swords Duelling Fencing

Take-Off Board Tape-Adhesive Cricket, Measuring Marking, Tennis Measuring Steel Tees, Colf ether Tennis Tights—
Athletic
Full
Full, Wrestling Knee Toe Boards Trapeze rousers, Y.M.C.A. runks-Bathing Velvet

Umbrella, Golf Umpire's Chair, Tennis Umpire Indicator Uniforms, Base Ball

Worsted Tug-of-War Belt

Wands, Calisthenic Wands, Calisthenic Watches, Stop Water Wings Weights, 56-lb. Whistles, Referees Wrestling Equipment Wrist Machines

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SPALDIN IN ALL LARGE

Standard

LIBRARY OF CONGRESS



A Standard Quality must be inseparably ! Without a definite and Standard Merca Manufacturer to long maintain a Standard Quality.

To market his goods through the jobber, a manufacturer must provide a profit for the jobber as well as for the retail dealer. To meet these conditions of Dual Profits, the manufacturer is obliged to set a proportionately high list price on his goods to the consumer.

To enable the glib salesman, when booking his orders, to figure out attractive, profits to both the jobber and retailer, these high list prices are absolutely essential; but their real purpose will have been served when the manufacturer has secured his order from the jobber, and the jobber has secured

his order from the retailer.

However, these deceptive high list prices are not fair to the consumer, who does not, and, in reality, is not ever expected to pay these fancy list prices.

When the season opens for the sale of such goods, with their misleading but alluring high list prices, the retailer begins to realize his responsibilities, and grapples with the situation as best he can, by offering "special discounts,"

which vary with local trade conditions.

Under this system of merchandising, the profits to both the manufacturer and the jobber are assured; but as there is no stability maintained in the prices to the consumer, the keen competition amongst the local dealers invariably leads to a demoralized cutting of prices by which the profits of the retailer are practically eliminated.

This demoralization always reacts on the manufacturer. The jobber insists on lower, and still lower, prices. The manufacturer, in his turn, meets this demand for the lowering of prices by the only way open to him, viz.: the cheap-

ening and degrading of the quality of his product.

The foregoing conditions became so intolerable that 16 years ago, in 1899, A. G. Spalding & Bros. determined to rectify this demoralization in the Athletic Goods Trade, and inaugurated what has since become known as "The Spalding

Policy."
"The Spalding Policy" eliminates the jobber entirely, so far as Spalding dealer secures the supply of Spalding Athletic Goods direct from the manufacturer by which the retail dealer is assured a fair and legitimate profit on all Spalding Athletic Goods, and the

consumer is assured a Standard Quality and is protected from imposition. "The Spalding Policy" is decidedly for the interest and protection of the users of Athletic Goods, and acts in two ways:

First.—The user is assured of genuine Official Standard Athletic Goods.

Second.—As manufacturers, we can proceed with confidence in purchasing at the proper time, the very best raw materials required in the manufacture of our various goods, well ahead of their respective seasons, and this enables us to provide the necessary quantity and absolutely maintain the Spalding Standard of Quality.

All retail dealers handling Spalding Athletic Goods are requested to supply consumers at our regular printed catalogue prices—neither more nor less—the same prices that similar goods are sold for in our New York, Chicago and other stores,

All Spalding dealers, as well as users of Spalding Athletic Goods, are treated exactly alike, and no special rebates or discriminations are allowed to anyone.

This briefly, is "The Spalding Policy," which has already been in successful operation for the past 16 years, and will be indefinitely continued.

In other words, "The Spalding Policy" is a "square deal" for everybody.

A. G. SPALDING & BROS.

B, a.f. Spalding.

